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BMJ Open Safety of topical corticosteroids in atopic eczema: an umbrella review

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ABSTRACT

Objective An umbrella review summarising all safety data from systematic reviews of topical corticosteroids (TCS) in adults and children with atopic eczema.

Methods Embase, MEDLINE, PubMed, Cochrane Database of Systematic Reviews and the Centre of Evidence Based Dermatology map of eczema systematic reviews were searched until 7 November 2018 and Epistemonikos until 2 March 2021. Reviews were included if they assessed the safety of TCS in atopic eczema and searched ≥1 database using a reproducible search strategy. Review quality was assessed using version 2 of 'A MeaSurement Tool to Assess systematic Reviews' (AMSTAR 2 tool).

Results 38 systematic reviews included, 34 low/critically low quality. Treatment and follow-up were usually short (2–4 weeks).

Key findings TCS versus emollient/vehicle: No meta-analyses identified for skin-thinning. Two 2-week randomised controlled trials (RCTs) found no significant increased risk with very potent TCS (0/196 TCS vs 0/33 vehicle in children and 6/109 TCS vs 2/50 vehicle, age unknown). Biochemical adrenal suppression (cortisol) was 3.8% (95% CI 2.4% to 5.8%) in a meta-analysis of 11 uncontrolled observational studies (any potency TCS, 522 children). Effects reversed when treatment ceased.

TCS versus topical calcineurin inhibitors: Meta-analysis showed higher relative risk of skin thinning with TCS (4.86, 95% CI 1.06 to 22.28, n=4128, four RCTs, including one 5-year RCT). Eight cases in 2068 participants, 7 using potent TCS. No evidence of growth suppression.

Once daily versus more frequent TCS: No meta-analyses identified. No skin-thinning in one RCT (3 weeks potent TCS, n=94) or biochemical adrenal suppression in two RCTs (up to 2 weeks very potent/moderate TCS, n=129). TCS twice/week to prevent flares ('weekend therapy') versus vehicle: No meta-analyses identified. No evidence of skin thinning in five RCTs. One RCT found biochemical adrenal suppression (2/44 children, potent TCS).

Conclusions We found no evidence of harm when TCS were used intermittently 'as required' to treat flares or 'weekend therapy' to prevent flares. However, long-term safety data were limited.

PROSPERO registration number CRD42018079409.

INTRODUCTION

Atopic eczema (also known as atopic dermatitis or eczema) is an itchy inflammatory skin condition. It is most common in children

Strengths and limitations of this study

- Robust Cochrane methodology was followed and a thorough and inclusive literature search was performed to ensure this was a comprehensive overview.
- By extracting data from existing reviews, results are limited to topics for which there is an eligible systematic review.
- Safety was usually reported in less detail than effectiveness in systematic reviews limiting the available data for extraction, therefore potentially missing data included in the original papers.
- Most included reviews were rated low or critically low-quality using AMSTAR 2, and where quality of evidence assessments were reported for individual studies most indicated a high or unclear risk in at least one domain.
- Many randomised controlled trials were only short in duration (2–4 weeks) limiting our ability to assess side effects that take longer to develop such as skin thinning.

with one in five affected worldwide,^{1 2} but often persists into adulthood.³

Topical corticosteroids (TCSs) are first-line therapy for treating inflammatory eczema flares but widespread concerns regarding their safety among patients and healthcare professionals contribute to poor adherence, and subsequent worsening of disease control and quality of life.^{4 5} Safety concerns include skin thinning and retardation of growth and development. These concerns are thought to mainly originate from what is now considered to be inappropriate use, such as using potent TCS on the face or continual long-term use.⁶ Strategies recommended to minimise exposure to TCS, and hence the risk of adverse events, include reducing frequency of application to once daily during treatment of an inflammatory episode, or TCS used for two consecutive days a week (sometimes referred to as 'weekend therapy') as a strategy to prevent flares.^{7–9} This umbrella review aims

to assess safety (local and systemic adverse events) of TCS compared with other topical treatments, placebo or no comparator in people of any age and gender with atopic eczema, and addressed two areas of research prioritised in the James Lind Alliance priority setting partnership for atopic eczema.¹⁰

METHODS

Protocol, registration and study design

This umbrella review includes published systematic reviews of randomised controlled trials (RCTs) and/or observational studies reporting adverse event data in people with eczema using TCS. The aim of this overview was to summarise data from existing reviews, therefore, meta-analyses and data from individual studies were extracted and presented in this overview in the format and completeness that they were presented in the original systematic reviews. The only exception was for missing *p* values which were calculated where appropriate. The checklist 'Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA)' was followed.^{11 12}

Search strategy

Embase, MEDLINE, PubMed, Cochrane Database of Systematic Reviews and Epistemonikos were searched from inception to 7 November 2018 by DJCG (information specialist), with no restrictions on language or publication date. The search strategy is in online supplemental appendix 1. The Epistemonikos search was updated on 2 March 2021, with a publication date restricted to 2018–2021. Epistemonikos is now well established as a comprehensive database of reviews that regularly searches ten major databases including the Cochrane Library, PubMed and Embase¹³ thus making the need to search these individual databases redundant. We also checked the Centre of Evidence Based Dermatology eczema map of systematic reviews,¹⁴ and searched PROSPERO up to 23 March 2021 for any relevant ongoing systematic reviews using the terms 'eczema' and 'dermatitis'.

Eligibility criteria

We included systematic reviews that presented data on the safety of TCS used to treat people of any age and gender with atopic eczema, had clinical outcomes, searched at least one database and provided a reproducible search strategy. Systematic reviews of any types of clinical study design were included. Multiple reviews on the same topic were included, except for 'abridged' versions of the same review where no additional data were reported. To avoid duplication of data, for each comparison, the review that included the highest number of studies on that comparison and therefore appeared the most comprehensive was taken as the primary review and other included reviews were checked for additional studies and data. Conference abstracts were excluded. Reviews that covered multiple skin conditions were only included if they reported data on atopic eczema patients separately.

Interventions and control

Our intervention of interest was any TCS of any preparation and potency used to treat atopic eczema. For RCTs, the comparisons of interest were any other TCS, the same TCS used in a different way, another topical anti-inflammatory treatment, vehicle, no treatment or a combination of any of these. Comparisons with non-topical treatments were excluded as we were interested in clinical practice decisions regarding alternatives to TCS.

Outcomes

Safety outcomes reported during the treatment and follow-up were extracted where reported in the reviews on immediate cutaneous adverse events (eg, burning sensation/stinging), other cutaneous adverse events (eg, skin thinning, telangiectasia, skin infections, folliculitis), systemic adverse events (eg, effects on endocrine system, impact on growth) and rebound symptoms/steroid withdrawal.

Selection of studies and data extraction

Records identified from the database searches were uploaded into Covidence (Veritas Health Innovation, Australia).¹⁵ Two authors (EA and JRC) independently assessed the eligibility of each record, and where unclear the full text was obtained. The number of included and excluded records along with reasons for exclusion were reported in a PRISMA flow diagram.

Two authors (EA and JRC) independently extracted all safety data presented in the included reviews along with other information such as review/participant characteristics, and funding sources. Any disagreements regarding eligibility or data extraction were resolved via discussion or input from a third reviewer (HCW or KST). Where available, we reported results separately for age, filaggrin mutation status, TCS potency, site of application of the TCS, and duration of continuous treatment.

Assessment of quality of included systematic reviews

As this was an overview of reviews, the methodological quality of the evidence was assessed at the systematic review level using version 2 of 'A MeaSurement Tool to Assess systematic Reviews' (AMSTAR 2 tool) and this was conducted in duplicate by EA and JRC.¹⁶ Reviews were considered critically low quality if there was more than one critical flaw. Data on the quality of individual studies (eg, risk of bias) and the quality of evidence (eg, Grading of Recommendations Assessment, Development and Evaluation, GRADE¹⁷) were also extracted where presented in the review, but undertaking these quality assessments for individual studies was not within the remit of this overview.

Measures of treatment effect and data synthesis

Where relevant meta-analyses were presented in the systematic review, the forest plots, relative risk (RR) and 95% CI were extracted. In the absence of any meta-analysis, adverse event data from individual studies were included in this overview based on the data presented in

the published systematic review. P values were calculated using Review Manager software,¹⁸ with <0.05 indicating statistically significant results. Where meta-analyses were presented, we assessed the following subgroups where possible: age, TCS potency, anatomical site, treatment duration and genetic predisposition to a disrupted skin barrier (filaggrin status). TCS potency was determined using a hierarchy of sources: UK 'British National Formulary', WHO and USA classifications.^{19–21} A National Health Service classification ranging from very common (>1 in 10 people affected) to very rare (<1 in 10 000) was used to narratively describe the absolute risk of each adverse event.²²

Patient and public involvement

People with eczema and parents of children with eczema were involved in the decision to conduct this overview and in the design. The James Lind Alliance priority setting partnership for atopic eczema involved people with eczema and parents of children with eczema in which two of the identified priority areas were around research into the safety of TCS.¹⁰ Two of the overview authors are patient representatives (AR and AA) and both have been involved in the design of this overview and interpretation of the findings.

Wider patient and parent involvement has been particularly important in identifying important safety outcomes for this overview. We held a workshop involving five patient representatives in which the proposed overview was discussed which highlighted the need to seek out data on long-term TCS use, reversibility of any side effects and TCS withdrawal symptoms. We supplemented this with a survey about safety concerns with TCS at a National Eczema Society meeting of 31 people with eczema or parents of children with eczema and a published qualitative study of patient concerns relating to TCS safety.⁶

Dissemination of the results is underway as part of the wider programme of research of which this overview is a part and our patient representatives are a key stakeholder in this activity.

RESULTS

Search results

After deduplication, 635 records were screened; 127 records underwent full-text screening and 38 systematic reviews met the inclusion criteria (figure 1).^{78 23–56} The list of excluded reviews is in online supplemental appendix 2. The search of PROSPERO identified five ongoing systematic reviews (online supplemental appendix 3).^{57–61}

Characteristics and quality of the included systematic reviews

All but three reviews were published in English. Two Chinese reviews and one German review were translated into English.^{32 36 45} Thirty of the included reviews were rated critically low quality according to AMSTAR 2; with four low, two moderate and two high quality (table 1). The most common reasons for downgrading were no

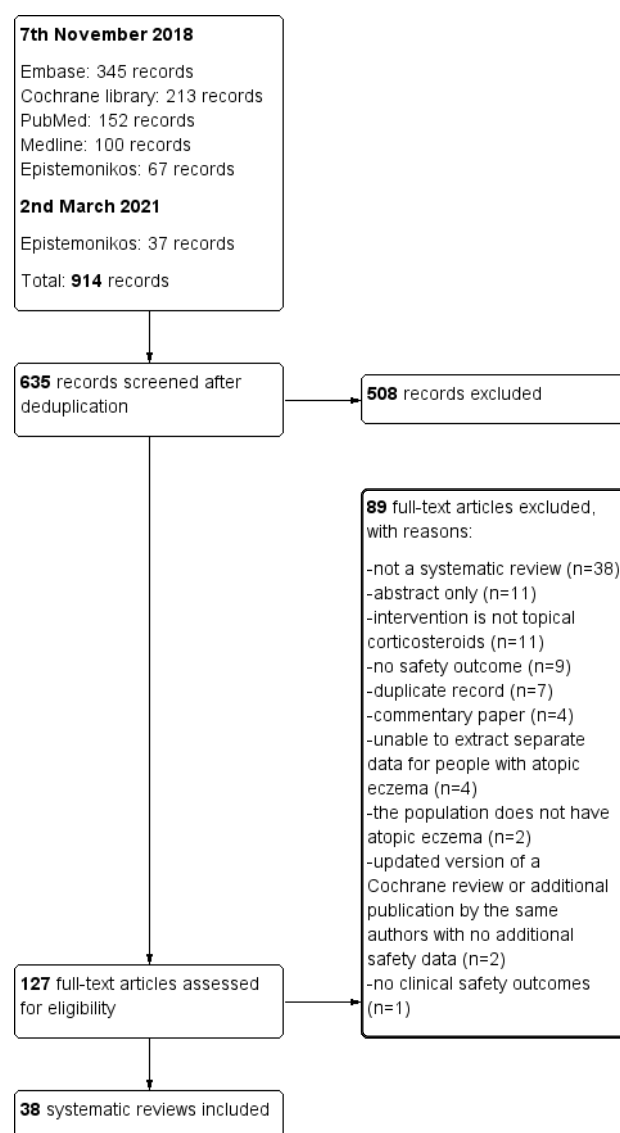


Figure 1 PRISMA flow diagram. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses.

protocol, no list of full-text exclusions or a literature search restricted to the English language.

The included reviews identified 106 studies (77 RCTs and 29 observational studies) that included relevant safety data. Risk of bias assessments were available from the reviews for 63 RCTs, of which 42 used the Cochrane risk of bias tool. Most of these assessments rated at least one domain as high or unclear risk, most noticeably selection bias from lack of allocation concealment, performance bias due to lack of blinding of participants and detection bias due to lack of blinding of outcome assessors. The trials included in the reviews usually evaluated use of short bursts of TCS (2–4 weeks) to treat the flare but varied greatly in length of follow-up. Around two-thirds of trials included no post-treatment follow-up, while the remainder included several weeks/months of follow-up generally using TCS intermittently 'as required'. A total of 14 RCTs (5874 participants) and 5 cohort/observational

Table 1 Characteristics of included systematic reviews

| First author, publication year | Type of review | Review contained safety data from RCTs for comparisons of interest? | Review contained safety data from observational studies? | AMSTAR 2 rating |
|-----------------------------------|-----------------|--|--|-------------------------------------|
| Ashcroft 2005 ²⁴ | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 6 7} |
| Ashcroft 2007 ²³ | Cochrane | Yes (TCS vs TCI) | Yes (TCS vs TCI) | Moderate ⁸ |
| Barnes 2015 ²⁵ | Non-Cochrane | Yes (TCS vs vehicle, TCS vs TCI, TCS vs another TCS) | Yes (single arm TCS studies) | Critically low ^{1 2 3 4 6} |
| Braham 2010 ²⁶ | Non-Cochrane | Yes (occluded TCS vs non-occluded TCS) | Yes (occluded TCS) | Critically low ^{1 2 3 4 6} |
| Broeders 2016 ²⁷ | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 5 6} |
| Callen 2007 ²⁸ | Non-Cochrane | Yes (TCS vs vehicle, TCS vs another TCS) | Yes (single arm studies or comparing TCS potencies) | Critically low ^{1 2 3 4 6} |
| Chen 2010 ²⁹ | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 6} |
| Cury Martins 2015 ³⁰ | Cochrane | Yes (TCS vs TCI) | Yes (TCS vs TCI) | Moderate ⁸ |
| De Tiedra 1997 ³¹ | Non-Cochrane | Yes (TCS vs another TCS) | Yes (usually only reported data from one arm of RCTs) | Critically low ^{1 2 3 4 6} |
| Devillers 2006 ³² | Non-Cochrane | Yes (occluded TCS vs non-occluded TCS) | Yes (occluded TCS) | Critically low ^{1 2 3 4 6} |
| Dong 2017 ³³ | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 2 3 4 6} |
| Eichenfield 2014 ³⁴ | Non-Cochrane | No | Yes (different TCS potencies) | Critically low ^{1 2 3 4 6} |
| Feldman 2005 ³⁵ | Non-Cochrane | Yes (TCS vs vehicle) | No | Critically low ^{1 2 3 4 6} |
| Fishbein 2019 ⁶³ | Non-Cochrane | Yes (TCS vs vehicle/moisturiser) | No | Critically low ^{3 4 5 6 7} |
| Frangos 2008 ³⁶ | Non-Cochrane | Yes (TCS vs vehicle) | Yes (single arm studies) | Critically low ^{1 2 3 4 6} |
| Froeschl 2007 ³⁷ | GMS HTA report | Yes (TCS vs vehicle, TCS vs TCI, TCS vs another TCS) | No | Critically low ^{1 2 4 6} |
| Gonzalez-Lopez 2017 ³⁸ | Non-Cochrane | Yes (occluded TCS vs non-occluded TCS) | No | Critically low ^{1 3} |
| Green 2004 ⁷ | HTA report | Yes (once daily vs twice daily TCS use) | No | Low |
| Gu 2013 ⁴⁰ | Cochrane | Yes (TCS vs topical CHM) | No | High |
| Gu 2014 ³⁹ | Non-Cochrane | Yes (TCS vs topical CHM) | No | Critically low ^{1 2 3 7} |
| Hajar 2015 ⁴¹ | Non-Cochrane | No | Yes (case series or case reports) | Critically low ^{2 3 6} |
| Hoare 2000 ⁴² | NIHR HTA report | Yes (TCS vs vehicle, TCS vs another TCS) | No | Low |
| Iskedjian 2004 ⁴³ | Non-Cochrane | Yes (TCS vs vehicle, TCS vs TCI) | No | Critically low ^{1 3 6} |
| Juhász 2017 ⁴⁴ | Non-Cochrane | No | Yes (social media analysis) | Critically low ^{1 2 3 4 6} |
| Abędź 2019 ⁸² | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 6 7} |
| Legendre 2015 ⁴⁵ | Non-Cochrane | No | Yes (TCS vs TCI) | Critically low ^{1 2 3 6} |
| Li 2007 ⁴⁶ | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 6} |
| Nankervis 2016 ⁴⁷ | NIHR HTA report | Yes (TCS vs vehicle, TCS vs emollients, TCS vs TCI, TCS vs another TCS, once a day vs twice a day use, proactive TCS to prevent flares ('weekend therapy') vs vehicle, occluded TCS vs non-occluded TCS) | No | Low |

Continued

Table 1 Continued

| First author, publication year | Type of review | Review contained safety data from RCTs for comparisons of interest? | Review contained safety data from observational studies? | AMSTAR 2 rating |
|----------------------------------|--------------------------|--|--|---------------------------------------|
| Burls 2004 ⁴⁸ | West Midlands HTA report | Yes (TCS vs TCI) | No | Low |
| Schmitt 2011 ⁸ | Non-Cochrane | Yes (proactive TCS to prevent flares ('weekend therapy') vs vehicle) | No | Critically low ^{3 6} |
| Sidbury 2014 ⁴⁹ | Non-Cochrane | Yes (proactive TCS to prevent flares ('weekend therapy') vs vehicle) | No | Critically low ^{1 2 3 4 6} |
| Siegfried 2016 ⁵⁰ | Non-Cochrane | Yes (TCS vs vehicle, TCS vs TCI, TCS vs another TCS) | No | Critically low ^{1 2 3 4 6} |
| Singh 2012 ⁵¹ | Non-Cochrane | Yes (TCS vs vehicle, TCS vs TCI, TCS vs another TCS) | Yes (single arm study) | Critically low ^{1 2 6} |
| Svensson 2011 ⁵² | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 6 7} |
| Tang 2014 ⁵³ | Non-Cochrane | Yes (proactive TCS to prevent flares ('weekend therapy') vs vehicle) | No | Critically low ^{1 3 4 6} |
| van Zuuren 2017 ⁵⁴ | Cochrane | Yes (TCS vs emollient) | No | High |
| Wood Heickman 2018 ⁵⁵ | Non-Cochrane | No | Yes (single arm cohort studies) | Critically low ^{1 2 3 4 6 7} |
| Yan 2008 ⁵⁶ | Non-Cochrane | Yes (TCS vs TCI) | No | Critically low ^{1 3 6 7} |

AMSTAR 2 ratings—reasons for downgrading the quality of the review: ¹No protocol; ²Search strategy not comprehensive; ³No list of excluded studies with reasons; ⁴Risk of bias not assessed; ⁵Inappropriate meta-analysis methods; ⁶Risk of bias assessments not included in the interpretation of the results; ⁷Publication bias not explored in the meta-analysis.

Additional data on TCS including potency can be found in online supplemental appendix 6.

CHM, Chinese herbal medicine; GMS, German Medical Science; HTA, Health Technology Assessment; NIHR, National Institute for Health Research; RCTs, randomised controlled trials; TCI, topical calcineurin inhibitors; TCS, topical corticosteroid.

studies (4 438 698 participants) out of a total of 106 studies included follow-up of more than 3 months. One notable trial (the 'PETITE' study) had 5 years follow-up with TCS used 'as required'.⁶²

Characteristics and quality assessments of each systematic review are in table 1, with further detail in online supplemental appendices 4 and 5. Individual study data and quality assessments are in online supplemental appendix 6.

Safety of TCS compared with other topical treatments or corticosteroids

How safe are TCS compared with emollient or vehicle, or no comparison?

Thirteen reviews provided data on this comparison: 1 high⁵⁴, 2 low^{42 47} and 10 critically low quality.^{25 28 31 35–37 50 51 55 63} Key results can be found in table 2 and additional data in online supplemental appendix 6.

Reported rates of skin thinning in RCTs were generally very low, with no significant increases seen with TCS compared with emollient/vehicle. No skin thinning or telangiectasia was reported in an RCT, 196 participants aged ≥12 years old using very potent TCS twice a day for 2 weeks compared with 33 using vehicle.⁶⁴ Another RCT reported skin thinning in 6/109 participants using

very potent TCS for 2 weeks compared with 2/50 using vehicle, $p=0.69$.⁶⁵

No significant differences in other cutaneous adverse events, such as hypopigmentation, were observed between treatments in five RCTs, and event rates were low.^{66–70}

A meta-analysis⁵⁵ of 11 uncontrolled observational studies (up to 4 weeks of treatment) reported biochemical adrenal suppression (cortisol levels) in 20/522 children (3.8%, 95% CI 2.4% to 5.8%) with any potency TCS.^{71–81} This was 2% (3/148 children) when only mild potency TCS were analysed.^{72 74 77 79} No clinical symptoms or signs of adrenal suppression were observed,^{71–81} and the biochemical effects were transient, with cortisol levels returning to normal after TCS were discontinued.^{71 75 77 78 81}

Two included reviews assessed TCS withdrawal symptoms, mostly from case reports, but no incidence data were reported.^{41 44}

How safe are TCS compared with topical calcineurin inhibitors?

Eight systematic reviews were identified: one moderate²³, one low⁴⁸ and six critically low quality.^{27 30 43 50 52 82} Most RCTs used twice daily TCS to treat the current flare (up to 3 weeks), and where longer-term follow-up was included, TCSs were used 'as required' to treat flares. Key results

Table 2 Summary of main findings for key safety outcomes

| | Cutaneous adverse events | Systemic adverse events |
|--|---|---|
| How safe are TCS compared with emollient or vehicle, or no comparison? 13 reviews: 1 moderate quality 2 low quality 10 critically low quality | <ul style="list-style-type: none"> ► Skin thinning: No significant differences in 2 RCTs of 2–4 weeks compared with emollient/vehicle: (1) 0/196 children with very potent TCS and 0/33 vehicle, (2) 6/109 very potent TCS vs 2/50 vehicle, $p=0.69$. Very low rates. ► Other cutaneous adverse events: No significant differences in 5 RCTs (2–4 weeks) between TCS (various potencies) and emollient/vehicle ($n=172$, plus one study, n not specified). Low event rates. | <ul style="list-style-type: none"> ► Biochemical evidence of adrenal suppression: Meta-analysis (11 observational studies, max 4 weeks)—20/522 children with any potency TCS (3.8%, 95% CI 2.4% to 5.8%), 3/148 children (2%) with mild potency TCS. Effects were transient. ► Clinical symptoms or signs of adrenal suppression: none observed in same as above observational studies. |
| How safe are TCS compared with topical calcineurin inhibitors (TCI)? 8 reviews: 1 moderate quality 1 low quality 6 critically low quality | <ul style="list-style-type: none"> ► Skin thinning: Higher with TCS than TCI (meta-analysis of 4 RCTs: RR 4.86, 95% 1.06 to 22.28, $n=4128$) but very low rate (8/2068, 7 of which were using potent TCS). ► Other cutaneous adverse events: No difference in skin infections between TCS and TCI (8 RCTs). Skin burning and pruritus lower with TCS than TCI: meta-analysis of 10 RCTs: burning—RR 0.31, 95% CI 0.23 to 0.40 ($n=4211$), pruritus—RR 0.68, 95% CI 0.56 to 0.82 ($n=4211$). | <ul style="list-style-type: none"> ► Growth rate: no differences in growth rates between TCS and TCI (1 RCT of 2418 children with 5 years follow-up). ► Lymphoma: no cases reported in one same large RCT as above. One cohort study ($n=1\ 438\ 333$, approx. 4 years follow-up)—very small non-significant increase with TCI and TCS compared with general population. One case–control study—no increased risk with TCS or TCIs (294 cases/293 000 controls). |
| How safe are once daily TCS compared with twice daily application? 2 reviews: 2 low quality | <ul style="list-style-type: none"> ► Skin thinning: no cases using once daily vs twice daily potent TCS for 3 weeks (1 RCT, 94 adults). ► Other cutaneous adverse events: no significant difference between groups in telangiectasia, folliculitis, or burning/itching/stinging (4 RCTs, 4–16 weeks follow-up 740 older children/adults). | <ul style="list-style-type: none"> ► Biochemical evidence of adrenal suppression: no significant differences between once and twice daily moderate/potent TCS up to 2 weeks in children (2 RCTs, $n=129$). |
| How safe are TCS used proactively to prevent flares ('weekend therapy')? 3 reviews: 3 critically low quality | <ul style="list-style-type: none"> ► Skin thinning: no cases with 16–20 weeks of 2 days/week of potent TCS vs vehicle (5 RCTs, $n=993$). ► Other cutaneous adverse events: no significant differences between groups, including folliculitis and transient telangiectasia, with potent TCS (16–20 weeks) compared with either vehicle or another TCS (2 RCTs, $n=423$). Events were uncommon in both groups. | <ul style="list-style-type: none"> ► Biochemical evidence of adrenal suppression: no cases with 16 weeks of 2 days/week of potent TCS (2 RCTs, $n=129$). Possible adrenal suppression in 2/44 children with potent TCS compared with zero using vehicle (1 RCT, 20 weeks). |
| How safe are TCS used under occlusion? 4 reviews: 1 high quality 3 critically low quality | <ul style="list-style-type: none"> ► Skin thinning: no cases in two observational studies (potent TCS +wet wrap, 1–2 weeks, $n=44$). ► Other cutaneous adverse events: One case of striae in two observational studies, $n=44$. More folliculitis with diluted potent TCS (10/19 children) compared with emollient (2/20), both under wet wrap (1 RCT). A meta-analysis (2 RCTs, $n=69$) of wet wrap vs no wet wrap (mild potency)—no significant difference in cutaneous adverse events. | <ul style="list-style-type: none"> ► Biochemical evidence of adrenal suppression: reported in three <i>observational</i> studies (2–14 days of diluted potent TCS under wet-wraps in 74 children) but rates not specified in review. Described as transient in two studies. ► Growth or bone turnover: no effect seen in one small short-term <i>observational</i> study (potent TCS wet-wrap in eight children, (median follow-up 12 weeks). |

RCTs, randomised controlled trials; RR, relative risk; TCS, topical corticosteroids.

can be found in [table 2](#) and additional data in online supplemental appendix 6.

Meta-analyses of cutaneous adverse events were presented in two reviews.^{27 82} So the more comprehensive review was used to extract the cutaneous adverse event data.²⁷ Some minor modifications were made to the data for this overview shown in online supplemental appendix 7. A meta-analysis of four RCTs (26 weeks to 5 years duration, twice a day or 'as directed') showed a significant increase in the RR of skin thinning with TCS compared with topical calcineurin inhibitors (TCIs) (0.1% tacrolimus or 1% pimecrolimus) (RR 4.86, 95% CI 1.06 to 22.28, $p=0.04$, $n=4128$). However, skin thinning was uncommon: 8/2068 participants (0.4%) with TCS vs 0/2060 (0%) with TCIs. Of the eight cases of skin thinning, seven were reported when using potent TCS and one using mild/moderate TCS.^{62 83–85}

The RR of skin burning and pruritus (itching) was significantly lower with TCS compared with TCIs (1% pimecrolimus or 0.1% / 0.03% tacrolimus) in meta-analyses of 10 RCTs in 4211 participants (skin burning: RR 0.31, 95% CI 0.23 to 0.40, $p<0.00001$; pruritus: RR 0.68, 95% CI 0.56 to 0.82, $p<0.0001$).^{83 85–93} The GRADE assessments for these two adverse events indicated these were of moderate quality.⁸² There was no significant difference in skin infections with potent, moderate or mild potency TCS compared with TCIs (1% pimecrolimus or 0.1% / 0.03% tacrolimus)^{62 83–86 88 90 92} or erythema compared with 0.1% tacrolimus (online supplemental appendix 8).^{91 92}

Subgroup analyses of age, TCS potency and specific TCI showed no significant differences for any comparison (online supplemental appendix 9). We were unable to undertake any further subgroup analyses.

No differences in growth were observed in one 5-year RCT ('PETITE' study) in 2418 young children using moderate/mild potency TCS compared with those using TCI (1% pimecrolimus) (rates not given) and no cases of lymphoma were reported.⁶² A large cohort study ($n=1\,438\,333$) showed a small non-significant increased risk of lymphoma with TCI and TCS compared with the general population, with a similar risk between treatments.⁹⁴ In addition, one case-control study (294 cases/293 000 controls) found no increased risk of lymphoma with TCS or TCI compared with controls.⁹⁵

Is there any difference in safety of TCS of different potencies?

Six reviews compared the safety of different potency TCS: two low,^{42 47} and four critically low quality.^{28 34 50 53} RCTs were mainly short-term use of TCS (2–3 weeks), used once or twice daily. Results can be found in online supplemental appendix 6.

One RCT reported mild skin thinning in 4/13 children using potent TCS for up to 6 weeks compared with 2/12 using mild TCS ($p=0.42$),⁹⁶ while another RCT in 37 children found no evidence of skin thinning with mild or moderate potency TCS for 3 weeks.⁹⁷ One study compared 3 weeks of potent and moderate TCS in

40 children and reported 'some' biochemical adrenal suppression (cortisol levels) but no numerical data were provided.⁹⁸

How safe are TCS compared with topically applied Chinese herbal medicine?

Two systematic reviews provided data on TCS compared with topical Chinese herbal medicine: one high quality⁴⁰ and one critically low.³⁹ Results can be found in online supplemental appendix 6.

A meta-analysis of two RCTs^{99 100} was presented in two systematic reviews.^{39 40} More cutaneous adverse events, including application site burning, were observed with 2 weeks of very potent/potent TCS compared with topical Chinese herbal medicine (RR 12.03, 95% CI 1.59 to 91.26, $p=0.02$; 11/147 vs 0/148 participants). One additional RCT, including 95 young children, reported minor adverse events such as burning with 2 weeks of potent TCS but no numerical data were presented.¹⁰¹

Safety of different strategies for using TCS

How safe are once daily TCS compared with more frequent application?

Two low-quality reviews provided safety data relating to different frequency of application.^{7 47} Key results can be found in [table 2](#) and additional data in online supplemental appendix 6.

No skin thinning was reported with once or twice daily application of potent TCS for 3 weeks in one RCT (94 adults).¹⁰² Four RCTs in 740 older children/adults showed no significant difference between once and twice daily application of moderate/potent TCS in other cutaneous adverse events including telangiectasia,^{103 104} folliculitis¹⁰⁵ and burning, itching or stinging.^{105 106} Two RCTs showed no significant differences in biochemical adrenal suppression (cortisol levels) between once and twice daily very potent/moderate TCS used for up to 2 weeks in 129 children.^{81 107}

How safe are TCS when used proactively to prevent flares ('weekend therapy')?

Two reviews included data on the safety of TCS used proactively 2 days a week ('weekend therapy') to prevent flares, both critically low quality.^{8 53} Key results can be found in [table 2](#) and additional data in online supplemental appendix 6.

There was no evidence of skin thinning in five RCTs comparing 16–20 weeks of weekend therapy with potent TCS versus vehicle in 993 participants.^{103 108–111} Furthermore, two RCTs ($n=423$) reported no significant differences in other cutaneous adverse events, including folliculitis and transient telangiectasia, with potent TCS compared with vehicle.^{108 109} Events were uncommon in both groups.

There was no evidence of biochemical adrenal suppression (cortisol levels) in two RCTs ($n=129$) between potent TCS and vehicle used for 16 weeks.^{108 111} In a 20-week

RCT, 2/44 children had possible adrenal suppression with potent TCS compared with zero with vehicle.¹⁰⁹

How safe are TCS used under occlusion?

Four reviews included data on the safety of TCS used under occlusion: one high⁵⁴, and three critically low quality.^{26 32 38} Results can be found in online supplemental appendix 6.

There were no cases of skin thinning and one case of striae in two uncontrolled observational studies of a diluted potent TCS used under wet-wrap for 1–2 weeks in 44 young children.^{112 113} A significant difference in the rate of folliculitis (mostly mild) was observed in one RCT of TCS under wet-wrap for 4 weeks, with more folliculitis in the diluted potent TCS group (10/19 children) compared with emollient (2/20 children) ($p=0.02$).¹¹⁴ A meta-analysis from one review³⁸ of two RCTs in young children showed no significant difference in the number of participants with cutaneous adverse events between mild potency TCS under wet wrap (7/38 participants) versus not under wet-wrap (0/31 participants) ($p=0.08$).^{115 116}; this evidence was rated low quality by the systematic review authors using GRADE.¹⁷

Biochemical adrenal suppression (cortisol levels) was reported in three uncontrolled observational studies of 2–14 days of diluted potent TCS under wet-wraps in 74 children.^{112 113 117} Actual rates were not specified in the review, but increases were described as transient in two studies.^{112 117} One short-term uncontrolled observational study of diluted potent TCS under wet-wrap in eight children showed no effect on growth or bone turnover.¹¹⁸

DISCUSSION

This comprehensive overview of systematic reviews which, for the first time, brings together all safety data from systematic reviews on TCS used in eczema from 38 systematic reviews, a topic that was identified as a priority in a James Lind Alliance priority setting partnership on eczema. Skin thinning and effects on growth concern many people with eczema and parents of children with eczema when using TCS. However, we found no evidence of skin thinning when TCS were used intermittently ‘as required’ to treat flares or as ‘weekend therapy’ to prevent flares, although the majority of data was from short-term studies.⁵ Similarly, we found no evidence of growth retardation or clinically significant adrenal suppression but the only data available was from one 5-year study that included 1213 children using TCS.⁶² Other studies only reported biochemical signs of adrenal suppression. Adherence to TCS treatment is known to be poor and these findings, particularly around skin thinning, may encourage appropriate use of TCS and therefore improve treatment effectiveness and patient benefit.¹¹⁹

A thorough literature search was conducted and Cochrane methodology was used. Conclusions were limited by the content of the included reviews because safety was frequently reported in less detail than

effectiveness, reviews reported on different adverse events and some adverse events were not described in the reviews. It is not clear whether this is because the trials did not report adverse events in sufficient detail or whether the review authors did not include all the available safety data, perhaps only focusing on a restricted group of adverse events. None of the included systematic reviews presented data on our prespecified subgroup analyses. Furthermore, most of the included reviews were rated low or critically low-quality using AMSTAR 2. The lack of comprehensive search strategies and duplicate screening/data extraction in the included reviews may have resulted in missing studies and safety data, which could have impacted on this overview particularly where there was limited data. In addition, where the quality of evidence assessments (eg, GRADE) were reported in the reviews, most individual studies included in the reviews indicated a high or unclear risk in at least one domain.

Many RCTs did not include follow-up beyond 2–4 weeks of treatment and therefore data on long-term safety are limited. Although short-term TCS use reflects appropriate treatment duration for treating an individual flare, it does not reflect the chronic nature of eczema and the need for TCS use over the long-term. The ‘PETITE study’ was the notable exception and data published in the correspondence showed there was only one episode of skin thinning in 1213 children using mild/moderate TCS ‘as required’ with 5-year follow-up.⁶² Trials using intermittent TCS as ‘weekend therapy’ to prevent flares also provide reassurance for the safety of longer-term use of TCS, as these trials generally included 16–20 weeks of follow-up to assess the prevention of flares. The inclusion of systematic reviews that included observational studies as well as reviews of RCTs also increased the amount of safety data available to report in this overview.

Although this review focused on the safety of TCS as the key issue for patients, treatment decisions are a balance of benefits and harms. For example, although the safety profile of Chinese herbal medicine was better than TCS, in practice this would be considered alongside the relative effectiveness of these treatments. Likewise, although there was no difference in the safety of once vs twice daily TCS, effectiveness of these regimens is also important to consider. A Cochrane review is underway comparing the effectiveness and safety of different ways of using TCS.¹²⁰

In summary, we found no evidence that TCS cause harm when used intermittently ‘as required’ to treatment eczema flares or as ‘weekend therapy’ to prevent flares and this should support the use of TCS in the management of eczema. We found that the adverse events of greatest concern to patients and clinicians, such as skin thinning, are uncommon with short-term use of TCS. However, high-quality evidence was limited, particularly for long-term use. Rather than follow-up of perhaps just a few weeks, future RCTs should include lengthier follow-up to enable better safety assessment. However, it should be noted that longer-term prospect observational studies are better placed to explore longer-term safety of TCS and

should be designed with years rather than months of follow-up to add useful information to the field. Perhaps equally as important as duration of follow-up in trials is resolution of adverse events which is often not reported. For adverse events such as biochemical signs of adrenal suppression, it is crucial to know if the effect is transient and levels return to normal once the TCS is stopped, particularly as it is not clear how to interpret the clinical relevance of these.

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Appendix 1: Search strategies

Search facets for searches:

Topical steroids

Eczema

Systematic reviews

PubMed search

Uses PubMed Clinical Queries systematic review filter (command systematic[sb]):

https://www.nlm.nih.gov/bsd/pubmed_subsets/sysreviews_strategy.html

(steroid* OR corticosteroid* OR glucocorticosteroid* OR glucocorticoid* OR glucocorticoids[MeSH Terms] OR alclometasone OR alclomethasone OR amcinonide OR beclometasone OR beclomethasone OR beclomethasone[MeSH Terms] OR betametasone OR betamethasone OR betamethasone[MeSH Terms] OR clobetasol OR clobetasol[MeSH Terms] OR clobetasone OR desonide OR desonide[MeSH Terms] OR desoximetasone OR desoximetasone[MeSH Terms] OR diflorasone OR diflucortolone OR diflucortolone[MeSH Terms] OR fludroxycortide OR flumetasone OR flumethasone OR flumethasone[MeSH Terms] OR fluocinolone OR fluocinolone acetonide[MeSH Terms] OR fluocinonide OR fluocinonide[MeSH Terms] OR fluocortolone OR fluocortolone[MeSH Terms] OR flurandrenolide OR flurandrenolone OR flurandrenolone[MeSH Terms] OR fluticasone OR halcinonide OR halcinonide[MeSH Terms] OR halobetasol OR halometasone OR hydrocortisone OR hydrocortisone[MeSH Terms] OR methylprednisolone OR methylprednisolone[MeSH Terms] OR mometasone OR triamcinolone OR triamcinolone[MeSH Terms]) AND ("dermatitis, atopic"[MeSH Terms] OR "eczema"[MeSH Terms] OR "neurodermatitis"[MeSH Terms] OR eczema OR "atopic dermatitis" OR neurodermatitis) AND (systematic[sb] OR "systematic review")

Ovid MEDLINE search

Uses SIGN MEDLINE systematic review filter:

<http://www.sign.ac.uk/search-filters.html>

Ovid MEDLINE(R) Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily, Ovid MEDLINE and Versions(R)

MEDLINE eczema steroid systematic reviews

1. Meta-Analysis as Topic/
2. meta analy\$.tw.
3. metaanaly\$.tw.
4. Meta-Analysis/
5. (systematic adj (review\$1 or overview\$1)).tw.
6. exp Review Literature as Topic/
7. or/1-6
8. cochrane.ab.
9. embase.ab.
10. (psychlit or psyclit).ab.
11. (psychinfo or psycinfo).ab.
12. (cinahl or cinhal).ab.
13. science citation index.ab.
14. bids.ab.
15. cancerlit.ab.
16. or/8-15
17. reference list\$.ab.
18. bibliograph\$.ab.

19. hand-search\$.ab.
20. relevant journals.ab.
21. manual search\$.ab.
22. or/17-21
23. selection criteria.ab.
24. data extraction.ab.
25. 23 or 24
26. Review/
27. 25 and 26
28. Comment/
29. Letter/
30. Editorial/
31. animal/
32. human/
33. 31 not (31 and 32)
34. or/28-30,33
35. 7 or 16 or 22 or 27
36. 35 not 34
37. steroid\$.mp.
38. corticosteroid\$.mp.
39. glucocorticosteroid\$.mp.
40. glucocorticoid\$.mp.
41. exp Glucocorticoids/
42. alclometasone.mp.
43. alclomethasone.mp.
44. amcinonide.mp.
45. beclometasone.mp.
46. beclomethasone.mp.
47. exp Beclomethasone/
48. betametasone.mp.
49. betamethasone.mp.
50. exp Betamethasone/
51. clobetasol.mp.
52. exp Clobetasol/
53. clobetasone.mp.
54. desonide.mp.
55. exp Desonide/
56. desoximetasone.mp.
57. exp Desoximetasone/
58. diflorasone.mp.
59. diflucortolone.mp.
60. exp Diflucortolone/
61. fludroxycortide.mp.
62. flumetasone.mp.
63. flumethasone.mp.
64. exp Flumethasone/
65. fluocinolone.mp.
66. exp Fluocinolone Acetonide/
67. fluocinonide.mp.

68. exp Fluocinonide/
69. fluocortolone.mp.
70. exp Fluocortolone/
71. flurandrenolide.mp.
72. flurandrenolone.mp.
73. exp Flurandrenolone/
74. fluticasone.mp.
75. halcinonide.mp.
76. exp Halcinonide/
77. halobetasol.mp.
78. halometasone.mp.
79. hydrocortisone.mp.
80. exp Hydrocortisone/
81. methylprednisolone.mp.
82. exp methylprednisolone/
83. mometasone.mp.
84. triamcinolone.mp.
85. exp Triamcinolone/
86. or/37-85
87. exp dermatitis, atopic/
88. exp eczema/
89. exp neurodermatitis/
90. eczema.mp.
91. atopic dermatitis.mp.
92. neurodermatitis.mp.
93. or/87-92
94. 36 and 86 and 93

Ovid Embase search

Uses SIGN Embase systematic review filter:

<http://www.sign.ac.uk/search-filters.html>

Embase 1974 to 2017 October 23

Embase eczema steroid systematic reviews

1. exp Meta Analysis/
2. ((meta adj analys\$) or metaanalys\$).tw.
3. (systematic adj (review\$1 or overview\$1)).tw.
4. or/1-3
5. cancerlit.ab.
6. cochrane.ab.
7. embase.ab.
8. (psychlit or psyclit).ab.
9. (psychinfo or psycinfo).ab.
10. (cinahl or cinhal).ab.
11. science citation index.ab.
12. bids.ab.
13. or/5-12
14. reference lists.ab.
15. bibliograph\$.ab.
16. hand-search\$.ab.

17. manual search\$.ab.
18. relevant journals.ab.
19. or/14-18
20. data extraction.ab.
21. selection criteria.ab.
22. 20 or 21
23. review.pt.
24. 22 and 23
25. letter.pt.
26. editorial.pt.
27. animal/
28. human/
29. 27 not (27 and 28)
30. or/25-26,29
31. 4 or 13 or 19 or 24
32. 31 not 30
33. steroid\$.mp.
34. corticosteroid\$.mp.
35. exp corticosteroid/
36. glucocorticosteroid\$.mp.
37. glucocorticoid\$.mp.
38. exp glucocorticoid/
39. alclometasone.mp.
40. alclomethasone.mp.
41. amcinonide.mp.
42. beclometasone.mp.
43. beclomethasone.mp.
44. betametasone.mp.
45. betamethasone.mp.
46. clobetasol.mp.
47. clobetasone.mp.
48. desonide.mp.
49. desoximetasone.mp.
50. diflorasone.mp.
51. diflucortolone.mp.
52. fludroxycortide.mp.
53. flumetasone.mp.
54. flumethasone.mp.
55. fluocinolone.mp.
56. fluocinonide.mp.
57. fluocortolone.mp.
58. flurandrenolide.mp.
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61. halcinonide.mp.
62. halobetasol.mp.
63. halometasone.mp.
64. hydrocortisone.mp.
65. methylprednisolone.mp.

66. mometasone.mp.
67. triamcinolone.mp.
68. or/33-67
69. exp atopic dermatitis/
70. exp eczema/
71. exp neurodermatitis/
72. eczema.mp.
73. atopic dermatitis.mp.
74. neurodermatitis.mp.
75. or/69-74
76. 32 and 68 and 75

Epistemonikos

(steroid* OR corticosteroid* OR glucocorticosteroid* OR glucocorticoid* OR alclometasone OR alclomethasone OR amcinonide OR beclometasone OR beclomethasone OR betametasone OR betamethasone OR clobetasol OR clobetasone OR desonide OR desoximetasone OR diflorasone OR diflucortolone OR fludroxycortide OR flumetasone OR flumethasone OR fluocinolone OR fluocinonide OR fluocortolone OR flurandrenolide OR flurandrenolone OR fluticasone OR halcinonide OR halobetasol OR halometasone OR hydrocortisone OR methylprednisolone OR mometasone OR triamcinolone) AND (eczema OR "atopic dermatitis" OR neurodermatitis)

Enter search into advanced search and choose “**systematic review**” from drop-down box for “Publication type”:

[https://www.epistemonikos.org/advanced_search?q=\(steroid*%20OR%20corticosteroid*%20OR%20glucocorticosteroid*%20OR%20glucocorticoid*%20OR%20alclometasone%20OR%20alclomethasone%20OR%20amcinonide%20OR%20beclometasone%20OR%20beclomethasone%20OR%20betametasone%20OR%20betamethasone%20OR%20clobetasol%20OR%20clobetasone%20OR%20desonide%20OR%20desoximetasone%20OR%20diflorasone%20OR%20diflucortolone%20OR%20fludroxycortide%20OR%20flumetasone%20OR%20flumethasone%20OR%20fluocinolone%20OR%20fluocinonide%20OR%20fluocortolone%20OR%20flurandrenolide%20OR%20flurandrenolone%20OR%20fluticasone%20OR%20halcinonide%20OR%20halobetasol%20OR%20halometasone%20OR%20hydrocortisone%20OR%20methylprednisolone%20OR%20mometasone%20OR%20triamcinolone\)%20AND%20\(eczema%20OR%20%22atopic%20dermatitis%22%20OR%20neurodermatitis\)&protocol=no&classification=systematic-review](https://www.epistemonikos.org/advanced_search?q=(steroid*%20OR%20corticosteroid*%20OR%20glucocorticosteroid*%20OR%20glucocorticoid*%20OR%20alclometasone%20OR%20alclomethasone%20OR%20amcinonide%20OR%20beclometasone%20OR%20beclomethasone%20OR%20betametasone%20OR%20betamethasone%20OR%20clobetasol%20OR%20clobetasone%20OR%20desonide%20OR%20desoximetasone%20OR%20diflorasone%20OR%20diflucortolone%20OR%20fludroxycortide%20OR%20flumetasone%20OR%20flumethasone%20OR%20fluocinolone%20OR%20fluocinonide%20OR%20fluocortolone%20OR%20flurandrenolide%20OR%20flurandrenolone%20OR%20fluticasone%20OR%20halcinonide%20OR%20halobetasol%20OR%20halometasone%20OR%20hydrocortisone%20OR%20methylprednisolone%20OR%20mometasone%20OR%20triamcinolone)%20AND%20(eczema%20OR%20%22atopic%20dermatitis%22%20OR%20neurodermatitis)&protocol=no&classification=systematic-review)

Cochrane Library

(steroid* OR corticosteroid* OR glucocorticosteroid* OR glucocorticoid* OR [mh "glucocorticoids"] OR alclometasone OR alclomethasone OR amcinonide OR beclometasone OR beclomethasone OR betametasone OR betamethasone OR clobetasol OR clobetasone OR desonide OR desoximetasone OR diflorasone OR diflucortolone OR fludroxycortide OR flumetasone OR flumethasone OR fluocinolone OR fluocinonide OR fluocortolone OR flurandrenolide OR flurandrenolone OR fluticasone OR halcinonide OR halobetasol OR halometasone OR hydrocortisone OR methylprednisolone OR mometasone OR triamcinolone) AND ([mh "eczema"] OR [mh "dermatitis, atopic"] OR [mh "neurodermatitis"] OR eczema OR "atopic dermatitis" OR neurodermatitis)

“**Search all text**” option chosen.

Cochrane Reviews, **Other Reviews** (i.e. DARE), and **Technology Assessments** (i.e. HTA) chosen.

Appendix 2 - list of excluded studies with reasons

| Excluded study | Reason for exclusion |
|--|--|
| Abramovits 2005 ⁽¹⁾ | Not a systematic review |
| Abramovits 2006 ⁽²⁾ | Not a systematic review |
| Anonymous 1995 ⁽³⁾ | Not a systematic review |
| Anonymous 1999 ⁽⁴⁾ | Not a systematic review |
| Anonymous 2004 ⁽⁵⁾ | Not a systematic review |
| Anonymous 2005 ⁽⁶⁾ | Abstract |
| Anonymous 2007 ⁽⁷⁾ | Not a systematic review |
| Anonymous 2015 ⁽⁸⁾ | Abstract |
| Anonymous 2015 ⁽⁹⁾ | Abstract |
| Aslam 2014 ⁽¹⁰⁾ | Not a systematic review |
| Barfield 2017 ⁽¹¹⁾ | Wrong intervention (not topical corticosteroids) |
| Batchelor 2010 ⁽¹²⁾ | Not a systematic review |
| Bath-Hextall 2010 ⁽¹³⁾ | Updated version of a Cochrane review (non-Cochrane) but no additional safety data |
| Bigby 2001 ⁽¹⁴⁾ | Commentary paper |
| Bonchak 2017 ⁽¹⁵⁾ | Wrong intervention (not topical corticosteroids) |
| Birnie 2008 ⁽¹⁶⁾ | Wrong intervention (not topical corticosteroids) |
| Boucher 2001 ⁽¹⁷⁾ | Not a systematic review |
| Broersen 2015 ⁽¹⁸⁾ | Unable to extract separate data for atopic eczema patients |
| Cameron 2000 ⁽¹⁹⁾ | Commentary paper |
| Carbone 2010 ⁽²⁰⁾ | Not a systematic review |
| Chavigny 2005 ⁽²¹⁾ | Not a systematic review |
| Chi 2009 ⁽²²⁾ | Unable to extract separate data for atopic eczema patients |
| Chi 2015 ⁽²³⁾ | Unable to extract separate data for atopic eczema patients |
| Chia 2015 ⁽²⁴⁾ | Not a systematic review |
| Chu 1995 ⁽²⁵⁾ | Not a systematic review |
| Conroy 2004 ⁽²⁶⁾ | Not a systematic review |
| Das 2017 ⁽²⁷⁾ | Not a systematic review |
| El-Batawy 2009 ⁽²⁸⁾ | No safety outcome |
| Fleischer Jr 2010 ⁽²⁹⁾ | Wrong intervention (not topical corticosteroids) |
| Frohna 2005 ⁽³⁰⁾ | Commentary paper |
| Froschl 2007 ⁽³¹⁾ | Duplicate record of an included systematic review |
| Furue 2006 ⁽³²⁾ | Not a systematic review |
| Furue 2006 ⁽³³⁾ | Not a systematic review |
| Garside 2005 ⁽³⁴⁾ | No safety outcome |
| Ghajar 2019 ⁽³⁵⁾ | 'Subgroup analysis' of an included review (Wood Heickman 2018) – no additional safety data |
| Goustas 2003 ⁽³⁶⁾ | Not a systematic review |
| Green 2005 ⁽³⁷⁾ | Duplicate record of an included systematic review |
| Green 2004 ⁽³⁸⁾ | Duplicate record of an included systematic review |
| Halling-Overgaard 2017 ⁽³⁹⁾ | Skin atrophy is not assessed clinically in this review |
| Health Technology Assessment Database 2004 ⁽⁴⁰⁾ | Not a systematic review |
| Health Technology Assessment Database 2004 ⁽⁴¹⁾ | Abstract – unable to find the full publication |
| Health Technology Assessment Database 2001 ⁽⁴²⁾ | Abstract – unable to find the full publication |
| Health Technology Assessment Database 2004 ⁽⁴³⁾ | Abstract – unable to find the full publication |
| Hannuksela 2000 ⁽⁴⁴⁾ | Wrong intervention (not topical corticosteroids) |
| Hebert 2006 ⁽⁴⁵⁾ | Wrong intervention (not topical corticosteroids) |

| | |
|-----------------------------------|--|
| Hoare 2000 ⁽⁴⁶⁾ | Duplicate record of an included systematic review |
| Hon 2011 ⁽⁴⁷⁾ | Wrong intervention (not topical corticosteroids) |
| Hulshof 2017 ⁽⁴⁸⁾ | Wrong intervention (not topical corticosteroids) |
| Hussain 2016 ⁽⁴⁹⁾ | Not a systematic review |
| Kaufman 2016 ⁽⁵⁰⁾ | Abstract |
| Legendre 2015 ⁽⁵¹⁾ | Abstract |
| Li 2017 ⁽⁵²⁾ | Abstract |
| Li 2017 ⁽⁵³⁾ | No safety outcome |
| Meffert 1999 ⁽⁵⁴⁾ | Not a systematic review |
| Mooney 2015 ⁽⁵⁵⁾ | Not a systematic review |
| Murashkin 2016 ⁽⁵⁶⁾ | Not a systematic review |
| Nankervis 2013 ⁽⁵⁷⁾ | Abstract |
| Nankervis 2016 ⁽⁵⁸⁾ | Duplicate record of an included systematic review |
| Nankervis 2017 ⁽⁵⁹⁾ | Duplicate record of an included systematic review |
| Nowak 2017 ⁽⁶⁰⁾ | No safety outcome |
| Orlow 2007 ⁽⁶¹⁾ | Not a systematic review |
| Pan 2013 ⁽⁶²⁾ | No safety outcome |
| Park-Wyllie 2000 ⁽⁶³⁾ | Unable to extract separate data for atopic eczema patients |
| Payne 2019 ⁽⁶⁴⁾ | Wrong intervention (not topical corticosteroids) |
| Phipatanakul 2006 ⁽⁶⁵⁾ | Commentary paper |
| Radovic 2017 ⁽⁶⁶⁾ | Wrong intervention (not topical corticosteroids) |
| Ricci 2007 ⁽⁶⁷⁾ | Not a systematic review |
| Ruzicka 1999 ⁽⁶⁸⁾ | Wrong intervention (not topical corticosteroids) |
| Sanchez 2014 ⁽⁶⁹⁾ | Not a systematic review |
| Schiffner 2003 ⁽⁷⁰⁾ | No safety outcome |
| Schmitt 2011 ⁽⁷¹⁾ | Not a systematic review |
| Schmitt 2011 ⁽⁷²⁾ | Duplicate record of an included systematic review |
| Sher 2012 ⁽⁷³⁾ | Abstract |
| Sher 2012 ⁽⁷⁴⁾ | No safety outcome |
| Siegfried 2013 ⁽⁷⁵⁾ | Not a systematic review |
| Siegfried 2018 ⁽⁷⁶⁾ | Not a systematic review |
| Silverberg 2014 ⁽⁷⁷⁾ | Not a systematic review |
| Simpson 2010 ⁽⁷⁸⁾ | Not a systematic review |
| Spada 2018 ⁽⁷⁹⁾ | Not a systematic review |
| Torii 2003 ⁽⁸⁰⁾ | No safety outcome |
| Torley 2013 ⁽⁸¹⁾ | Not a systematic review |
| Uppal 2020 ⁽⁸²⁾ | Wrong intervention (not topical corticosteroids) |
| Van Zuuren 2017 ⁽⁸³⁾ | No safety outcome (abridged Cochrane review) |
| Wat 2014 ⁽⁸⁴⁾ | Wrong patient population (not atopic eczema) |
| Wellington 2004 ⁽⁸⁵⁾ | Not a systematic review |
| Williams 2007 ⁽⁸⁶⁾ | Not a systematic review |
| Williams 2008 ⁽⁸⁷⁾ | Not a systematic review |
| Williams 2010 ⁽⁸⁸⁾ | Not a systematic review |
| Wollenberg 2018 ⁽⁸⁹⁾ | Not a systematic review |

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Appendix 3: Prospero search

Prospero – searched up to 23rd March 2021 – search results from ‘Eczema OR dermatitis’

Potentially relevant ongoing systematic reviews:

| Prospero ID | Date registered | Title | Status | Anticipated completion date |
|-------------------------------|------------------|--|----------------|-----------------------------|
| CRD42015016525 ⁽¹⁾ | 11 February 2015 | Effects of emollients in the management of atopic dermatitis in pediatric patients a systemic review and meta-analysis | Review ongoing | 25 February 2016 |
| CRD42015027873 ⁽²⁾ | 04 November 2015 | Interventions to improve quality of life in paediatric atopic dermatitis: a systematic review | Review ongoing | 01 January 2016 |
| CRD42020190452 ⁽³⁾ | 14 July 2020 | The association between topical calcineurin inhibitor use and risk of cancer: a systematic review and meta-analysis | Review ongoing | 31 August 2020 |
| CRD42020161558 ⁽⁴⁾ | 28 April 2020 | Efficacy of Non-Steroidal Topical Therapies for Atopic Dermatitis: A Systematic Review & Meta-Analysis | Review ongoing | 31 May 2020 |
| CRD42021230047 ⁽⁵⁾ | 31 October 2021 | A network meta-analysis of five categories of external therapy of traditional Chinese for common diseases of dermatology | Review ongoing | 31 October 2021 |

1. Tan Q, Tan C, Peng W, Shi Y, Xia L. Effects of emollients in the management of atopic dermatitis in pediatric patients a systemic review and meta-analysis [CRD42015016525] 2015 (accessed: 27/03/21). Available from: http://www.crd.york.ac.uk/PROSPERO/display_record.php?ID=CRD42015016525.
2. Yu A, Hong J, Lee M, Hong B. Interventions to improve quality of life in paediatric atopic dermatitis: a systematic review [CRD42015027873] 2015 (accessed: 27/03/21). Available from: http://www.crd.york.ac.uk/PROSPERO/display_record.php?ID=CRD42015027873.
3. Lam M, Zhu J, Tadrous M, Drucker A. The association between topical calcineurin inhibitor use and risk of cancer: a systematic review and meta-analysis [CRD42020190452] 2020 (accessed: 27/03/2021). Available from: www.crd.york.ac.uk/prospere/display_record.php?RecordID=190452.
4. Lee K. Efficacy of Non-Steroidal Topical Therapies for Atopic Dermatitis: A Systematic Review & Meta-Analysis [CRD42020161558] 2020 (accessed: 27/03/2021). Available from: www.crd.york.ac.uk/prospere/display_record.php?RecordID=161558.
5. Ruirui L, Jing G, Dingxi B, Qian Y, Lin Z, Zhi Y, et al. A network meta-analysis of five categories of external therapy of traditional Chinese for common diseases of dermatology [CRD42021230047] 2021 (assessed: 27/03/2021). Available from: www.crd.york.ac.uk/prospere/display_record.php?RecordID=230047.

Appendix 4: AMSTAR 2 ratings ⁽¹⁾:

| Review ID | 1 PICO | 2 Protocol* | 3 Study designs | 4 Search strategy* | 5 Duplicate screening | 6 Duplicate data extraction | 7 Excluded studies* | 8 Included studies | 9 Risk of bias assessed* | 10 Funding of studies | 11 Appropriate meta- analysis* | 12 Risk of bias in meta- analysis | 13 Risk of bias in discussion * | 14 Hetero- geneity | 15 Publication bias in meta- analysis* | 16 Reviewers' conflict of interest | Overall rating |
|--|-----------|----------------|-----------------------|--------------------------|-----------------------------|--------------------------------------|---------------------------|--------------------------|-----------------------------------|--------------------------------|---|---|---|--------------------------|--|---|-------------------|
| Ashcroft 2005 ⁽²⁾ | Yes | No | No | Yes | Yes | Yes | No | Partial yes | Partial yes | No | Yes | No | No | No | No | Yes | Critically low |
| Ashcroft 2007 ⁽³⁾ | Yes | Partial yes | No | Yes | Yes | Yes | Yes | Partial yes | Yes | No | N/A | N/A | Yes | Yes | N/A | Yes | Moderate |
| Barnes 2015 ⁽⁴⁾ | No | No | No | No | No | No | No | No | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Braham 2010 ⁽⁵⁾ | No | No | Yes | No | No | No | No | Partial yes | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Broeders 2016 ⁽⁶⁾ | Yes | No | No | Partial yes | No | No | No | Partial yes | Partial yes | Yes | No | No | No | No | Yes | Yes | Critically low |
| Callen 2007 ⁽⁷⁾ | Yes | No | No | No | No | No | No | No | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Chen 2010 ⁽⁸⁾ | Yes | No | No | Partial yes | No | No | No | Partial yes | Yes | Yes | N/A | N/A | No | No | N/A | Yes | Critically low |
| Cury Martins 2015 ⁽⁹⁾ | Yes | Yes | No | Yes | Yes | Yes | Yes | Partial yes | Yes | No | Yes | Yes | Yes | No | Yes | Yes | Moderate |
| De Tiedra 1997 ⁽¹⁰⁾ | No | No | No | No | No | No | No | Partial yes | No | No | N/A | N/A | No | No | N/A | No | Critically low |
| Devillers 2006 ⁽¹¹⁾ | No | No | Yes | No | No | No | No | Partial yes | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Dong 2017 ⁽¹²⁾ | Yes | No | No | No | Yes | Yes | No | No | Yes | No | No | No | No | No | No | No | Critically low |
| Eichenfield 2014 ⁽¹³⁾ | No | No | Yes | No | No | No | No | No | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Feldman 2005 ⁽¹⁴⁾ | No | No | Yes | No | No | No | No | Partial yes | No | No | N/A | N/A | No | No | N/A | No | Critically low |
| Fishbein 2019 ⁽¹⁵⁾ | Yes | Partial yes | Yes | Partial yes | Yes | Yes | No | Yes | No | Yes | No | No | No | No | No | Yes | Critically low |
| Frangos 2008 ⁽¹⁶⁾ | No | No | No | No | No | No | No | No | No | No | N/A | N/A | No | No | N/A | No | Critically low |
| Froeschl 2007 ⁽¹⁷⁾ | No | No | No | No | No | No | Yes | Partial yes | No | Yes | N/A | N/A | No | No | N/A | No | Critically low |

| | | | | | | | | | | | | | | | | | |
|---------------------------------------|-----|-------------|-----|-------------|-------------|-----|-------------|-------------|-------------|-----|-----|-----|-----|-----|-----|-----|----------------|
| Gonzalez-Lopez 2017 ⁽¹⁸⁾ | Yes | No | No | Yes | Yes | Yes | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Critically low |
| Green 2004 ⁽¹⁹⁾ | Yes | Partial Yes | No | No | Partial yes | Yes | Partial yes | Yes | Partial yes | Yes | N/A | N/A | Yes | Yes | N/A | Yes | Low |
| Gu 2013 ⁽²⁰⁾ | Yes | Yes | No | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | High |
| Gu 2014 ⁽²¹⁾ | Yes | No | No | No | No | No | No | No | Yes | No | Yes | No | Yes | Yes | No | Yes | Critically low |
| Hajar 2015 ⁽²²⁾ | Yes | Yes | Yes | No | Yes | Yes | No | No | Partial yes | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Hoare 2000 ⁽²³⁾ | Yes | No | Yes | Yes | No | No | Yes | Partial yes | Partial yes | No | N/A | N/A | Yes | No | N/A | Yes | Low |
| Iskedjian 2004 ⁽²⁴⁾ | Yes | No | No | Partial yes | Yes | Yes | No | Partial yes | Partial yes | No | N/A | N/A | No | No | N/A | No | Critically low |
| Juhasz 2017 ⁽²⁵⁾ | No | No | No | No | No | No | No | No | No | N/A | N/A | N/A | No | No | N/A | Yes | Critically low |
| Labeledz 2019 ⁽²⁶⁾ | Yes | No | Yes | Yes | No | No | No | Partial yes | Yes | No | Yes | No | No | No | No | Yes | Critically low |
| Legendre 2015 ⁽²⁷⁾ | Yes | No | No | No | Yes | Yes | No | Partial yes | Yes | No | Yes | No | No | Yes | Yes | Yes | Critically low |
| Li 2007 ⁽²⁸⁾ | Yes | No | No | Partial yes | No | Yes | No | No | Partial yes | No | N/A | N/A | No | No | N/A | No | Critically low |
| Nankervis 2016 ⁽²⁹⁾ | Yes | Partial yes | Yes | Partial yes | No | Yes | No | Partial yes | Partial yes | Yes | N/A | N/A | Yes | No | N/A | Yes | Low |
| Penaloza Hidalgo 2004 ⁽³⁰⁾ | Yes | Partial yes | No | Yes | No | No | Yes | Partial yes | Partial yes | Yes | N/A | N/A | No | Yes | N/A | Yes | Low |
| Schmitt 2011 ⁽³¹⁾ | Yes | Partial yes | No | Partial yes | Yes | Yes | No | Yes | Yes | No | N/A | N/A | No | Yes | N/A | Yes | Critically low |
| Sidbury 2011 ⁽³²⁾ | No | No | Yes | No | No | No | No | No | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Siegfried 2016 ⁽³³⁾ | No | No | No | No | No | No | No | No | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| Singh 2012 ⁽³⁴⁾ | No | No | No | No | No | No | Partial yes | No | Partial yes | No | N/A | N/A | Yes | No | N/A | Yes | Critically low |
| Svensson 2011 ⁽³⁵⁾ | Yes | No | No | Partial yes | Yes | No | No | Partial yes | Partial yes | No | Yes | No | No | Yes | No | Yes | Critically low |
| Tang 2014 ⁽³⁶⁾ | Yes | No | No | Partial yes | No | No | No | No | No | No | N/A | N/A | No | No | N/A | Yes | Critically low |
| van Zuuren 2017 ⁽³⁷⁾ | Yes | Yes | No | Partial yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Moderate |
| Wood Heickman 2017 ⁽³⁸⁾ | Yes | No | Yes | No | Yes | No | No | No | No | No | Yes | No | No | Yes | No | Yes | Critically low |

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|------------------|-----|----|----|-------------|----|----|----|----|-------------|-----|-----|----|----|----|----|----|----------------|
| Yan 2008 (39) | Yes | No | No | Partial yes | No | No | No | No | Partial yes | Yes | Yes | No | No | No | No | No | Critically low |
|------------------|-----|----|----|-------------|----|----|----|----|-------------|-----|-----|----|----|----|----|----|----------------|

Footnotes: AMSTAR 2 domains

- 1 Did the research questions and inclusion criteria for the review include the components of PICO?
- *2 Did the report of the review contain an explicit statement that the review methods were established prior to the conduct of the review and did the report justify any significant deviations from the protocol?
- 3 Did the review authors explain their selection of the study designs for inclusion in the review?
- *4 Did the review authors use a comprehensive literature search strategy?
- 5 Did the review authors perform study selection in duplicate?
- 6 Did the review authors perform data extraction in duplicate?
- *7 Did the review authors provide a list of excluded studies and justify the exclusions?
- 8 Did the review authors describe the included studies in adequate detail?
- *9 Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?
- 10 Did the review authors report on the sources of funding for the studies included in the review?
- *11 If meta-analysis was performed, did the review authors use appropriate methods for statistical combination of results?
- 12 If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?
- *13 Did the review authors account for RoB in primary studies when interpreting/discussing the results of the review?
- 14 Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?
- *15 If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the results of the review?
- 16 Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?

NB domains marked * in the table and footnotes are critical domains.

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Appendix 5: Characteristics of the included systematic reviews

| First author and year of publication | Type of review | Language of publication | Funding source | Conflicts of interest | RCT comparisons | Observational data included | AMSTAR-2 rating |
|--------------------------------------|----------------|-------------------------|--|---|--|--|-----------------|
| Ashcroft 2005 ⁽¹⁾ | Non-Cochrane | English | NHS health technology assessment programme. | None known | TCS versus TCI | No | Critically low |
| Ashcroft 2007 ⁽²⁾ | Cochrane | English | School of Pharmacy and Pharmaceutical Sciences, University of Manchester, UK. | None known | TCS versus TCI | Yes – TCI compared with TCS | Moderate |
| Barnes 2015 ⁽³⁾ | Non-Cochrane | English | No funding | None known | TCS versus vehicle TCS versus TCI TCS versus TCS | Yes (single arm TCS studies) | Critically low |
| Braham 2010 ⁽⁴⁾ | Non-Cochrane | English | No funding | One author was a speaker for a number of pharmaceutical companies | Occlusion therapy versus non-occlusion therapy | Yes (occlusive therapy, no comparison) | Critically low |
| Broeders 2016 ⁽⁵⁾ | Non-Cochrane | English | No funding | None known | TCS versus TCI | No | Critically low |
| Callen 2007 ⁽⁶⁾ | Non-Cochrane | English | Funding from EBMEd. One author received funding from Novartis Corporation for the project. They declared that “Novartis Corporation played no role in the design and conduct of the study or in data collection, data management, data analysis, interpretation of the data, manuscript preparation, manuscript review or manuscript approval” | Most authors had consultancy fees and/or research support from pharmaceutical companies | TCS versus vehicle TCS versus TCS | Yes (single arm TCS studies or comparing various TCS potencies) | Critically low |
| Chen 2010 ⁽⁷⁾ | Non-Cochrane | English | Not stated | None known | TCS versus TCI | No | Critically low |
| Cury Martins 2015 ⁽⁸⁾ | Cochrane | English | NIHR | None known | TCS versus TCI | Yes – TCI compared to TCS | Moderate |
| De Tiedra 1997 ⁽⁹⁾ | Non-Cochrane | English | Supported by Laboratorios Novag, S.A, Grupo Ferrer. | Not clear | TCS versus TCS | Yes – in most cases they only report data from one arm of an RCT | Critically low |
| Devillers 2006 ⁽¹⁰⁾ | Non-Cochrane | English | Not stated | None known | Occlusive therapy versus non-occlusive therapy | Yes – occlusive therapy (no comparison) | Critically low |
| Dong 2017 ⁽¹¹⁾ | Non-Cochrane | Chinese | Not stated | Not clear | TCS versus TCI | No | Critically low |
| Eichenfield 2014 ⁽¹²⁾ | Non-Cochrane | English | No funding | Most authors served as consultants, speakers, members of the advisory | None | Yes (comparing different TCS potencies) | Critically low |

| | | | | | | | |
|-------------------------------------|-----------------|---------------------------------------|--|---|--|---|----------------|
| | | | | board and/or investigators for pharmaceutical companies. | | | |
| Feldman 2005 ⁽¹³⁾ | Non-Cochrane | English | Grant from Galderma Laboratories, LP, Fort Worth, Texas. | Not clear | TCS versus vehicle | No | Critically low |
| Fishbein 2019 ⁽¹⁴⁾ | Non-Cochrane | English | No funding | None known | TCS versus vehicle/moisturizer | No | Critically low |
| Frangos 2008 ⁽¹⁵⁾ | Non-Cochrane | English | Not stated | One author is an investigator for Steifel and was an investigator on two of the studies reviewed. | TCS versus vehicle | Yes (single arm studies) | Critically low |
| Froschl 2007 ⁽¹⁶⁾ | GMS HTA report | German (executive summary in English) | Not stated | Not stated | TCS versus placebo/vehicle TCS versus TCS TCS versus TCI | No | Critically low |
| Gonzalez-Lopez 2017 ⁽¹⁷⁾ | Non-Cochrane | English | No funding | None known | Occlusive therapy versus non-occlusive therapy | No | Critically low |
| Green 2004 ⁽¹⁸⁾ | HTA report | English | Funded by the HTA Programme on behalf of NICE | None known | Once daily versus twice daily TCS use | No | Low |
| Gu 2013 ⁽¹⁹⁾ | Cochrane | English | RMIT University Nottingham University, UK. NIHR | One author was a principal investigator on one included study (but this study was not relevant for this overview) | Chinese herbal medicine versus TCS | No | High |
| Gu 2014 ⁽²⁰⁾ | Non-Cochrane | English | Not stated | None known | Chinese herbal medicine versus TCS | No | Critically low |
| Hajar 2015 ⁽²¹⁾ | Non-Cochrane | English | No funding | None known | No RCTs found | Yes (case series or case reports on steroid withdrawal) | Critically low |
| Hoare 2000 ⁽²²⁾ | NIHR HTA report | English | HTA programme | One author received payment from Novartis for lectures on the epidemiology of atopic eczema in 1999. Another author has acted as occasional lecturer or consultant for pharmaceutical companies. | TCS versus TCS TCS versus vehicle | No | Low |
| Iskedjian 2004 ⁽²³⁾ | Non-Cochrane | English | Funded by Fujisawa Canada Inc. | Not clear | TCS versus TCI TCS versus placebo | No | Critically low |
| Juhász 2017 ⁽²⁴⁾ | Non-Cochrane | English | Not stated | One author had primary contact with the 2nd case and has a blog on the subject matter in this systematic review | No RCTs found | Yes (case reports on steroid withdrawal) | Critically low |

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|--|--------------------------|---------|---|---|---|-----------------------------|----------------|
| Labeledz 2019 ⁽²⁵⁾ | Non-Cochrane | English | Not stated | None known | TCS versus TCI | No | Critically low |
| Legendre 2015 ⁽²⁶⁾ | Non-Cochrane | English | No funding | One author is a consultant and investigator for two pharmaceutical companies. One author is a speaker and/or on the advisory board for five pharmaceutical companies. | Only searched for cohort or case control studies | Yes (comparing TCS and TCI) | Critically low |
| Li 2007 ⁽²⁷⁾ | Non-Cochrane | Chinese | Not stated | Not stated | TCS versus TCI | No | Critically low |
| Nankervis 2016 ⁽²⁸⁾ | NIHR HTA report | English | NIHR | One author reports grants and fees from a number of pharmaceutical companies. | TCS versus placebo/vehicle Proactive treatment versus vehicle TCS versus TCI TCS versus TCS Once a day versus twice a day use of TCS Occlusive therapy versus non-occlusive therapy TCS versus emollients | No | Low |
| Penzaloza Hidalgo 2004 ⁽²⁹⁾ | West Midlands HTA report | English | Not stated | None known | TCS versus TCI | No | Low |
| Schmitt 2011 ⁽³⁰⁾ | Non-Cochrane | English | No funding | One author has served as paid lecturer for a pharmaceutical company. | Proactive treatment versus vehicle | No | Critically low |
| Sidbury 2014 ⁽³¹⁾ | Non-Cochrane | English | Not stated | Some authors have served as investigators, consultants, speakers, and on advisory boards for pharmaceutical companies. | Proactive treatment versus vehicle | No | Critically low |
| Siegfried 2016 ⁽³²⁾ | Non-Cochrane | English | Financial support for writing by Valent Pharmaceutical North America LLC. They declared that "Valeant Pharmaceuticals had no role in the design of the literature searches, or analysis and presentation of results." | Authors have either participated in paid contract research, received travel expenses for presentations, consulting fees, speakers, on advisory boards, or on data safety monitoring boards with pharmaceutical companies. | TCS versus TCS TCS versus TCI TCS versus vehicle | No | Critically low |
| Singh 2012 ⁽³³⁾ | Non-Cochrane | English | Not stated | None known | TCS versus TCS TCI versus TCS TCS versus placebo/vehicle | Yes (single arm TCS study) | Critically low |

| | | | | | | | |
|--|--------------|---------|--|---|--|---------------------------------|----------------|
| Svensson 2011 ⁽³⁴⁾ | Non-Cochrane | English | Funded by Astellas Pharma Europe Ltd. | One author was a paid employee of Astellas Pharma Europe Ltd and one author undertook paid consultancy work for Astellas Pharma Europe Ltd. | TCI versus TCS | No | Critically low |
| Tang 2014 ⁽³⁵⁾ | Non-Cochrane | English | Not stated | One author has received lecture fees from Astellas. | Proactive treatment versus vehicle | No | Critically low |
| van Zuuren 2017 ⁽³⁶⁾ | Cochrane | English | Oak Foundation, Denmark NIHR | None known | TCS versus emollient | No | Moderate |
| Wood Heickman 2018 ⁽³⁷⁾ | Non-Cochrane | English | No grants, honoraria or royalties were received supporting the writing of the paper. | One author was a consultant with Perrigo, Inc. with regard to topical corticosteroid treatment. All authors have no financial or other potential conflicts of interest. | Two RCTs included but analysed as observational data | Yes – single arm cohort studies | Critically low |
| Yan 2008 ⁽³⁸⁾ | Non-Cochrane | English | Not stated | Not stated | TCI versus TCS | No | Critically low |

Key: TCI=topical calcineurin inhibitor; TCS=topical corticosteroids; RCT=Randomised Controlled Trial; NIHR= National Institute for Health Research

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10. Devillers A, Oranje A. Efficacy and safety of 'wet-wrap' dressings as an intervention treatment in children with severe and/or refractory atopic dermatitis: a critical review of the literature. *Br J Dermatol*. 2006;**154**(4):579-85.
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Appendix 6 – Characteristics and safety data from the included studies

How safe are topical corticosteroids compared to emollient or vehicle?

| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
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| Very potent topical corticosteroids | | | | | | |
| Breneman 2003 ⁽¹⁾ (unpublished) (Feldman 2005 ⁽²⁾ Nankervis ⁽³⁾) | RCT 2 weeks treatment, then followed up for additional 2 weeks <i>Cochrane risk of bias tool: randomisation described, allocation concealment unclear, intention-to-treat unclear.</i> | Intervention: Clobetasol propionate 0.05% lotion (twice a day) (n=96) Intervention: Clobetasol propionate 0.05% emollient cream (twice a day) (n=100) Comparator: Vehicle (n=33) | Severity: moderate to severe Age: ≥ 12 years Sample size: 229 participants | Local application site skin reactions No clinically significant telangiectasia or skin thinning | | Unspecified adverse events Incidence comparable between groups. Treatment-related adverse events Clobetasol lotion = 4/96 patients (4.2%); Clobetasol cream = 1/100 patients (1%) Vehicle = 6/33 patients (18.2%) (Difference between groups: $p=0.0006^a$) |
| Kimball 2008 ⁽⁴⁾ (trial a) (Frangos 2008 ⁽⁵⁾) | RCT Duration not specified in review <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Clobetasol propionate emulsion formulation foam 0.05% Comparator: Vehicle | Severity: not specified in the review Age: not specified in the review Sample size: not specified in the review | | | Incidence of adverse events or treatment related adverse events Clobetasol foam = 8% Vehicle foam = 10% (no significant differences between groups) |
| Rosso 2009 ⁽⁶⁾ (Barnes 2009 ⁽⁷⁾) | RCT 2 weeks treatment <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Fluocinonide 0.1% cream (n=109) Comparator: Vehicle (n=50) | Severity: not specified in the review Age: not specified in the review Sample size: 159 participants | Skin thinning Fluocinonide: 6/109 participants (5.6%) Vehicle: 2/50 participants (4.3%) (Difference between groups: $p=0.69^a$) | | |
| www.olux-e.com (online data) ⁽⁸⁾ (Frangos 2008 ⁽⁵⁾) | Single arm study (observational) 2 weeks treatment | Intervention: Clobetasol propionate emollient foam (twice daily) (n=37) Comparator: No comparator | Severity: ≥30% BSA Age: ≥12 years old Sample size: 37 participants | | HPA axis suppression 6/37 patients (16%) (not specified in the review how it was measured) | |

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| | <i>Risk of bias not assessed in any of the included systematic reviews.</i> | | | | | |
| Kimball 2008 ⁽⁴⁾ (trial b) (Frangos 2008 ⁽⁵⁾; Wood Heickman 2018 ⁽⁹⁾) | Open label Phase II safety study 2 weeks treatment <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Clobetasol propionate emollient foam 0.05% (twice daily) (n=52) Comparator: No comparator | Severity: mild to severe Age: children (from 6 years old) and adults Sample size: 52 participants | | HPA axis suppression 7/30 (23.3%) had adrenal insufficiency (ACTH stimulation testing, measuring serum cortisol levels). <ul style="list-style-type: none"> 47% of children (aged 6-11) 0% of adolescents (aged 12-17) 27% of adults (≥18 years) Was reported as transient and reversible. After TCS discontinuation, children with biochemical adrenal insufficiency had complete resolution at retesting. | |
| Herz 1991 ⁽¹⁰⁾ (Barnes 2015 ⁽⁷⁾) | Single arm study (observational) (2 weeks treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Clobetasol propionate (n=59) Comparator: No comparator | Severity: not specified in the review Age: not specified in the review Sample size: 59 participants | Skin thinning 1 case of skin thinning reported (not clear if in a psoriasis or eczema patient – but assume its eczema as this is the topic of the systematic review). | | |
| Potent topical corticosteroids | | | | | | |
| Sugarman 2009 ⁽¹¹⁾ (Van Zuuren 2017 ⁽¹²⁾) | RCT (4 weeks treatment) (Cochrane risk of bias tool: low risk of selection, attrition and other biases. Unclear risk of reporting and performance bias, High risk of detection bias. ⁽¹²⁾) (Cochrane risk of bias tool: unclear risk of selection bias, high risk from no blinding. ⁽³⁾) | Intervention: Fluticasone 0.05% cream twice daily (hydrocortisone 2.5% for the face and body folds) (n=62) Comparator: Ceramide-dominant barrier repair formulation (EpiCeram) twice daily (emollient) (n=59) | Severity: moderate to severe Age: children 6 months to 18 years (mean age 7.1 years) Sample size: 121 participants | | | Serious adverse events The participants did not report any in either group. No further details regarding other possible treatment related adverse events were reported. |

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| Griffiths 2002 ⁽¹³⁾ (Nankervis 2017 ⁽³⁾) | RCT (up to 14 days treatment) (Cochrane risk of bias tool: low risk of selection bias from sequence generation, unclear risk of selection bias from allocation concealment, low risk from blinding. ⁽³⁾) | Intervention: Hydrocortisone 17-butyrate cream (0.1%) maximum application of 2g (four fingertip units) per day (n=49) Comparator: Cipamfylline cream (1.5 mg of cipamfylline per gram of cream) used up to a maximum of 2 g (four fingertip units) of cream per day (emollient) (n=54) | Severity: not specified Age: adults ≥18 years old Sample size: 103 participants | No difference in cutaneous adverse events which were possibly or probably related to treatment in either group (p = 0.13) The adverse events were mostly application site reactions, including itching, stinging or burning, and drug reactions. | | Unspecified adverse events Hydrocortisone group: 20/49 (40.8%) participants reported 41 adverse events in total. Emollient: 29/52 (55.8%) participants reported 63 adverse events in total. (Difference between groups: p=0.14 ^a) |
| Eichenfield 2006 ⁽¹⁴⁾ (Nankervis 2017 ⁽³⁾) | RCT (4 weeks treatment) Risk of bias not assessed | Intervention: Fluticasone propionate four times daily (n=221) Comparator: Vehicle four times daily (n=217) | Severity: moderate to severe Age: children from 3 months old to 16 years old Sample size: 438 children | | | Withdrawal due to adverse events Topical corticosteroids: 4 participants in total from this study and from Hebert 2007 The number of participants reporting at least 1 adverse event Fluticasone: 77/221 (34.8%) participants Vehicle: 82/217 (37.8%) participants (Difference between groups: p=0.52 ^a) |
| Wu 2013 ⁽¹⁵⁾ (Nankervis 2017 ⁽³⁾ , Fishbein 2019 ⁽¹⁶⁾) | RCT (10 days treatment) (Cochrane risk of bias tool: low risk of selection bias from sequence generation. Unclear risk of selection bias from allocation concealment, unclear risk from blinding and other biases: Two out of 60 participants were excluded from the analyses as they used concomitant medication ⁽³⁾) | Intervention: Mometasone furoate 0.1% cream, twice a day (n=20) Comparator: placebo of distilled water in 1% dimethyl sulfoxide mixed with the identical cream base as used for the 15(R/S)-methyl-lipoxin A4 (n=20) Comparator: 15(R/S)-methyl-lipoxin A4 0.1% cream (n=20) | Severity: all severities Age: children from 1 month to 1 year old Sample size: 60 participants | | None of the safety tests (e.g. full blood count, kidney and liver function test, and electrocardiogram) showed any significant differences compared with baseline for all three treatment groups. | No clinical adverse events were reported. |
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| Pellanda 2005 (17) (Nankervis 2017⁽³⁾) | RCT (Duration not specified in the review) Risk of bias not assessed | Intervention: Triamcinolone acetonide Comparator: Vehicle | Severity: mild to moderate Age: not specified in the review Sample size: not specified in the review | Skin changes One report by a participant using placebo (no further details) | | |
| Lebwohl 1996 (18) (Hoare 2000⁽¹⁹⁾) | RCT (29 days treatment) (Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded, large number of withdrawals and dropouts, no ITT analysis ⁽¹⁹⁾) | Intervention: Fluticasone propionate ointment 0.005% Comparator: Vehicle | Severity: not specified in the review Age: not specified in the review Sample size: 203 participants | | | The review authors only reported that “Drug related adverse effects were rare” |
| Lebwohl 1999 (20) (Hoare 2000⁽¹⁹⁾) | RCT (29 days treatment) (Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded, large number of withdrawals and dropouts, no ITT analysis ⁽¹⁹⁾) | Intervention: Fluticasone propionate ointment 0.005% Comparator: Vehicle | Severity: not specified in the review Age: not specified in the review Sample size: 169 participants | | | The review authors only reported that “Drug related adverse effects were rare” |
| Abramovitis 2010 ⁽²¹⁾ (Wood Heickman 2018⁽⁹⁾, Fishbein 2019⁽¹⁶⁾) | RCT (21 to 29 days treatment) Risk of bias not assessed in any of the included systematic reviews. | Intervention: Hydrocortisone butyrate 0.1% cream, twice daily (n=131) Comparator: Lipocream vehicle, twice daily (n=133) | Severity: Mild to moderate Age: children 3 months to 18 years (mean 7.2 years) Sample size: 264 children | | HPA axis suppression (no data for vehicle group) 5/63 (7.9%) children in the hydrocortisone group (measured using ACTH stimulation testing, measuring serum cortisol levels) After TCS discontinuation, children with biochemical adrenal insufficiency had complete resolution at retesting. | The number of participants reporting at least 1 adverse event Hydrocortisone: 29/131 (22.1%) participants Vehicle: 28/133 (21.1%) participants (Difference between groups: $p=0.83^a$) |
| Matheson 2008 (22) | RCT (28 days treatment) | Intervention: Hydrocortisone butyrate 0.1% lotion, twice daily (n=139) | Severity: Mild to moderate | | | The number of participants reporting at least 1 adverse event Hydrocortisone: 48/139 (34.5%) |

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| (Fishbein 2019⁽¹⁶⁾) | <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Comparator: Vehicle, twice daily (n=145) | Age: children 3 months to 18 years Sample size: 284 children | | | participants Vehicle: 56/145 (38.6%) participants (Difference between groups: $p=0.48^o$) |
| Friedlander 2002 ⁽²³⁾ (Callen 2007⁽²⁴⁾; Wood Heckman 2018⁽⁹⁾) | Single arm study (observational) (3 to 4 weeks) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Fluticasone propionate cream 0.05% (n=43) Comparator: No comparator | Severity: not specified in the review Age: children 3 months to 6 years Sample size: 43 participants | | HPA axis suppression 2/43 (4.7%) children (measured using ACTH stimulation testing, measuring serum cortisol levels) After TCS discontinuation, children with biochemical adrenal insufficiency had complete resolution at retesting. | |
| Eichenfield 2007 ⁽²⁵⁾ (Wood Heckman 2018⁽⁹⁾) | Single arm study (observational) (4 weeks treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Hydrocortisone butyrate 0.1% (n=20) Comparator: No comparator | Severity: not specified in the review Age: children (median or mean = 9 years) Sample size: 20 children | | HPA axis suppression 0/20 (0%) children (measured using ACTH stimulation testing, measuring serum cortisol levels) | |
| Hebert 2006 ⁽²⁶⁾ (Wood Heckman 2018⁽⁹⁾) | Single arm study (observational) (3 to 4 weeks treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Fluticasone propionate 0.05% lotion (n=42) Comparator: No comparator | Severity: not specified in the review Age: children (median or mean 2.6 years) Sample size: 42 children | | HPA axis suppression 0/42 (0%) children (measured using ACTH stimulation testing, measuring serum cortisol levels) | |
| Moderate potency topical corticosteroids | | | | | | |
| De Belilovsky 2011 ⁽²⁷⁾ (Van Zuuren 2017⁽¹²⁾) | RCT (3 weeks treatment) (Cochrane risk of bias tool: low risk of selection, attrition, reporting and other biases. Unclear risk of performance bias. | Intervention: Hydrocortisone butyric propionate 0.1% twice daily (n=40) Comparator: Stelatopia (2% sunflower oil, fatty acids, ceramides) twice daily (n=40) | Severity: mild to moderate Age: children 4 months to 4 years (mean age 2.3 years) Sample size: 80 participants | | | No participants reported adverse events |

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| | High risk of detection bias. ⁽¹²⁾ (Cochrane risk of bias tool: unclear risk of selection bias and risk from blinding. ⁽³⁾) | | | | | |
| Rosenthal 1980 ⁽²⁸⁾ (Singh 2012 ⁽²⁹⁾) | RCT (14 days treatment) (Delphi list: method of randomisation not described, allocation not concealed, blinded, no ITT analysis ⁽²⁹⁾) | Intervention: Clotocortolone pivalate 0.1% cream (applied thrice daily) Comparator: Vehicle (applied thrice daily) | Severity: not specified in the review Age: not specified in the review Sample size: 100 participants | | | No adverse events |
| Binder 1977 ⁽³⁰⁾ (Singh 2012 ⁽²⁹⁾) | RCT (14 days treatment) (Delphi list: method of randomisation not described, allocation not concealed, blinded, no ITT analysis ⁽²⁹⁾) | Intervention: Clotocortolone pivalate (applied thrice daily) (n=17) Comparator: Vehicle (n=12) | Severity: not specified in the review Age: mean age 30 years Sample size: 29 participants | Irritation and dryness Clinically significant in one patient in each group – did not result in discontinuation. | | |
| Rauschkol 1981 ⁽³¹⁾ (Fishbein 2019 ⁽¹⁶⁾) | Within-participant RCT (14 days treatment) Risk of bias not assessed in any of the included systematic reviews. | Intervention: Halcinonide 0.025% cream, twice daily, on one arm Comparator: Placebo cream unspecified, twice daily on the other arm at the same time | Severity: not reported Age: children 7 months to 15 years (mean age 8 years) Sample size: 86 children | | | The number of participants reporting at least 1 adverse event Halcinonide: 4/86 (4.7%) participants Placebo: 5/86 (5.8%) participants |
| Nolting 1991 ⁽³²⁾ (De Tiedra 1997 ⁽³³⁾) | RCT (but safety data only presented for one arm) (21 days treatment) Risk of bias not assessed in any of the included systematic reviews. | Intervention: Prednicarbate cream 0.25% (2 applications per day) (n=34) Comparator: mometasone cream 0.1% twice daily (no safety data given) | Severity: Disease duration = mean 4.1 years \pm 2.7 Age: children 2-12 years (mean 6.6 \pm 3.6). Sample size: 34 participants (with safety data) | | | Adverse reactions 2/34 patients (5.9%) |
| Rampini 1992 ⁽³⁴⁾ | RCT (but safety data only presented for one arm) | Intervention: Prednicarbate cream/unguent 0.25% (2 applications per day) (n=93) | Severity: not specified in the review | | | Adverse reactions 3/93 patients (3.2%) |

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| (De Tiedra 1997⁽³³⁾) | (21 days treatment) <i>(Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded, two dropouts, no ITT analysis, (19))</i> | Comparator: methylprednisolone aceponate 0.1% once daily (no safety data given) | Age: children 0.3 to 14 years (mean 6.6). Sample size: 93 participants (with safety data) | | | |
| Camacho 1996 ⁽³⁵⁾ (De Tiedra 1997⁽³³⁾) | RCT (but safety data only presented for one arm) (21 days treatment) <i>(Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded, no ITT analysis, 14/49 dropouts, (19))</i> | Intervention: Prednicarbate cream 0.25% (2 applications per day) (n=49) Comparator: fluocortolone pivalate cream 0.2% (no safety data given) | Severity: Disease duration= mean 6.2 years \pm 8.2 (range 0.25 to 39 years). Age: adults 19 to 65 years (mean 34.1 \pm 12). Sample size: 49 participants (with safety data) | | | Adverse reactions 4/49 patients (8.1%) |
| Gimenez Camarasa 1994 ⁽³⁶⁾ (De Tiedra 1997⁽³³⁾) | RCT (but safety data only presented for one arm) (21 days treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Prednicarbate cream 0.25% (2 applications per day) (n=41) Comparator: fluocinolone cream 0.025% twice daily (no safety data given) | Severity: Disease duration = mean 6.4 years \pm 8.6 (range 0-40). Age: adults 18 to 77 years (mean 37.6 \pm 15.9). Sample size: 41 participants (with safety data) | | | Adverse reactions 0/41 patients (0%) |
| Moshang 2001 ⁽³⁷⁾ (Callen 2007⁽²⁴⁾; Wood Heckman 2018⁽⁹⁾) | Single arm study (observational) (3 weeks treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Prednicarbate emollient cream 0.1%, twice daily (n=55) Comparator: No comparator | Severity: not specified in the review Age: children 4 months to 12 years Sample size: 55 participants | | HPA axis suppression All normal (measured using ACTH stimulation testing, measuring serum cortisol levels) | |
| Conde 2008 ⁽³⁸⁾ (Singh 2012⁽²⁹⁾) | Single arm study (observational) (4 weeks treatment) | Intervention: Clocortolone pivalate cream 0.1% twice daily (n=10) Comparator: No comparator | Severity: mild to moderate Age: children, mean age 7.9 years | | | No adverse events reported |

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| | <i>Risk of bias not assessed in any of the included systematic reviews.</i> | | Sample size: 10 participants | | | |
| Crespi 1986 ⁽³⁹⁾ (Callen 2007 ⁽²⁴⁾) | Single arm study (observational) (4 weeks treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Alclometasone cream, twice daily (n=39) Comparator: No comparator | Severity: not specified in the review Age: children Sample size: 39 participants | | HPA axis suppression All normal (measured via morning cortisol) | |
| Mild potency topical corticosteroids | | | | | | |
| Udompataikul 2011 ⁽⁴⁰⁾ (Van Zuuren 2017 ⁽¹²⁾) | Within-participant RCT (6 weeks treatment) (Cochrane risk of bias tool: unclear risk of selection, performance and attrition bias. Low risk of reporting and other biases. High risk of detection bias. ⁽¹²⁾) (Cochrane risk of bias tool: unclear risk of selection bias from sequence generation and risk from blinding. Low risk of selection bias from allocation concealment, ⁽³⁾) | Intervention: Hydrocortisone acetate 1% cream twice daily, was applied one side of the body for 4 weeks followed by the cream base for 2 weeks. Comparator: Licochalcone (containing <i>Glycyrrhiza inflata</i> root extract, decanediol, menthoxypropanediol and 6-fatty acids) applied twice daily on one side of the body for 6 weeks | Severity: mild to moderate Age: children 2 months to 10 years (mean age 5.8 years) Sample size: 30 participants | | | No adverse events on either side during the study. |
| Hebert 2007 ⁽⁴¹⁾ (Nankervis 2017 ⁽³⁾, Fishbein 2019 ⁽¹⁶⁾) | RCT (28 days) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Desonide 0.05% gel twice daily (n=425) Comparator: Hydrogel vehicle twice daily (n=157) | Severity: mild to moderate Age: children 3 months to 18 years Sample size: 582 children | | | Serious adverse events One event reported in TCS group but not thought to be related to treatment Withdrawal due to adverse events TCS group: 4 in total from this study and from Eichenfield 2006 The number of participants reporting at least 1 adverse event Desonide: 85/425 (20 %) participants Vehicle: 46/157 (29.3%) |

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| | | | | | | participants (Difference between groups: $p=0.02$) |
| Udompataikul 2012 ⁽⁴²⁾ (Fishbein 2019 ⁽¹⁶⁾) | Within-participant RCT (4 weeks treatment) Risk of bias not assessed in any of the included systematic reviews. | Intervention: Hydrocortisone 1% ointment twice daily, applied to one arm. Comparator: 5% dexapanthenol ointment twice daily, applied to the other arm at the same time. | Severity: mild to moderate Age: children 2 years to 15 years (mean age 7.2 years) Sample size: 30 participants | | | No adverse events on either side during the study. |
| Wananukul 2013 ⁽⁴³⁾ (Van Zuuren 2017 ⁽¹²⁾) | Within-participant RCT (4 weeks treatment) (Cochrane risk of bias tool: low risk of selection bias from sequence generation, performance, detection, attrition, reporting and other biases. Unclear risk of selection bias from allocation concealment. ⁽¹²⁾) | Intervention: Hydrocortisone acetate 1% cream twice daily on one side of the body Comparator: Licochalcone (containing <i>Glycyrrhiza inflata</i> root extract, decanediol, menthoxypropanediol and 6-fatty acids) twice daily on one side of the body | Severity: mild to moderate Age: children, mean age 3.1 years Sample size: 55 participants | | | No adverse events on either side during the study |
| Jirabundansuk 2014 ⁽⁴⁴⁾ (Van Zuuren 2017 ⁽¹²⁾) | Within-participant RCT (4 weeks treatment) (Cochrane risk of bias tool: Unclear risk of selection and performance bias. High risk of detection bias. Low risk of attrition, reporting and other biases. ⁽¹²⁾) | Intervention: Hydrocortisone acetate 1% cream twice daily on one side of the body Comparator: Moisturiser containing spent grain, Vitellaria paradoxa (formerly Butyrospermum parkii) extract plus Argania spinosa kernel oil twice daily on one side of the body | Severity: Mild or moderate Age: children 2-15 years (mean age 4.3 years) Sample size: 31 participants | | | The investigators stated that “no specific adverse events were reported”. |
| Dolle 2010 ⁽⁴⁵⁾ (Nankervis 2017 ⁽³⁾) | Within-participant RCT (3 weeks treatment) (Cochrane risk of bias tool: unclear risk of selection bias and risk from blinding. ⁽³⁾) | Intervention: 1% hydrocortisone solution once daily for 1 st week then twice daily up to 3 weeks Comparator: 6% miltefosine solution once daily for 1 st week then twice daily up to 3 weeks | Severity: moderate to severe Age: adults (≥18 years old) Sample size: 16 participants | <u>Local topical adverse events related to the treatment</u> Hydrocortisone: 7/16 participants (44%) Emollient: 10/16 participants (63%) These adverse events included pruritus, burning, tingling and dry | No systemic adverse events | No withdrawals because of adverse events |

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| | | | | skin. Dry skin was seen only with emollient treatment. | | |
| Patzelt-Wenczler 2000 ⁽⁴⁶⁾ (<i>Nankervis 2017</i> ⁽³¹⁾) | Within-participant RCT (2 weeks treatment) (Cochrane risk of bias tool: unclear risk of selection bias and high risk from no blinding. ⁽³¹⁾) | Intervention: Hydrocortisone 0.5% twice daily Comparator: Kamillosan® cream, containing 2% ethanolic extract of chamomile flowers, twice daily (emollient) Comparator: Vehicle cream applied twice daily | Severity: at least moderate Age: not specified in the review Sample size: 72 participants | | | Three participants in the emollient group withdrew early because of intolerance. |
| Paller 2003 ⁽⁴⁷⁾ (<i>Nankervis 2017</i> ⁽³¹⁾) | RCT (2 weeks treatment) Risk of bias not assessed in any of the included systematic reviews. | Intervention: Fluocinolone acetonide 0.01% twice daily (n=45) Comparator: Vehicle twice daily (n=49) | Severity: not specified in the review Age: children from 2 to 12 years old Sample size: 94 participants | Mild hypopigmentation Two participants out of 45 reported this event with fluocinolone (4.4%) | | |
| Patel 1995 ⁽⁴⁸⁾ (<i>Callen 2007</i> ⁽²⁴⁾) | Single arm study (observational) (3-10 years follow up) Risk of bias not assessed in any of the included systematic reviews. | Intervention: 1% Hydrocortisone ointment (n=14; 9/14 intermittently used moderate to high potency) Comparator: No comparator | Severity: not specified in the review Age: children 3.1 to 10.7 years Sample size: 14 participants | | HPA axis suppression Plasma cortisol levels - no change in basal/peak levels but peaked earlier | |
| Dohil 2009 ⁽⁴⁹⁾ (Wood Heickman 2018 ⁽⁹¹⁾) | Single arm study (observational) (4 weeks duration) Risk of bias not assessed in any of the included systematic reviews. | Intervention: fluocinolone acetonide 0.01% Comparator: No comparator | Severity: not specified in the review Age: children (median or mean age 1.1 years) Sample size: 24 participants | | HPA axis suppression No cases of adrenal insufficiency (measured using ACTH stimulation testing, measuring serum cortisol levels) | |
| Eichenfield 2007 ⁽⁵⁰⁾ (Wood Heickman 2018 ⁽⁹¹⁾) | Single arm study (observational) (4 weeks duration) Risk of bias not assessed in any of the included systematic reviews. | Intervention: Desonide hydrogel 0.05% Comparator: No comparator | Severity: not specified in the review Age: children (median or mean age 3.3 years) | | HPA axis suppression No cases of adrenal insufficiency (measured using ACTH stimulation testing, measuring serum cortisol levels) | |

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| | | | Sample size: 34 participants | | | |
| Hebert 2008 ⁽⁵¹⁾ (Wood Heickman 2018 ⁽⁹⁾) | Single arm study (observational) (4 weeks duration) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Desonide 0.05% foam Comparator: No comparator | Severity: not specified in the review Age: children (median or mean age 6.7 years) Sample size: 75 participants | | HPA axis suppression Three out of 75 participants had adrenal insufficiency (measured using ACTH stimulation testing, measuring serum cortisol levels) | |
| How safe are topical corticosteroids compared to topical calcineurin inhibitors? | | | | | | |
| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Potent topical corticosteroids | | | | | | |
| Bieber 2007 ⁽⁵²⁾ (Broeders 2016 ⁽⁵³⁾) | RCT (up to 3 weeks treatment) (Jadad score 4/5 – risk from sequence generation and allocation concealment ⁽⁵³⁾) (Cochrane risk of bias tool: unclear risk of selection bias and from blinding. ⁽³⁾) (Cochrane risk of bias tool: unclear risk of selection bias. Low risk of performance, detection, attrition, reporting and other biases. ⁽⁵⁴⁾) | Intervention: Methyl-prednisolone 0.1% (n=129) once daily in the evening to all affected body surface areas for a minimum of 2 weeks and a maximum of 3 weeks and cleared areas treated for an additional 7 days post clearance. Also applied a vehicle ointment in the morning to maintain blinding. Comparator: Tacrolimus 0.03% (n=136), applied twice daily, morning and evening, to all affected body surface areas for a minimum of 2 weeks and a maximum of 3 weeks and cleared areas treated for an additional 7 days post clearance. | Severity: severe to very severe Age: children 2 to 15 years old Sample size: 265 participants | Adverse events related to treatment Methyl-prednisolone: 0/129 participants (0%) Tacrolimus: 6/136 participants (4.4%) (Difference between groups: $p=0.09^{a, b}$) | | Severe adverse events Methyl-prednisolone: 0/129 participants (0%) Tacrolimus: 6/136 participants (4.4%) (Difference between groups: $p=0.09^{a, c}$) Adverse events requiring discontinuation Methyl-prednisolone: 0/129 (0%) Tacrolimus: 4/136 (3%) (Difference between groups: $p=0.15^a$) |
| Doss 2010 ⁽⁵⁵⁾ (Broeders 2016 ⁽⁵³⁾) | RCT (3 weeks treatment twice daily, plus 3 weeks follow up with once daily treatment) | Intervention: Fluticasone 0.005% ointment applied twice daily to all affected areas except eyelids until clearance, up to 3 weeks. All participants who responded to treatment could apply treatment once a day to | Severity: moderate to severe Age: children 2 to 15 years old | Adverse events related to treatment Fluticasone: 45/239 participants (19%) Tacrolimus: 55/239 participants (23%) | | Severe adverse events Fluticasone: 2/239 participants (0.8%) Tacrolimus: 1/239 participants (0.4%) (Difference between groups: $p=0.57^a$) |

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| | <p>(Jadad score 5/5 – risk from allocation concealment ⁽⁵³⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias and from blinding. ⁽³⁾)</p> <p>(Cochrane risk of bias tool: Low risk of selection, performance, detection, attrition, reporting and other biases. ⁽⁵⁴⁾)</p> <p>Cochrane risk of bias tool: low risk of selection, performance, attrition, reporting and other biases. Unclear risk of performance bias ⁽⁵⁶⁾).</p> | <p>the remaining lesions for another 3 weeks (n=239)</p> <p>Comparator: Tacrolimus 0.03% ointment applied twice daily to all affected areas except eyelids until clearance, up to 3 weeks. All participants who responded to treatment could apply treatment once a day to the remaining lesions for another 3 weeks (n=239)</p> | <p>Sample size: 478 participants</p> | <p>(Difference between groups: $p=0.26^o$)</p> <p>Skin burning Fluticasone: 6/239 (2.5%) Tacrolimus: 18/237 (7.6%) (Difference between groups: $p=0.02^o$)</p> <p>Pruritus Fluticasone: 8/239 participants (3.3%) Tacrolimus: 10/237 participants (4.2%) (Difference between groups: $p=0.62^o$)</p> <p>Skin infection Fluticasone: 49/239 participants (21%) Tacrolimus: 44/239 participants (18%) (Difference between groups: $p=0.56^o$)</p> | <p>Adverse events requiring discontinuation Fluticasone: 6/239 participants (2.5%) Tacrolimus: 4/239 participants (1.7%) (Difference between groups: $p=0.53^o$)</p> |
| <p>Doss 2009 ⁽⁵⁷⁾</p> <p>(Broeders 2016 ⁽⁵³⁾)</p> | <p>RCT</p> <p>(3 weeks of treatment – then for a further 3 weeks either stop treatment, once daily treatment or switch to other treatment twice daily)</p> <p>(Jadad score 5/5 – risk from allocation concealment ⁽⁵³⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias and low risk from blinding. ⁽³⁾)</p> | <p>Intervention: Fluticasone 0.005% ointment twice daily on facial eczema lesions for 3 weeks or until clearance (n=279)</p> <p>Comparator: Tacrolimus 0.1% twice daily on facial eczema lesions for 3 weeks or until clearance (n=287)</p> <p>For 21 days after the initial 3 weeks, the participants could stop treatments if the facial lesions had cleared; stay on the same treatment once a day; or swap treatment using it twice daily (still blinded)</p> | <p>Severity: moderate to severe</p> <p>Age: adults</p> <p>Sample size: 566 participants</p> | <p>Adverse events related to treatment Fluticasone: 42/279 participants (15%) Tacrolimus: 75/287 participants (26%) (Difference between groups: $p=0.001^o$)</p> <p>Skin burning Fluticasone: 9/279 participants (3.2%) Tacrolimus: 47/287 participants (16.4%) (Difference between groups: $p<0.00001^o$)</p> <p>Pruritus Fluticasone: 9/279 participants (3.2%) Tacrolimus: 12/287 participants (4.2%) (Difference between groups: $p=0.55^o$)</p> | <p>Severe adverse events Fluticasone: 0/279 participants (0%) Tacrolimus: 1/287 participants (0.3%) (Difference between groups: $p=0.51^o$).</p> <p>Adverse events requiring discontinuation Fluticasone: 8/279 participants (2.9%) Tacrolimus: 7/287 participants (2.4%) (Difference between groups: $p=0.75^o$)</p> |

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| <p>Luger 2001 ⁽⁵⁸⁾</p> <p>(Broeders 2016 ⁽⁵³⁾)</p> | <p>RCT</p> <p>(up to 3 weeks treatment)</p> <p>(Jadad score 3/5 – risk from sequence generation and allocation concealment ⁽⁵³⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias and unclear risk from blinding. ⁽³⁾)</p> <p>(Jadad scale: 3/5 ⁽⁵⁹⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias, adequate blinding, inadequate loss to follow up. ⁽⁶⁰⁾)</p> | <p>Intervention: Betamethasone valerate 0.1% applied twice daily on all affected areas except for the head and neck for up to 3 weeks or until complete clearance if this was sooner (n=42)</p> <p>Comparator: Pimecrolimus 1% applied twice daily on all affected areas except for the head and neck for up to 3 weeks or until complete clearance if this was sooner (n=45)</p> | <p>Severity: moderate</p> <p>Age: adults ≥ 18 years old</p> <p>Sample size: 87 participants</p> | <p>Pruritus Betamethasone: 5/42 participants (12%) Pimecrolimus: 14/45 participants (31%) <i>(Difference between groups: p=0.04 °)</i></p> <p>Skin burning Betamethasone: 4/42 participants (9.5%) Pimecrolimus: 22/45 participants (49%) <i>(Difference between groups: p=0.001 °)</i></p> | | <p><u>Adverse events requiring discontinuation</u> Betamethasone: 1/42 participants (2.4%) Pimecrolimus: 3/45 participants (6.7%) <i>(Difference between groups: p=0.36 °)</i></p> |
| <p>Luger 2004 ⁽⁶¹⁾</p> <p>(Broeders 2016 ⁽⁵³⁾)</p> | <p>RCT</p> <p>(52 weeks. Twice daily until clearance, restarted with flares)</p> <p>(Jadad score 3/5 – risk from sequence generation and allocation concealment ⁽⁵³⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias, low risk from blinding. ⁽³⁾)</p> <p>(Jadad scale: 3/5 ⁽⁵⁹⁾)</p> <p>(Cochrane risk of bias tool: adequate allocation generation, unclear allocation concealment, adequate blinding, inadequate loss to follow up. ⁽⁶⁰⁾)</p> | <p>Intervention: Triamcinolone 0.1% (potent) and Hydrocortisone acetate 1% (face) (Mild potency) twice daily until complete clearance and itching had stopped, then treatment restarted if inflammation recurred (n=330)</p> <p>Comparator: Pimecrolimus 1% twice daily until complete clearance and itching had stopped, then treatment restarted if inflammation recurred (n=328)</p> | <p>Severity: moderate to severe</p> <p>Age: adults (age 18 to 79 years)</p> <p>Sample size: 658 participants</p> | <p>Skin burning Triamcinolone + hydrocortisone: 36/330 participants (11%) Pimecrolimus: 85/328 participants (26%) <i>(Difference between groups: p<0.00001 °)</i></p> <p>Pruritus Triamcinolone + hydrocortisone: 6/330 participants (1.8%) Pimecrolimus: 18/328 participants (5.5%) <i>(Difference between groups: p=0.02 °)</i></p> <p>Skin thinning Triamcinolone + hydrocortisone: 3/330 participants (0.9%) Pimecrolimus: 0/328 participants (0%) <i>(Difference between groups: p=20 °)</i></p> <p>Skin infection Triamcinolone + hydrocortisone: 80/330 participants (24%)</p> | | <p><u>Severe adverse events</u> Triamcinolone + hydrocortisone: 21/330 participants (6.4%) Pimecrolimus: 16/328 participants (4.9%) <i>(Difference between groups: p=0.41 °)</i></p> |

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| | | | | Pimecrolimus: 69/328 participants (21%) (Difference between groups: $p=0.33^a$) | | |
| Mandelin 2010 ⁽⁶²⁾ (Broeders 2016 ⁽⁵³⁾) | RCT (52 weeks, as prescribed until 7 days after clearance, then restarted with flares) (Jadad score 3/5 – risk from sequence generation and allocation concealment, ⁽⁵³⁾) (Cochrane risk of bias tool: unclear risk of selection bias, risk from no blinding. ⁽³⁾) | Intervention: Hydrocortisone butyrate 0.1% ointment (potent) and Hydrocortisone acetate 1% ointment (face) (Mild potency) twice daily, as prescribed, for a flare until 7 days after clearance, as many times as required in 1 year (n=40) Comparator: Tacrolimus 0.1% ointment twice daily, as prescribed, for a flare until 7 days after clearance, as many times as required in 1 year (n=40) | Severity: moderate to severe Age: adults Sample size: 80 participants | Skin thinning Hydrocortisone: 2/40 participants (5%) Tacrolimus: 0/40 participants (0%) (Difference between groups: $p=0.29^a$) Skin infection Hydrocortisone: 17/40 participants (43%) Tacrolimus: 26/40 participants (65%) (Difference between groups: $p=0.05^a$) | | Severe adverse events None in either group |

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| <p>Reitamo 2002 (I) (63)</p> <p>(Broeders 2016⁽⁵³⁾; Iskedjian 2004⁽⁶⁴⁾)</p> | <p>RCT</p> <p>(3 weeks treatment)</p> <p>(Jadad score 4/5 – risk from allocation concealment⁽⁵³⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias, unclear risk from blinding.⁽³⁾)</p> <p>(Jadad scale: 5/5,⁽⁵⁹⁾)</p> <p>(Cochrane risk of bias tool: Low risk of selection, performance, detection, attrition, reporting and other biases.⁽⁵⁴⁾)</p> <p>(Cochrane risk of bias tool: adequate randomisation and allocation concealment, blinding and ITT analysis done.⁽⁶⁵⁾)</p> | <p>Intervention: Hydrocortisone butyrate 0.1% twice daily for 3 weeks (n=186)</p> <p>Comparator: Tacrolimus 0.1% twice daily for 3 weeks (n=191)</p> <p>Comparator: Tacrolimus 0.03% twice daily for 3 weeks (arm not included in Broeders 2016 review) (n=193)</p> | <p>Severity: moderate to severe</p> <p>Age: adults (age 16 to 70 years)</p> <p>Sample size: 571 participants</p> | <p><u>Skin burning</u></p> <p>Hydrocortisone: 24/186 participants (13%)</p> <p>Tacrolimus 0.1%: 113/191 participants (59%)</p> <p>(Difference between groups: $p<0.00001^a$)</p> <p><u>Pruritus</u></p> <p>Hydrocortisone: 18/186 participants (9.7%)</p> <p>Tacrolimus 0.1%: 29/191 participants (15%)</p> <p>(Difference between groups: $p=0.11^a$)</p> <p><u>Erythema at application site</u></p> <p>Hydrocortisone: 1/186 participants (0.5%)</p> <p>Tacrolimus 0.1%: 7/191 participants (3.7%)</p> <p>Tacrolimus 0.03%: 4/193 participants (2.1%)</p> <p>(Difference between groups: tacrolimus 0.1% versus hydrocortisone: $p=0.07^a$)</p> <p>(Difference between groups: tacrolimus 0.03% versus hydrocortisone: $p=0.23^a$)</p> | <p><u>Severe adverse events</u></p> <p>Hydrocortisone: 0/186 participants (0%)</p> <p>Tacrolimus 0.1%: 1/191 participants (0.5%)</p> <p>(Difference between groups: $p=0.51^a$)</p> <p><u>Adverse events requiring discontinuation</u></p> <p>Hydrocortisone: 3/186 participants (1.6%)</p> <p>Tacrolimus 0.1%: 8/191 participants (4.2%)</p> <p>(Difference between groups: $p=0.15^a$)</p> |
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| <p>Reitamo 2005⁽⁶⁶⁾</p> <p>(Broeders 2016⁽⁵³⁾)</p> | <p>RCT</p> <p>(26 weeks) twice daily treatment until 7 days after clearance, then whenever a flare occurs)</p> <p>(Jadad score 5/5; ⁽⁵³⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias,, low risk from blinding. ⁽³⁾)</p> <p>(Jadad scale: 5/5, ⁽⁵⁹⁾)</p> <p>(Cochrane risk of bias tool: High risk of attrition bias. Low risk of selection, performance, detection, reporting and other biases. ⁽⁵⁴⁾)</p> <p>(Cochrane risk of bias tool: unclear risk of selection bias, unclear if blinded, and unclear if ITT analysis used. ⁽⁶⁵⁾)</p> | <p>Intervention: Hydrocortisone butyrate 0.1%(potent) and Hydrocortisone acetate 1% (face) (Mild potency) twice daily until 7 days after clearance of eczema each time a flare of eczema occurred for 6 months (n=485)</p> <p>Comparator: Tacrolimus 0.1% twice daily until 7 days after clearance of eczema each time a flare of eczema occurred for 6 months (n=487)</p> | <p>Severity: moderate to severe</p> <p>Age: adults (≥18 years old)</p> <p>Sample size: 972 participants</p> | <p><u>Adverse events related to treatment</u></p> <p>Hydrocortisone: 11/485 participants (2.3%)</p> <p>Tacrolimus: 7/487 participants (1.4%)</p> <p>(Difference between groups: $p=0.34^o$)</p> <p><u>Skin burning</u></p> <p>Hydrocortisone: 67/485 participants (14%)</p> <p>Tacrolimus: 255/487 participants (52%)</p> <p>(Difference between groups: $p<0.00001^o$)</p> <p><u>Pruritus</u></p> <p>Hydrocortisone: 65/485 participants (13%)</p> <p>Tacrolimus: 88/487 participants (18%)</p> <p>(Difference between groups: $p=0.05^o$)</p> <p><u>Adverse events requiring discontinuation</u></p> <p>Hydrocortisone: 16/485 participants (3.3%)</p> <p>Tacrolimus: 10/487 participants (2%)</p> <p>(Difference between groups: $p=0.23^o$)</p> <p><u>Skin thinning</u></p> <p>Hydrocortisone: 2/485 participants (0.4%)</p> <p>Tacrolimus: 0/487 participants (0%)</p> <p>(Difference between groups: $p=0.30^o$)</p> <p><u>Skin infection</u></p> <p>Hydrocortisone: 9/485 participants (1.9%)</p> <p>Tacrolimus: 13/487 participants (2.7%)</p> <p>(Difference between groups: $p=0.40^o$)</p> | <p><u>Severe adverse events</u></p> <p>Hydrocortisone: 9/485 participants (1.9%)</p> <p>Tacrolimus: 5/487 participants (1%)</p> <p>(Difference between groups: $p=0.29^o$)</p> <p><u>Adverse events requiring discontinuation</u></p> <p>Hydrocortisone: 16/485 participants (3.3%)</p> <p>Tacrolimus: 10/487 participants (2.1%)</p> <p>(Difference between groups: $p=0.23^o$)</p> |
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| Gradman 2007 (67) (Svensson 201 (68) 1) | Crossover RCT (2 weeks treatment) (Cochrane risk of bias tool: low risk of selection bias from sequence generation, but unclear for allocation concealment. Low risk from blinding. (3)) | Intervention: Mometasone furoate 0.1% once daily Comparator: Tacrolimus 0.1% twice daily | Severity: mild to moderate Age: children 5 to 12 years Sample size: 20 participants | | | Withdrawal from study Mometasone: 1 patient Tacrolimus: 1 patient |
| Kawashima 1997 (69) (Ashcroft 2005 (59)) | RCT (3 weeks treatment) (Jadad scale: 5/5, (59)) | Intervention: Betamethasone valerate 0.12% twice daily for three weeks (n=89) Comparator: tacrolimus 0.1% twice daily for three weeks (n=92) | Severity: mild to moderate Age: adults Sample size: 181 participants | Skin infections Betamethasone: 5/89 participants Tacrolimus: 6/92 participants (Difference between groups: $p=0.80^a$) Skin burning Betamethasone: 3/89 participants Tacrolimus: 25/92 participants (Difference between groups: $p=0.0004^a$) | | |
| Potent or mild potency topical corticosteroids | | | | | | |
| Hofman 2006 (70) (Broeders 2016 (53); Siegfried 2016 (71)) | RCT (2 weeks treatment, 28 weeks follow up) (Jadad score 5/5 – risk from sequence generation and allocation concealment (53)) | Intervention: Hydrocortisone ointment 1% (mild potency) twice daily for head/neck and hydrocortisone butyrate ointment 0.1% (potent) for trunk and limbs for 2 weeks then hydrocortisone 1% (mild potency) twice daily for flares. (n=124) Comparator: Tacrolimus 0.03% twice daily for 3 weeks then tacrolimus once daily and vehicle once daily for flares (n=133) | Severity: moderate to severe Age: children 2 to 11 years old (mean 6 years old) Sample size: 257 participants | Adverse events related to treatment Hydrocortisone: 2/124 participants (1.6%) Tacrolimus: 10/133 participants (7.5%) (Difference between groups: $p=0.04^a$) Skin burning Hydrocortisone: 0/124 participants (0%) Tacrolimus: 2/133 participants (1.5%) (Difference between groups: $p=0.32^a$) Pruritus Hydrocortisone: 4/124 participants (3%) Tacrolimus: 8/133 participants (6%) | | Severe adverse events Hydrocortisone: 0/124 participants (0%) Tacrolimus: 2/133 participants (1.5%) (Difference between groups: $p=0.32^a$) |

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| | | | | <p>(Difference between groups: $p=0.30^a$)</p> <p>Skin infection Hydrocortisone: 4/124 participants (3.2%) Tacrolimus: 2/133 participants (1.5%) (Difference between groups: $p=0.37^a$)</p> <p>Bacterial infection Hydrocortisone: 3/124 participants (2%) Tacrolimus: 33/133 participants (2%) (Difference between groups: $p<0.0001$)</p> <p>Viral infection Hydrocortisone: incidence not reported Tacrolimus: 1/133 participants (0.8%)</p> | | |
| Moderate potency topical corticosteroids | | | | | | |
| <p>Sikder 2005 ⁽⁷²⁾ (Broeders 2016 ⁽⁵³⁾)</p> | <p>RCT (4 weeks treatment) <i>(Jadad score 2/5 – risk from sequence generation and allocation concealment, no blinding of observer or patients, ⁽⁵³⁾)</i> <i>(Cochrane risk of bias tool: Unclear risk of selection and detection bias. Low risk of performance, attrition, reporting and other biases. ⁽⁵⁴⁾)</i> <i>(Cochrane risk of bias tool: low risk of selection bias, from blinding of participants and missing data. Unclear risk from</i></p> | <p>Intervention: Clobetasone 0.05% twice daily (n=15) Tacrolimus 0.03% twice daily (n=15)</p> | <p>Severity: moderate to severe Age: children 7 to 15 years old Sample size: 30 participants</p> | <p>Skin burning Clobetasone: 1/15 participants (6.7%) Tacrolimus: 7/15 participants (47%) (Difference between groups: $p=0.05^{a, d}$)</p> <p>Pruritus Clobetasone: 2/15 participants (13%) Tacrolimus: 3/15 participants (20%) (Difference between groups: $p=0.63^a$)</p> | | |

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| | <i>blinding outcome assessors, reporting and other biases</i> ⁽⁵⁶⁾). | | | | | |
| Torok 2003 ⁽⁷³⁾ (Svensson 2011 ⁽⁶⁸⁾) | RCT (3 weeks treatment) (Delphi list: method of randomisation not described, allocation not concealed, blinded assessors but not participants, ITT analysis, ⁽²⁹⁾) | Intervention: Clocortolone pivalate 0.1% twice daily (n=19) Intervention: Clocortolone 0.1% + Tacrolimus 0.1% twice daily (n=19) Comparator: Tacrolimus 0.1% twice daily (n=19) | Severity: not specified in the review Age: adults 16 to 65 years Sample size: 57 participants | Skin irritation Most commonly reported adverse event Skin burning More frequent in those treated with Tacrolimus 0.1%. Pruritus Commonly reported in both arms. (No numerical data provided in the review) | | |
| Moderate or mild potency topical corticosteroids | | | | | | |
| Sigurgeirsson 2015 ⁽⁷⁴⁾ (Broeders 2016 ⁽⁵³⁾ ; Siegfried 2016 ⁽⁷¹⁾) | RCT (260 weeks used until clearance or according to country's label. Medication reinstated when a flare occurred)) (Jadad score 3/5 – risk from allocation concealment, no blinding of observer or patients, ⁽⁵³⁾) | Intervention: A moderate potency or mild potency TCS used according to the country's label with potency selected by the investigator (n=1213) Comparator: Pimecrolimus 1% twice daily (n=1205) | Severity: mild to moderate Age: children age 3 to 12 months old (mean 7 months) Sample size: 2418 participants | Skin thinning(from online correspondence) Topical corticosteroid: 1/1213 participants (0.08%) Pimecrolimus: 0/1205 (0%) (Difference between groups: $p=0.50^o$) Skin infection Topical corticosteroid: 150/1213 participants (12%) Pimecrolimus: 157/1205 participants (13%) (Difference between groups: $p=0.62^o$) Cutaneous bacterial infection Topical corticosteroid: 121/1213 participants (10%) Pimecrolimus: 145/1205 participants (12%) (Difference between groups: $p=0.11^o$) Cutaneous viral infection Topical corticosteroid: 279/1213 participants (23%) Pimecrolimus: 301/1205 participants (25%) | Systemic bacterial infection Topical corticosteroid: 206/1213 participants (17%) Pimecrolimus: 205/1205 participants (17%) (Difference between groups: $p=0.98^o$) Systemic viral infection Topical corticosteroid: 206/1213 participants (17%) Pimecrolimus: 205/1205 participants (17%) (Difference between groups: $p=0.98^o$) Systemic RTI Topical corticosteroid: 388/1213 participants (32%) Pimecrolimus: 422/1205 participants (35%) (Difference between groups: $p=0.11^o$) Systemic GI Topical corticosteroid: 376/1213 participants (31%) Pimecrolimus: 386/1205 participants (32%) | Severe adverse events Topical corticosteroid: 210/1213 participants (17%) Pimecrolimus: 247/1205 participants (20%) (Difference between groups: $p=0.05^o$) Adverse events requiring discontinuation Topical corticosteroid: 12/1213 participants (1.0%) Pimecrolimus: 7/1205 participants (0.6%) (Difference between groups: $p=0.26^o$) |

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| | | | | (Difference between groups: $p=0.25^a$) | (Difference between groups: $p=0.58^a$) <u>Lymphoma</u> Zero cases in either group <u>Growth rate and immune system</u> No difference between groups | |
| Mild potency topical corticosteroids | | | | | | |
| Reitamo 2002 (II) ⁽⁷⁵⁾ (Broeders 2016 ⁽⁵³⁾ ; Iskedjian 2004 ⁽⁶⁴⁾) | RCT (3 weeks treatment) (Jadad score 5/5 – risk from allocation concealment ⁽⁵³⁾) (Cochrane risk of bias tool: unclear risk of selection bias, unclear risk of blinding ⁽³⁾) (Jadad scale: 5/5, ⁽⁵⁹⁾) (Cochrane risk of bias tool: Low risk of selection, performance, detection, attrition, reporting and other biases. ⁽⁵⁴⁾) Cochrane risk of bias tool: low risk of selection, performance, attrition, reporting and other bias. Unclear risk from blinding outcome assessors ⁽⁵⁶⁾ . (Cochrane risk of bias tool: adequate method of randomisation and allocation concealment, blinding done, ITT used. ⁽⁶⁵⁾) | Intervention: Hydrocortisone acetate 1% twice daily (n=185) Comparator: Tacrolimus 0.1% ointment twice daily (n=186) Comparator: Tacrolimus 0.03% ointment twice daily (arm not included in Broeders 2016 review) (n=189) | Severity: moderate to severe Age: children 2 to 15 years old Sample size: 560 participants | Skin burning Hydrocortisone: 13/185 participants (7%) Tacrolimus 0.1%: 38/186 participants (20%) (Difference between groups: $p=0.004^a$) Pruritus Hydrocortisone: 14/185 participants (7.6%) Tacrolimus 0.1%: 21/186 participants (11%) (Difference between groups: $p=0.22^a$) Skin infection Hydrocortisone: 4/185 participants (2.2%) Tacrolimus 0.1%: 4/186 participants (2.2%) (Difference between groups: $p=0.99^a$) Erythema at application site Hydrocortisone: 3/185 participants (1.6%) Tacrolimus 0.1%: 1/186 participants (0.5%) Tacrolimus 0.03%: 4/189 participants (2.1%) (Difference between groups, hydrocortisone vs tacrolimus 0.1%: $P=0.34^a$) (Difference between groups, hydrocortisone vs tacrolimus 0.03%: $P=0.72^a$) | | Severe adverse events Hydrocortisone: 2/185 participants (1.1%) Tacrolimus 0.1%: 1/186 participants (0.5%) (Difference between groups: $p=0.57^a$) Adverse events requiring discontinuation Hydrocortisone: 4/185 participants (2.2%) Tacrolimus 0.1%: 3/186 participants (1.6%) (Difference between groups: $p=0.70^a$) |

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| Reitamo 2004 (76) (Broeders 2016 (53)) | RCT <i>(3 weeks treatment)</i> <i>(Jadad score 3/5 – risk from sequence generation and allocation concealment (53))</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias. Unclear risk from blinding. (3))</i> <i>(Jadad scale: 4/5, (59))</i> <i>(Cochrane risk of bias tool: Unclear risk of selection bias (allocation concealment). Low risk of selection bias (random sequence generation), performance, detection, attrition, reporting and other biases. (54))</i> <i>Cochrane risk of bias tool: low risk of selection, performance, attrition, reporting and other bias. Unclear risk from blinding outcome assessors (56).</i> | Intervention: Hydrocortisone acetate 1% twice daily (n=207) Comparator: Tacrolimus 0.03% twice daily (n=210) | Severity: moderate to severe Age: children 2 to 15 years old Sample size: 417 participants | Skin burning Hydrocortisone: 30/207 participants (15%) Tacrolimus: 50/210 participants (24%) <i>(Difference between groups: $p=0.02^a$)</i> Pruritus Hydrocortisone: 33/207 participants (16%) Tacrolimus: 45/210 participants (21%) <i>(Difference between groups: $p=0.15^a$)</i> Skin infection Hydrocortisone: 6/207 participants (2.9%) Tacrolimus: 6/210 participants (2.9%) <i>(Difference between groups: $p=0.98^a$)</i> | | Severe adverse events Hydrocortisone: 3/207 participants (1.4%) Tacrolimus: 3/210 participants (1.4%) <i>(Difference between groups: $p=0.99^a$)</i> Adverse events requiring discontinuation Hydrocortisone: 6/207 participants (2.9%) Tacrolimus: 8/210 participants (3.8%) <i>(Difference between groups: $p=0.61^a$)</i> |
| Potency of topical corticosteroids unknown | | | | | | |
| Gutgesell 1998 (77) (abstract only) (Penaloza Hidalgo 2004 (65)) | Within-participant RCT <i>(3 weeks treatment)</i> <i>(Cochrane risk of bias tool: randomisation and allocation concealment method inadequate, unclear if blinded ,ITT analysis used (65))</i> | Intervention: Topical corticosteroids on one side of the body, twice daily Comparator: Tacrolimus 0.1% on one side of the body, twice daily | Severity: severe Age: adults (22 to 36 years) Sample size: 7 participants | Skin burning Topical corticosteroids: 0/7 (0%) Tacrolimus: 2/7 participants (29%) | | |
| Arellano 2007 (78) (Ashcroft 2007 (60); Cury Martins 2015 (54)) | Nested case-control <i>(Duration not specified in the review)</i> | Intervention: Topical corticosteroids at different potencies Comparator: pimecrolimus or tacrolimus | Severity: not specified in the review Age: not specified in the review | | Lymphoma No increased risk of lymphoma with TCI or TCS when compared against controls. Super potent TCS: OR 1.2, 95% CI 0.8 to 1.8 | |

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| | <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Comparator: controls (not specified in the review) | Sample size: 294 cases/293,000 controls | | Low potency TCS: OR 1.1, 95%CI 0.7 to 1.6 Pimecrolimus: OR 0.8, 95%CI 0.4 to 1.6 Tacrolimus OR 0.8, 95% CI 0.4 to 1.7 | |
| Arellano 2009 ⁽⁷⁹⁾ (Cury Martins 2015 ⁽⁵⁴⁾) | Cohort (followed up between 1992 to 2006) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Topical corticosteroids at different potencies Comparator: pimecrolimus or tacrolimus | Severity: not specified in the review Age: not specified in the review Sample size: > 3,000,000 | | Lymphoma Increased risk with topical corticosteroids (related to potency) but no numerical data given. Insufficient data to assess TCI-related risks. | |
| Schneeweiss 2009 ⁽⁸⁰⁾ (Cury Martins 2015 ⁽⁵⁴⁾) | Cohort (followed up between the years of 2002 to 2006) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: mid to potent topical corticosteroids (n=1,043,025) Comparator: pimecrolimus (n=118,863) or tacrolimus (n=38,757) (also a comparison with untreated dermatitis (n=118,825) and general population (n=118,863) .) | Severity: not specified Age: median 1.3 years Sample size: 1,438,333 participants | | Lymphoma Very small non-significant increased risk in TCI and TCS patients when compared with the general population, but with similar risks between the treatment groups | |
| Reitamo 2000 ⁽⁸¹⁾ (Cury Martins 2015 ⁽⁵⁴⁾) | Open label, single group (6 to 12 months of treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: No steroids (except prior to treatment) Comparator: Tacrolimus 0.1% | Severity: not specified in the review Age: adults Sample size: 316 participants | Skin thinning One participant had skin thinning when using TCS prior to treatment with tacrolimus – but this ameliorated after 6 months of treatment with tacrolimus. | | |
| Is there any difference in safety of topical corticosteroids of different potencies? | | | | | | |
| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Potent topical corticosteroid versus moderate potency topical corticosteroid | | | | | | |
| Ulrich 1991 ⁽⁸²⁾ (Hoare 2000 ⁽¹⁹⁾) | RCT (2 weeks treatment) (Moher 1995 quality checklist: method and | Intervention: 0.05% halomethasone cream, twice daily (Assume potent) | Severity: not specified in the review | | | No adverse events |

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| | <i>concealment of randomisation unclear, concerns over subgroup analysis</i> ⁽¹⁹⁾ | Comparator: 0.25% prednicarbate cream, twice daily (moderate potency) | Age: not specified in the review Sample size: 165 participants | | | |
| Smitt 1993 ⁽⁸³⁾ (Callen 2007 ⁽²⁴⁾ | RCT <i>(3 weeks treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Trimaconiolone acetamide 0.1%, twice daily (potent) Comparator: Alclomethasone cream, twice daily (moderate) | Severity: not specified in the review Age: children 1 to 15 years Sample size: 40 participants | | HPA axis suppression There was suppression after 2 weeks, but no further after 3 (no further details). | |
| Potent topical corticosteroid versus mild potency topical corticosteroid | | | | | | |
| Lebrun-Vignes 2000 ⁽⁸⁴⁾ (Nankervis 2017 ⁽³⁾ | RCT <i>(15 days treatment, 30 days follow up)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias and unclear risk from blinding. ⁽³⁾)</i> | Intervention: Micronized desonide cream 0.1% (mild potency) 1 to 5 days twice daily (in hospital), days 6 and 7 once daily, then alternate days until day 15 (n=15) Comparator: Betamethasone dipropionate cream 0.05% (potent) 1 to 5 days twice daily (in hospital), days 6 and 7 once daily, then alternate days until day 15 (n=14) | Severity: severe Age: children ≤ 8 years Sample size: 29 participants | | | There were no adverse events in either group |
| Prado de Oliveira 2002 ⁽⁸⁵⁾ (Nankervis 2017 ⁽³⁾ | RCT <i>(Up to 42 days treatment)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias and unclear risk from blinding. ⁽³⁾)</i> | Intervention: Mometasone furoate 0.1% once daily after a bath (N=13) (potent) Comparator: Desonide cream 0.05% once a day after a bath (N=12) (mild potency) | Severity: not specified in the review Age: children 2 to 12 years Sample size: 25 participants | Signs of mild thinning Mometasone furoate: 4/13 participants (31%) Desonide: 2/12 participants (17%) <i>(Difference between groups: $p=0.42^a$)</i> | | |
| Hanifin 1996 ⁽⁸⁶⁾ (Callen 2007 ⁽²⁴⁾ | Matched case control <i>(3 weeks treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Mometasone cream (potent) Comparator: Hydrocortisone cream (mild potency) | Severity: not specified in the review Age: children 6 months to 2 years Sample size: 62 participants | | HPA axis suppression Mometasone: 1 abnormal cotrosyn simulation test | |

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| Kirkup 2003 ⁽⁸⁷⁾ (trial a) (Tang 2014 ⁽⁸⁸⁾; Siegfried 2016 ⁽⁷¹⁾) Most safety data presented was combined with Kirkup 2003 (trial b) (see same potency section below) | RCT <i>(16 weeks: twice daily for 2-4 weeks until stabilised then 'as required' for 12 weeks)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias, unclear risk from blinding. ⁽³⁾)</i> | Intervention: Fluticasone propionate 0.005% ointment (potent), twice daily for 2-4 weeks until stabilised then 'as required' for 12 weeks (n=70) Comparator: Hydrocortisone 1% cream (mild potency), twice daily for 2-4 weeks until stabilised then 'as required' for 12 weeks (n=67) | Severity: moderate Age: children (age 2-14 years old) Sample size (maintenance phase): 137 participants | Ringworm and folliculitis 1 participant but not clear which group Kirkup 2003a and b: Bacterial infection Fluticasone: 1/136 participants (0.7%) Hydrocortisone: 3/129 participants (2%) <i>(Difference between groups: p = 0.32 °)</i> Kirkup 2003a and b: Fungal infection Fluticasone: 1/136 participants (0.7%) Hydrocortisone: 0/129 (0%) <i>(Difference between groups: p = 0.52 °)</i> | Kirkup 2003a and b viral infection Fluticasone: 5/136 participants (4%) Hydrocortisone: 5/129 participants (4%) <i>(Difference between groups: p = 0.93 °)</i> Kirkup 2003a and b: Respiratory tract infection Fluticasone: 8/136 participants (6%) Hydrocortisone: 5/129 participants (4%) <i>(Difference between groups: p = 0.45 °)</i> | Kirkup 2003a and b: Discontinuation due to adverse events Fluticasone: 1/136 participants (0.7%) Hydrocortisone: 1/129 participants (0.7%) <i>(Difference between groups: p = 0.97 °)</i> |
| Moderate potency topical corticosteroid versus mild potency topical corticosteroid | | | | | | |
| Kuokkanen 1987 ⁽⁸⁹⁾ (Hoare 2000 ⁽¹⁹⁾) | RCT, within participant <i>(3 weeks treatment)</i> <i>(Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded study, three dropouts/withdrawals, no ITT, ⁽¹⁹⁾)</i> | Intervention: Alclometasone dipropionate 0.05% twice daily (moderate potency) Comparator: Hydrocortisone 1% twice daily (mild potency) | Severity: not specified in the review Age: children Sample size: 37 participants | No evidence of skin thinning | | |
| Various potencies | | | | | | |
| Ellison 2000 ⁽⁹⁰⁾ (Callen 2007 ⁽²⁴⁾; Eichenfield 2014 ⁽⁹¹⁾) | Observational study <i>(Duration 0.7 to 18.7 years)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Mild, moderate, potent topical corticosteroids | Severity: Disease severity score 5-8 Age: children and adolescents (0.7 to 18.7 years) Sample size: 35 participants | | HPA axis suppression Mild potency topical corticosteroids: no change in plasma cortisol levels Potent topical corticosteroids: suppression in 4/4 (100%) patients | |

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| Kristmundsdottir 1987 ⁽⁹²⁾ (Eichenfield 2014 ⁽⁹¹⁾) | Observational study <i>(Duration not specified in the review)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Different potencies of topical corticosteroids | Severity: not specified in the review Age: not specified in the review Sample size: not specified in the review | | Review authors reported “Also concerns for negative effects on linear growth, although reports have given mixed conclusions” | |
| Patel 1997 ⁽⁹³⁾ (Eichenfield 2014 ⁽⁹¹⁾) | Observational study <i>(Duration not specified in the review)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Four different potency topical corticosteroids | Severity: not specified in the review Age: not specified in the review Sample size: not specified in the review | | Review authors reported “Also concerns for negative effects on linear growth, although reports have given mixed conclusions” | |
| Patel 1998 ⁽⁹⁴⁾ (Eichenfield 2014 ⁽⁹¹⁾) | Observational study <i>(Duration not specified in the review)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Different potencies of topical corticosteroids | Severity: not specified in the review Age: not specified in the review Sample size: not specified in the review | | Review authors reported “Also concerns for negative effects on linear growth, although reports have given mixed conclusions” | |
| Is there any difference in safety between topical corticosteroids of the same potency? | | | | | | |
| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Potent topical corticosteroid versus another potent topical corticosteroid | | | | | | |
| Kirkup 2003 ⁽⁸⁷⁾ (trial b) (Tang 2014 ⁽⁸⁸⁾; Siegfried 2016 ⁽⁷¹⁾) Most safety data presented was combined with Kirkup 2003 | RCT <i>(16 weeks: twice daily for 2-4 weeks until stabilised then intermittently for 12 weeks)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias, unclear risk from blinding. ⁽³⁾)</i> | Intervention: Fluticasone propionate 0.005% ointment, twice daily for 2-4 weeks until stabilised then intermittently for 12 weeks (n=66) Comparator: Hydrocortisone butyrate 0.1% cream (potent), twice daily for 2-4 weeks until | Severity: moderate Age: children (age 2-14 years old) Sample size: n=128 | <u>Ringworm and folliculitis</u> None reported <u>Kirkup 2003a and b: Bacterial infection</u> Fluticasone: 1/136 participants (0.7%) Hydrocortisone: 3/129 participants (2%) | <u>Kirkup 2003a and b viral infection</u> Fluticasone: 5/136 participants (4%) Hydrocortisone: 5/129 participants (4%) <i>(Difference between groups: p = 0.93^a)</i> <u>Kirkup 2003a and b: Respiratory tract infection</u> | <u>Kirkup 2003a and b: Discontinuation due to adverse events</u> Fluticasone: 1/136 participants (0.7%) Hydrocortisone: 1/129 participants (0.7%) <i>(Difference between groups: p = 0.97^a)</i> |

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| (trial a) (see different potency section above) | | stabilised then intermittently for 12 weeks (n=62) | | <i>(Difference between groups: $p = 0.32^a$)</i> Kirkup 2003a and b: Fungal infection Fluticasone: 1/136 participants (0.7%) Hydrocortisone: 0/129 (0%) <i>(Difference between groups: $p = 0.52^a$)</i> | Fluticasone: 8/136 participants (6%) Hydrocortisone: 5/129 participants (4%) <i>(Difference between groups: $p = 0.45^a$)</i> | |
| Moderate potency topical corticosteroid versus another moderate potency topical corticosteroid | | | | | | |
| Aliaga 1994 ⁽⁹⁵⁾ (De Tiedra 1997 ⁽³³⁾) | RCT <i>(21 days treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Prednicarbate ointment 0.25%, twice daily (moderate potency) (n=36) Comparator: Flucortin ointment 0.75%, twice daily (assumed moderate potency) (n=31) | Severity: Disease duration – mean 7.7 years (range 0.1 to 31). Age: adults 18-74 years (mean 33.6) Sample size: 67 participants | | | Adverse reactions Prednicarbate: 0/36 patients (0%) Flucortin: 2/31 patients (6.5%) <i>(Difference between groups: $p = 0.16^a$)</i> |
| Mild potency topical corticosteroid versus another mild potency topical corticosteroid | | | | | | |
| Lucky 1997 ⁽⁹⁶⁾ (Callen 2007 ⁽²⁴⁾; Hoare 2000 ⁽¹⁹⁾; Wood Heickman 2018 ⁽⁹⁾) | RCT <i>(4 weeks treatment)</i> <i>(Moher 1995 quality checklist: method and concealment of randomisation unclear, open label, five dropouts, no ITT ⁽¹⁹⁾)</i> | Intervention: Desonide 0.05% ointment, twice per day (mild potency) Comparator: Hydrocortisone 2.5% ointment, twice per day (mild potency) | Severity: not specified in the review Age: children (mean or median is 4.7 years) Sample size: 20 participants | | HPA axis suppression Normal in both groups (measured using ACTH stimulation testing, measuring serum cortisol levels) | |
| Jorizzo 1995 ⁽⁹⁷⁾ (Siegfried 2016 ⁽⁷¹⁾; Froeschl 2007 ⁽⁹⁸⁾) | RCT <i>(25 weeks: 5 weeks of treatment, 20 weeks follow up)</i> <i>(Moher 1995 quality checklist: method and concealment of randomisation unclear, investigator blind, two dropouts/withdrawals, no ITT ⁽¹⁹⁾)</i> | Intervention: 0.05% desonide twice daily (n=16) (mild potency) Comparator: 1% hydrocortisone ointment twice daily (n=20) (mild potency) | Severity: mild to moderate Age: children 5 years and under Sample size: 36 participants | Skin thinning No cases - measured by a magnifying lamp | | |

| How safe are topical corticosteroids compared to Chinese herbal medicine? | | | | | | |
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| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Very potent topical corticosteroids | | | | | | |
| Huang 2010 ⁽⁹⁹⁾ (Gu 2013 ⁽¹⁰⁰⁾ ; Gu 2014 ⁽¹⁰¹⁾) | RCT (2 weeks treatment, followed up for 12 weeks after) (Cochrane risk of bias tool: low risk of selection bias (random sequence generation), and other biases. Unclear risk of selection (allocation concealment), detection and attrition bias. High risk of performance and reporting bias. ^(100, 101)) | Intervention: Clobetasol propionate ointment, 3 times daily (n=97) Comparator: Chushi Zhiyang ointment, 3 times daily (n=98) | Severity: not specified in the review Age: children and adults, 3 months to 22 years Sample size: 195 participants | Cutaneous adverse events Clobetasol: 5/97 participants (5%) Chinese herbal medicine: 0/98 participants (0%) (Difference between groups: $p=0.10^{a, e}$) The five events were pigmentation (unclear if hyper- or hypo-) | | |
| Potent topical corticosteroids | | | | | | |
| Chen 2011 ⁽¹⁰²⁾ (Gu 2013 ⁽¹⁰⁰⁾ ; Gu 2014 ⁽¹⁰¹⁾) | RCT (2 weeks treatment) (Cochrane risk of bias tool: unclear risk of selection, detection, attrition, reporting and other bias. High risk of performance bias ^(100, 101)) | Intervention: Mometasone furoate cream, once daily (n=50) Comparator: Huanglian Qingdai ointment, 2 to 3 times daily (n=50) | Severity: not specified in the review Age: children 58 days to 2 years Sample size: 100 participants | Cutaneous adverse events Mometasone: 6/50 participants (12%) Chinese herbal medicine: 0/50 participants (0%) (Difference between groups: $p=0.08^{a, f}$) Minor adverse events such as burning, dryness and scaling of the skin were reported in the TCS groups | | |
| Dong 2012 ⁽¹⁰³⁾ (Gu 2014 ⁽¹⁰¹⁾) | RCT (2 weeks treatment) (Cochrane risk of bias tool: unclear risk of selection, detection, attrition, and reporting bias. High risk of | Intervention: Hydrocortisone butyrate cream, twice daily (n=47) Comparator: Jingfang mixture solution, twice daily (n=48) | Severity: not specified in the review Age: children 0.5 to 5.5 years Sample size: 95 participants | Minor adverse events such as burning, dryness and scaling of the skin were reported in the TCS groups. (No numerical data provided in the review) | | |

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| | <i>performance bias. Low risk of other biases. ⁽¹⁰¹⁾</i> | | | | | |
| Xu 2012 ⁽¹⁰⁴⁾ (Gu 2014 ⁽¹⁰¹⁾) | RCT <i>(2 weeks treatment)</i> <i>(Cochrane risk of bias tool: unclear risk of selection, detection, attrition, and reporting bias. High risk of performance and other biases. ⁽¹⁰¹⁾)</i> | Intervention: Triamcinolone acetonide acetate cream, twice daily (n=51) Comparator: Kouqiang Xiaoyan powder, twice daily (n=53) | Severity: not specified in the review Age: children 35 days to 2 years Sample size: 104 participants | | | No adverse events in either group |
| How safe is more frequent topical corticosteroid application compared with once daily application? | | | | | | |
| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Very potent topical corticosteroid | | | | | | |
| Schlessinger 2006 ⁽¹⁰⁵⁾ (Nankervis 2017 ⁽³⁾; Wood Heickman 2018 ⁽⁹⁾) | Open label RCT <i>(2 weeks treatment)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias, high risk from no blinding. ⁽³⁾)</i> | Intervention: fluocinonide cream 0.1% applied once daily (n=63) Comparator: fluocinonide cream 0.1% applied twice daily (n=63) | Severity: not specified in the review Age: children, aged 12 to <18 years (cohort 1); 6 to <12 years (cohort 2); 2 to <6 years (cohort 3); and 3 months to <2 years (cohort 4). Sample size: 126 participants | | HPA axis suppression Once daily: 0/63 (0%) Twice daily: 3/63 (4.8%) <i>(Difference between groups: P=0.19^a)</i> (measured using ACTH stimulation testing, measuring serum cortisol levels) After TCS discontinuation, children with biochemical adrenal insufficiency had complete resolution at retesting. | |
| Potent topical corticosteroids | | | | | | |
| Bleehen 1995 ⁽¹⁰⁶⁾ (Green 2004 ⁽¹⁰⁷⁾) | RCT <i>(4 weeks treatment))</i> <i>(Quality using NHS CRD criteria: method for randomisation/allocation concealment unknown, adequate blinding, and ITT used. ⁽¹⁰⁷⁾)</i> <i>(Moher 1995 quality checklist: method and</i> | Intervention: Fluticasone propionate 0.05% cream once daily (plus vehicle once daily for blinding) (n=137) Comparator: Fluticasone propionate 0.05% cream twice daily (n=133) | Severity: at least moderate severity Age: children and adults Sample size: 270 participants | | | <u>Number of events possibility, probably or almost certainly related to study medication</u> Once daily: 26 events Twice daily: 24 events (most were skin disorders) |

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| | <i>concealment of randomisation unclear, Probably investigator blinded but unclear, ITT analysis, ⁽¹⁹⁾</i> | | | | | |
| GSK report 1995 ⁽¹⁰⁸⁾ (Green 2004 ⁽¹⁰⁷⁾) | RCT (4 weeks treatment) (Quality using NHS CRD criteria: adequate method of randomisation /allocation concealment, adequate blinding, and ITT used. ⁽¹⁰⁷⁾) | Intervention: Fluticasone propionate 0.005% ointment once daily and placebo only daily (n=123) Comparator: Fluticasone propionate 0.005% ointment twice daily (n=122) | Severity: at least moderate severity Age: children and adults Sample size: 245 participants | | | <u>Number of adverse events possibly related to medication</u> Once daily: 6 events Twice daily: 8 events <u>Number of adverse events probably related to medication</u> Once daily: 9 events Twice daily: 3 events <u>Number of adverse events almost certain related to medication</u> Once daily: 6 events Twice daily: 3 events (Mainly included skin related disorders including exacerbation of eczema, pruritus and redness of skin) |
| Koopmans 1995 ⁽¹⁰⁹⁾ (Green 2004 ⁽¹⁰⁷⁾) | RCT (4 weeks treatment)) (Quality using NHS CRD criteria: method for randomisation /allocation concealment unknown, partial blinding, and no ITT used. ⁽¹⁰⁷⁾) (Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded, one dropout, no ITT analysis, ⁽¹⁹⁾) | Intervention: Locoid lipocream (0.1% hydrocortisone 17-butyrate) once daily and locobase once daily (n=75) Comparator: Locoid lipocream twice daily (n=75) | Severity: not specified in the review Age: children aged over 12 years and adults Sample size: 150 participants | <u>Folliculitis in all skin areas after 1 week of treatment – treatment stopped</u> Once daily: 1/75 participants (1.3%) Twice daily: 0/75 participants (0%) (Difference between groups: $p = 0.50^a$) <u>Folliculitis - treatment continued</u> Once daily: 0/75 participants (0%) Twice daily: 4/75 participants (5.3%) (Difference between groups: $p = 0.14^a$) <u>Burning, itching and stinging sensations – treatment continued</u> Once daily: 3/75 participants (4%) | | |

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| | | | | <p>Twice daily: 0/75 participants (0%) (Difference between groups: $p = 0.20^{\circ}$)</p> | | |
| <p>Tharp 1996 ⁽¹¹⁰⁾ (Green 2004 ⁽¹⁰⁷⁾)</p> | <p>RCT (4 weeks treatment) (Quality using NHS CRD criteria: method for randomisation /allocation concealment unknown, adequate blinding, and no ITT used. ⁽¹⁰⁷⁾)</p> | <p>Intervention: Fluticasone propionate cream 0.05% once daily and vehicle once daily (n=77) Comparator: Fluticasone propionate cream 0.05% twice daily (n=77)</p> | <p>Severity: moderate to severe Age: children over 12 years and adults Sample size: 154 participants</p> | <p>Burning Once daily: 2/77 participants (3%) Twice daily: 0/77 participants (0%) (Difference between groups: $p = 0.30^{\circ}$)</p> <p>Dryness Once daily: 2/77 participants (3%) Twice daily: 0/77 participants (0%) (Difference between groups: $p = 0.30^{\circ}$)</p> <p>Pruritus Once daily: 0/77 participants (0%) Twice daily: 1/77 participants (1%) (Difference between groups: $p = 0.50^{\circ}$)</p> <p>Erythema Once daily: 0/77 participants (0%) Twice daily: 0/77 participants(0%)</p> <p>Stinging Once daily: 0/77 participants (0%) Twice daily: 1/77 participants (1%) (Difference between groups: $p = 0.50^{\circ}$)</p> <p>Irritation Once daily: 0/77 participants (0%) Twice daily: 1/77 participants (1%)</p> | | <p>None of adverse events were serious or unexpected</p> |

| | | | | (Difference between groups: $p = 0.50^a$) | | |
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| <p>Hoybye 1991⁽¹¹¹⁾</p> <p>(Green 2004⁽¹⁰⁷⁾)</p> | <p>RCT</p> <p>(3 weeks treatment)</p> <p>(Quality using NHS CRD criteria: method for randomisation /allocation concealment unknown, partial or inadequate blinding, and no ITT used. ⁽¹⁰⁷⁾)</p> <p>(Moher 1995 quality checklist: method and concealment of randomisation unclear, single blind, ten dropouts/withdrawals, no ITT analysis, ⁽¹⁹⁾)</p> | <p>Intervention: Mometasone furoate in fatty cream base (Elocon) once daily (n=49)</p> <p>Comparator: Hydrocortisone 17-butyrate in fatty cream base (Locoid) twice daily (n=45)</p> | <p>Severity: severity score at least 4.5/9</p> <p>Age: adults (age 18 to 70)</p> <p>Sample size: 94 participants</p> | <p>Treatment related side effects</p> <p>Were only a few and similar in both groups. They included stinging, burning, itching, dryness, acne, folliculitis, and hair growth.</p> <p>Skin thinning</p> <p>No evidence</p> | | |
| <p>Berth-Jones 2003⁽¹¹²⁾</p> <p>(Green 2004⁽¹⁰⁷⁾)</p> <p>(This study is also included in the “Topical corticosteroids used proactively to prevent flares”, as there is a second phase of the study when participants who have gained control of eczema are randomised to proactive treatment with topical corticosteroid or vehicle. This section only</p> | <p>RCT (four arms)</p> <p>(4 weeks treatment)</p> <p>(Quality using NHS CRD criteria: adequate randomisation /allocation concealment, partial blinding, and ITT used. ⁽¹⁰⁷⁾)</p> | <p>Intervention: Fluticasone propionate cream 0.05% once daily</p> <p>N=95</p> <p>Intervention: Fluticasone propionate ointment 0.005% once daily</p> <p>N=100</p> <p>Comparator: Fluticasone propionate cream 0.05% twice daily</p> <p>N=91</p> <p>Comparator: Fluticasone propionate ointment 0.005% twice daily</p> <p>N=90</p> | <p>Severity: moderate to severe</p> <p>Age: children and adults (12-65 years)</p> <p>Sample size: 376 participants</p> | <p>Telangiectasia</p> <p>Once daily cream: 0/95 participants (0%)</p> <p>Twice daily cream: 1/91 participants (1%)</p> <p>(Difference between groups: $p = 0.48^a$)</p> <p>Once daily ointment: 1/100 participants (1%)</p> <p>Twice daily ointment: 0/90 participants (0%)</p> <p>(Difference between groups: $p = 0.54^a$)</p> <p>Striae</p> <p>Once daily cream: 0/95 participants (0%)</p> <p>Twice daily cream: 0/91 participants (0%)</p> <p>(Difference between groups: n/a)</p> <p>Once daily ointment: 1/100 participants (1%)</p> <p>Twice daily ointment: 0/90 participants (0%)</p> | | |

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| includes safety data from the induction of remission phase). | | | | (Difference between groups: $p = 0.54^a$) For the three events listed above: two of these patients had a previous history of skin changes, and therefore only one report was newly observed (group not specified in the review). | | |
| Marchesi 1994 ⁽¹¹³⁾ (Green 2004 ⁽¹⁰⁷⁾) | RCT (3 weeks treatment)) (Quality using NHS CRD criteria: method for randomisation /allocation concealment unknown, partial blinding, and no ITT used. ⁽¹⁰⁷⁾) (Moher 1995 quality checklist: method and concealment of randomisation unclear, third-party blind evaluator, no dropouts/withdrawals ⁽¹⁹⁾) | Intervention: Mometasone furoate ointment 0.1% once daily (n=30) Comparator: Betamethasone dipropionate ointment 0.05% twice daily (n=30) | Severity: at least moderate severity Age: adults Sample size: 60 participants | <u>Telangiectasia of mild severity in last 2 weeks</u> Once daily: 4/30 participants (13.3%) Twice daily: 5/30 participants (16.7%) (Difference between groups: $p = 0.72^a$) <u>Possible skin thinning ("Loss of skin marks and reduced elasticity")</u> Once daily: 0/30 participants (0%) Twice daily: 1/30 participants (3.3%) (Difference between groups: $p = 0.50^a$) <u>Local application site reactions</u> Did not occur | <u>Systemic reactions</u> None – all patients checked for blood test and value varied within a very narrow range. | |
| Moderate potency topical corticosteroids | | | | | | |
| Richelli 1990 ⁽¹¹⁴⁾ (Green 2004 ⁽¹⁰⁷⁾) | RCT (one week treatment (Quality using NHS CRD criteria: method for randomisation /allocation concealment unknown, inadequate blinding, and no ITT used. ⁽¹⁰⁷⁾) (Moher 1995 quality checklist: method and concealment of | Intervention: Clobetasone 17-butyrate 0.05% lotion once daily at 9pm (n=9) Comparator: Clobetasone 17-butyrate 0.05% lotion twice daily at 8am and 3pm (n=13) Comparator: Clobetasone 17-butyrate 0.05% lotion twice daily at 3pm and 8pm (n=8) | Severity: not specified in the review Age: children Sample size: 30 participants | | <u>HPA axis suppression</u> No significant difference in serum cortisol and ACTH levels before and after TCS administration in any of the three groups, or any differences between groups | Adverse effects not reported |

| | randomisation unclear, blinding unclear, ITT unclear ⁽¹⁹⁾ | | | | | |
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| How safe are topical corticosteroids when used proactively to prevent flares (“weekend therapy”)? | | | | | | |
| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Potent topical corticosteroids versus vehicle | | | | | | |
| Berth-Jones 2003 ⁽¹¹²⁾ (Schmitt 2011 ⁽¹¹⁵⁾ ; Tang 2014 ⁽⁸⁸⁾) (This study is also included under the comparison “Topical corticosteroids applied once a day compared with more frequent application” – where the induction of remission part of the study is included). | RCT (16 weeks maintenance) (Cochrane risk of bias tool: low risk of selection (sequence generation), attrition and other biases, Unclear risk of selection (allocation concealment), bias from blinding and reporting bias. ⁽¹¹⁵⁾) | Intervention: Fluticasone propionate 0.005% ointment on two consecutive days per week, once daily (n=68) Intervention: Fluticasone propionate 0.05% cream on two consecutive days per week, once daily (n=70) Comparator: Vehicle cream or ointment (n=84) Comparator: Vehicle ointment (n=73) | Severity: moderate to severe Age: 12 to 65 years Sample size (maintenance phase): 295 participants | Skin thinning No new visual signs observed in either group during maintenance phase | | |
| Glazenburg 2009 ⁽¹¹⁶⁾ (Schmitt 2011 ⁽¹¹⁵⁾ ; Tang 2014 ⁽⁸⁸⁾) | RCT (16 weeks maintenance) (Cochrane risk of bias tool: low risk of selection (sequence generation), and attrition bias. Unclear risk of selection (allocation concealment), bias from blinding, reporting and other biases. ⁽¹¹⁵⁾) | Intervention: Fluticasone propionate 0.005% ointment (two consecutive days per week, once daily) (n=39) Comparator: Vehicle (n=36) | Severity: moderate to severe Age: children 4-10 years Sample size (maintenance phase): 75 participants | Skin thinning No evidence in either group Adverse events related to treatment (cutaneous) Fluticasone: 2 events (flexural hyperpigmentation, folliculitis, transient telangiectasia) (n=39) Vehicle: 1 event (no further details reported) (n=36) (Difference between groups: $p=0.61^a$) | Adrenal suppression No evidence in either group (measured by assessment of urinary overnight cortisol/creatinine ratios) Cancer No cases in either group | |

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| <p>Hanifin 2002 ⁽¹¹⁷⁾</p> <p>(Schmitt 2011 ⁽¹¹⁵⁾)</p> <p>(Fishbein 2019 ⁽¹⁶⁾)</p> | <p>RCT</p> <p>(20 weeks maintenance)</p> <p>(Cochrane risk of bias tool: low risk of attrition bias. Unclear risk of selection, bias from blinding and reporting bias. High risk of other biases (noncompliance) ⁽¹¹⁵⁾)</p> | <p>Intervention: Fluticasone propionate 0.05% cream (once daily 4 days per week for 4 weeks, then once daily 2 days per week for 16 weeks) (n=229)</p> <p>Comparator: Vehicle (n=119)</p> | <p>Severity: moderate to severe</p> <p>Age: children and adults, 3 months to 65 years</p> <p>Sample size (maintenance phase): 348 participants</p> | <p><u>Adverse events related to treatment</u></p> <p>Fluticasone: 1/229 (one case of acne) (0.4%)</p> <p>Vehicle: 0/119 (0%)</p> <p>(Difference between groups: $p=0.78^a$)</p> <p><u>Skin thinning</u></p> <p>No evidence (by visual skin assessment)</p> | <p><u>Possible adrenal suppression</u></p> <p>Fluticasone: 2/44* children (4.5%)</p> <p>Vehicle: no evidence of adrenal suppression (measured by cosyntropin stimulation test)</p> <p>*One participant received 345 days of treatment and had a cortisol stimulation level after treatment of 17 ug/dL (normal was ≥ 18 ug/dL). The other participant was treated for 280 days and had a cortisol stimulation level of 9 ug/dL. No follow up testing.</p> <p><u>Cancer</u></p> <p>No cases</p> | |
| <p>Van der Meer 1999 ⁽¹¹⁸⁾</p> <p>(Schmitt 2011 ⁽¹¹⁵⁾)</p> | <p>RCT</p> <p>(16 weeks maintenance)</p> <p>(Cochrane risk of bias tool: low risk of attrition, and other biases. Unclear risk of selection, bias from blinding and reporting bias. ⁽¹¹⁵⁾)</p> <p>((Moher 1995 quality checklist: method and concealment of randomisation unclear, double blinded, 17 withdrawals/dropouts, no ITT, only data up to first relapse analysed, ⁽¹⁹⁾)</p> | <p>Intervention: Fluticasone propionate 0.005% ointment (2 consecutive days per week, once daily) (n=23)</p> <p>Comparator: Vehicle (n=31)</p> | <p>Severity: moderate to severe</p> <p>Age: children and adults, aged 15-50 years</p> <p>Sample size (maintenance phase): 54 participants</p> | <p><u>Skin thinning</u></p> <p>No evidence</p> | <p><u>Adrenal suppression</u></p> <p>No change in geometric mean cortisol levels at baseline and end of maintenance</p> <p><u>Cancer</u></p> <p>No cases</p> | |
| <p>Peserico 2008 ⁽¹¹⁹⁾</p> <p>(Schmitt 2011 ⁽¹¹⁵⁾)</p> | <p>RCT</p> <p>(16 weeks maintenance)</p> <p>(Cochrane risk of bias tool: high risk of selection bias (sequence generation). Low risk of attrition bias and bias from blinding. Unclear</p> | <p>Intervention: Prednisolone aceponate 0.1% cream (two consecutive days per week, once daily) (n=112)</p> <p>Comparator: Vehicle (n=108)</p> | <p>Severity: IGA\geq moderate</p> <p>Age: children ≥ 12 years and adults</p> <p>Sample size (maintenance</p> | <p><u>Skin thinning</u></p> <p>No evidence</p> | <p><u>Cancer</u></p> <p>No cases.</p> | <p><u>Adverse events related to treatment</u></p> <p>Zero in both groups</p> |

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| | <i>risk of selection (allocation concealment) reporting and other biases. ⁽¹¹⁵⁾</i> | | phase): 221 participants | | | |
| How safe are topical corticosteroids used under occlusion? | | | | | | |
| Study ID (Systematic review*) | Study design and study duration (Quality assessment) | Intervention and comparator | Participants | Cutaneous adverse events | Systemic adverse events | Unspecified adverse events |
| Very potent topical corticosteroid | | | | | | |
| Volden 1992 ⁽¹²⁰⁾ (Braham 2010 ⁽¹²¹⁾) | Prospective (observational) (8-18 days treatment) <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: Dry occlusion with clobetasol propionate lotion under dry occlusion (weekly) (n=48) Comparator: No comparator | Severity: therapy resistant atopic eczema Age: adults Sample size: 48 participants | Mild folliculitis 2/48 participants (4%) Skin thinning None | | |
| Potent topical corticosteroids | | | | | | |
| Janmohamed 2014 ⁽¹²²⁾ (Van Zuuren 2017 ⁽¹²⁾) | RCT (4 weeks treatment) <i>(Cochrane risk of bias tool: low risk of selection (sequence generation), attrition, reporting and other biases. Unclear risk of selection (allocation concealment), performance and detection bias. ⁽¹²⁾)</i> | Intervention: wet wrap therapy with diluted mometasone furoate 0.1% ointment (n=19) Comparator: 20% petrolatum in cetomacrogol combined with wet wrap (n=20) | Severity: severe Age: children 6 months to 10 years (mean age 3.4 years) Sample size: 39 participants | Folliculitis Mometasone under wet wrap: 9/19 (47%) Emollient under wet wrap: 2/20 (10%) (Difference between groups: $p = 0.03^a$) Severe folliculitis Mometasone under wet wrap: 1/19 (5.2%) Emollient under wet wrap: 0/20 (0%) (Difference between groups: $p = 0.47^*$) Secondary infected eczema Mometasone under wet wrap: 0/19 (0%) Emollient under wet wrap: 2/20 (10%) (Difference between groups: $p = 0.30^a$) Beginning of decubitus Mometasone under wet wrap: 0/19 (%) | | |

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| | | | | Emollient under wet wrap: 2/20 (10%) <i>(Difference between groups: $p = 0.30^a$)</i> <u>Decubitus</u> Mometasone under wet wrap: 2/19 (11%) Emollient under wet wrap: 1/20 (5%) <i>(Difference between groups: $p = 0.53^a$)</i> | | |
| Schnopp 2002 ⁽¹²³⁾ (Braham 2010 ⁽¹²¹⁾) | RCT, within-participant <i>(5 days treatment)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias, unclear risk from blinding. ⁽³⁾)</i> | Intervention: wet wrap therapy with mometasone furoate 0.1%, twice daily Comparator: wet wrap therapy with vehicle | Severity: exacerbated atopic eczema Age: children aged 2 to 17 years (mean 7.2 years) Sample size: 20 participants | <u>Clinical skin infections</u> None in either group | | |
| McGowan 2003 ⁽¹²⁴⁾ (Devillers 2006 ⁽¹²⁵⁾) | Prospective (observational) <i>(Up to 14 days treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: wet wrap therapy with diluted beclomethasone dipropionate, once daily (n=8) Comparator: No comparator | Severity: not specified in the review Age: children age 3.3 to 8.8 years Sample size: 8 participants | | <u>Short term growth and bone turnover</u> No significant differences found between outcomes before and during a median treatment period of 12 weeks (range 2-18). <i>(assessed safety with knemometry and urinary deoxypyridinoline crosslink excretion and early morning serum cortisol).</i> | |
| Wolkerstorfer 2000 ⁽¹²⁶⁾ (Braham 2010 ⁽¹²¹⁾) (Fishbein 2019 ⁽¹⁶⁾) | Prospective, side to side (observational) <i>(1 week treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: wet wrap therapy with 10-50% dilution fluticasone propionate 0.05% cream (daily) Comparator: emollient (only 2 participants) or no comparator | Severity: severe Age: children 5 months to 13 years Sample size: 18 participants | <u>URI and/or folliculitis</u> Fluticasone: one third of participants <u>Furunculosis</u> Fluticasone: one case <u>Generalized folliculitis</u> One case in both emollient controls <u>Skin thinning</u> No cases | <u>HPA axis suppression</u> "Nearly all" had decreased cortisol, 3 children were HPA suppressed (from Braham 2010 review). Two patients having a 9am serum cortisol < 0.2 umol/L (0.09 and 0.03) after treatment for 7 days. Those participants used 957 ug/m ² and 1125 ug/m ² of steroid cream. There was no follow up | |

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| | | | | | testing (from Fishbein 2019 review). | |
| Tang 2000 ⁽¹²⁷⁾ (Braham 2010 ⁽¹²¹⁾) | Prospective (observational) <i>("Few days" treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: wet wrap therapy with 10% dilution mometasone furoate 0.1% (daily for 2 to 3 hours) (n=10) Comparator: No comparator | Severity: review only reports 'facial eczema flare' Age: children (mean 8.4 years) Sample size: 10 participants | Skin thinning None Infections None | | |
| Goodyear 1991 ⁽¹²⁸⁾ (Braham 2010 ⁽¹²¹⁾) | Prospective (observational) <i>(2 to 5 days treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: wet wrap therapy with 25% dilution betamethasone or hydrocortisone 1%, twice daily (potent or mild potency) (n=30) Comparator: No comparator | Severity: acute erythrodermic eczema Age: children aged 9 months to 2 years (mean 5.5 years) Sample size: 30 participants | Bacterial infections Some during follow up at home | HPA axis suppression Transient low morning cortisol. During the follow up at home some adrenal suppression. | |
| Mallon 1994 ⁽¹²⁹⁾ (Braham 2010 ⁽¹²¹⁾) | Prospective (observational) <i>(up to 5 days treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: wet wrap therapy with 10% dilution betamethasone 0.1% cream or hydrocortisone 0.5% cream(daily) (potent or mild potency) (n=21) Comparator: No comparator | Severity: chronic severe eczema Age: children aged 4 months to 10 years (5.1 years) Sample size: 21 participants | No infections. | | |
| Devillers 2002 ⁽¹³⁰⁾ (Braham 2010 ⁽¹²¹⁾) | Retrospective side to side (observational) <i>(1 week treatment)</i> <i>Risk of bias not assessed in any of the included systematic reviews.</i> | Intervention: wet wrap therapy with diluted fluticasone propionate 0.05% (daily re-wet every 2 to 3 hours) (n=26) Comparator: No comparator | Severity: refractory atopic eczema Age: children (mean 3 years), adults (mean 30 years) Sample size: 26 participants (14 children, 12 adults) | Infections 38% (n=10) had localized folliculitis, impetigo, pseudomonas, cellulitis, or purulent conjunctivitis Skin thinning One case of striae in a patient taking inhaled steroids. | HPA axis suppression Transient low morning cortisol, 12.5% with HPA suppression | |
| Moderate potency topical corticosteroids | | | | | | |
| Foelster-Holst 2006 ⁽¹³¹⁾ | Within-participant RCT <i>(48 to 72 hours treatment)</i> | Intervention: wet wrap therapy with prednicarbate ointment | Severity: local SCORAD >10, severe | Zero adverse events in either group. Did not observe severe cutaneous events. | Did not observe systemic events such as growth retardation or HPA suppression – but these | |

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| (Gonzalez-Lopez 2017 ⁽¹³²⁾) | <i>(Cochrane risk of bias tool: unclear risk of selection and performance bias. High risk of performance bias. Unclear risk of attrition, reporting and other biases. ⁽¹³²⁾)</i> <i>(Cochrane risk of bias tool: unclear risk of selection bias, high risk from no blinding. ⁽³⁾)</i> | Comparator: Prednicarbate ointment | Age: children and adults, aged 6-63 years Sample size: 24 participants | | events were not actively investigated. | |
| Mild potency topical corticosteroid | | | | | | |
| Beattie 2004 ⁽¹³³⁾ (Gonzalez-Lopez 2017 ⁽¹³²⁾) | RCT <i>(2 weeks treatment)</i> <i>(Cochrane risk of bias tool: low risk of selection, reporting and other biases. High risk of performance and attrition bias. Unclear risk of detection bias. Gonzalez-Lopez 2017)</i> <i>(Cochrane risk of bias tool: low risk of selection bias (sequence generation), unclear risk of selection bias (allocation concealment), unclear risk from blinding. ⁽³⁾)</i> | Intervention: wet wrap therapy with hydrocortisone 1% twice daily then overnight the second week (n=10) Comparator: Hydrocortisone 1% twice daily then daily (n=9) | Severity: moderate Age: children < 5 years Sample size: 19 participants | Cutaneous adverse events Wet wrap therapy with hydrocortisone: 2/10 participants (20%) (2 events were folliculitis, one child withdrew) Hydrocortisone only: 0/9 participants (0%) <i>(Difference between groups: (p=0.31 ^o)</i> Did not observe severe cutaneous events. | Did not observe systemic such as growth retardation or HPA suppression – but these events were not actively investigated. | |
| Hindley 2006 ⁽¹³⁴⁾ (Gonzalez-Lopez 2017 ⁽¹³²⁾) | RCT <i>(4 weeks – not clear if treatment given for whole 4 weeks)</i> <i>(Cochrane risk of bias tool: low risk of selection (random sequence generation) and reporting bias. Unclear risk of selection (allocation concealment),</i> | Intervention: wet wrap therapy with hydrocortisone 1% for 24 hours – could be reduced to 12 hours per day after first week (n=28) Comparator: Hydrocortisone 1% twice day (n=22) | Severity: SCORAD >15, moderate to severe Age: children 3 months to 5 years Sample size: 50 participants | Cutaneous adverse events Wet wrap therapy with hydrocortisone: 5/28 participants (18%) (five cases of infected eczema) Hydrocortisone only: 0/22 participants (0%) <i>(Difference between groups: p = 0.14 ^o)</i> | Did not observe systemic events such as growth retardation or HPA suppression – but these events were not actively investigated. | |

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| | <p><i>detection and other biases. High risk of performance and attrition bias. ⁽¹³²⁾</i></p> <p><i>(Cochrane risk of bias tool: unclear risk of selection bias, low risk from blinding. ⁽³⁾)</i></p> | | | Did not observe severe cutaneous events. | | |
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Footnotes:

*This column refers to the systematic review in which the safety data was extract from. The trial may have also been included in other systematic reviews, but no additional safety data was reported.

Abbreviations: RCT = randomised controlled trial; TCS = topical corticosteroids; TCI = topical calcineurin inhibitors; HPA = hypothalamic pituitary adrenal; WWT = wet wrap therapy; RR = risk ratio; OR: odds ratios; 95% CI = 95% confidence interval; CHM = Chinese herbal medicine; IPA = Investigator's Global Assessment; BSA = Body Surface Area

^a P value calculated by review authors using RevMan software.

^b The P value calculated from Fisher's Exact Test was significant: 0.0298 (but in the overview, this study is included in a meta-analysis)

^c The P value calculated from Fisher's Exact Test was significant: 0.0298 (but in the overview, this study is included in a meta-analysis)

^d The P value calculated from Fisher's Exact Test was significant: 0.0352 (but in the overview, this study is included in a meta-analysis)

^e The P value calculated from Fisher's Exact Test was significant: 0.0289 (but in the overview, this study is included in a meta-analysis)

^f The P value calculated from Fisher's Exact Test was significant: 0.0267 (but in the overview, this study is included in a meta-analysis)

Where studies include "diluted" topical corticosteroids and we aren't sure how this affects the potency, we have put the topical corticosteroids in the potency classification based on the undiluted version.

The terms skin atrophy and skin thinning were both used in the included reviews – for consistently we have used skin thinning throughout.

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Appendix 7: edits made to meta-analyses and data from Broeders *et al* 2016 ¹

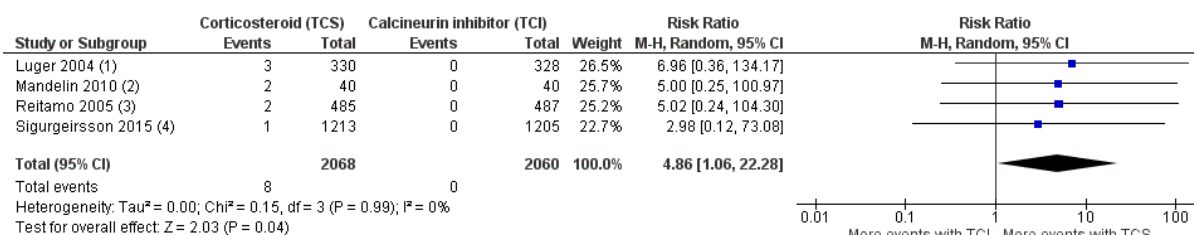
- 1) Switched the forest plot labels around so topical corticosteroids are the intervention and topical calcineurin inhibitors are the comparator.
- 2) Amended a data error given in the skin infection forest plot where the number of events and participants were given the wrong way round for topical corticosteroids and topical calcineurin inhibitors in Luger *et al* 2004 ².
- 3) Added skin atrophy data from Sigurgeirsson *et al* 2015 ³ into the forest plot – this is not provided in the publication but is given in online correspondence on the journal website
- 4) Changed to random effects instead of fixed effects as the decision was based on whether the I^2 value which is not appropriate.
- 5) Bieber *et al* 2007 ⁴ was listed as “least potent” in table I of the publication – but according to the Australian potency classification it should be classified as potent.
- 6) In table I, the topical calcineurin inhibitors given for Mandelin *et al* 2010 ⁵ is tacrolimus 1% - this should be 0.1%.
- 7) In table I, the therapy given for Hofman *et al* 2006 ⁶ was hydrocortisone acetate 0.1%. However, patients used hydrocortisone ointment 1% (mild potency) twice daily for head/neck and hydrocortisone butyrate ointment 0.1% (potent) for trunk and limbs for 2 weeks then hydrocortisone 1% twice daily for flares.

References

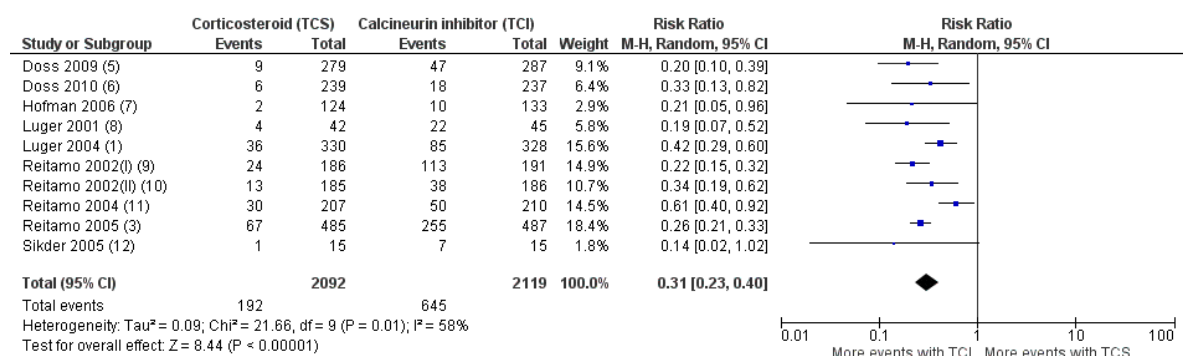
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Appendix 8 – meta-analysis of TCS versus TCI – cutaneous adverse events

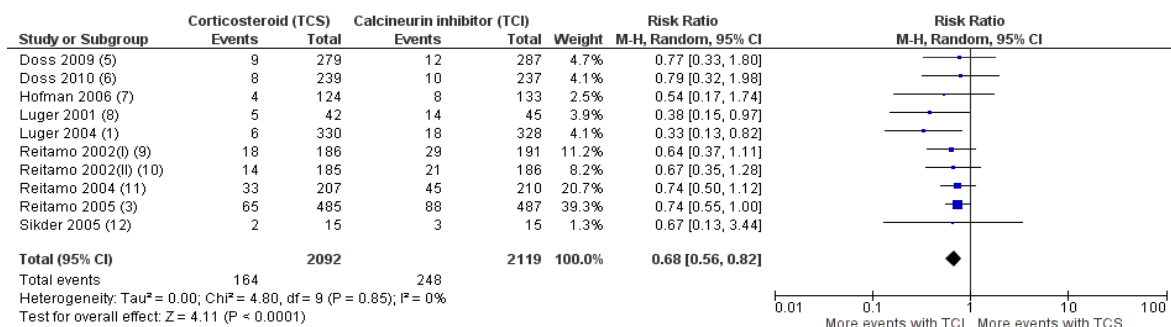
1) Skin thinning



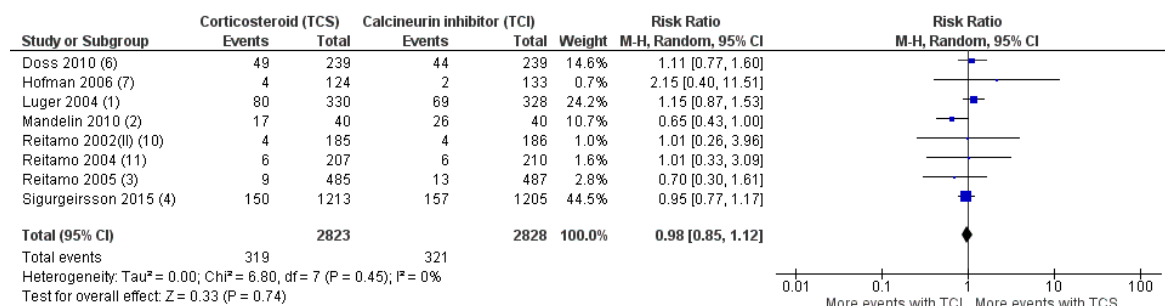
2) Skin burning



3) Pruritus



4) Skin infections



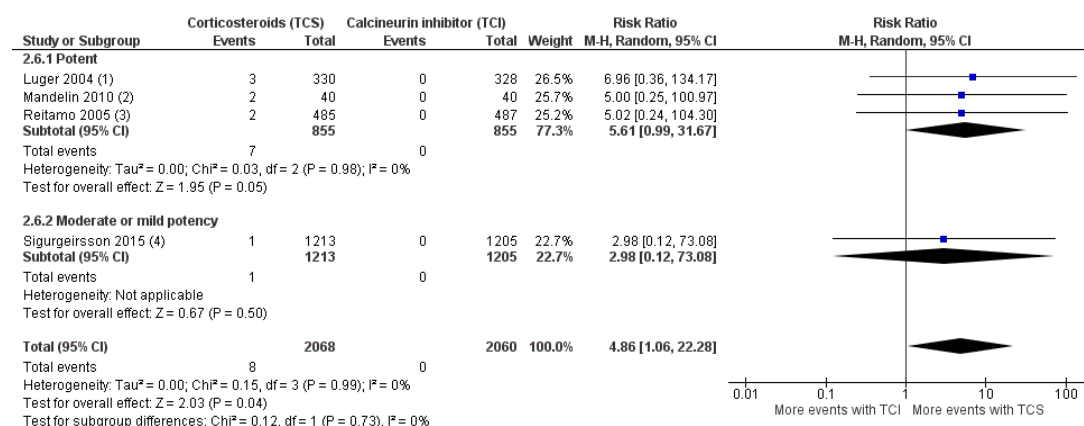
References:

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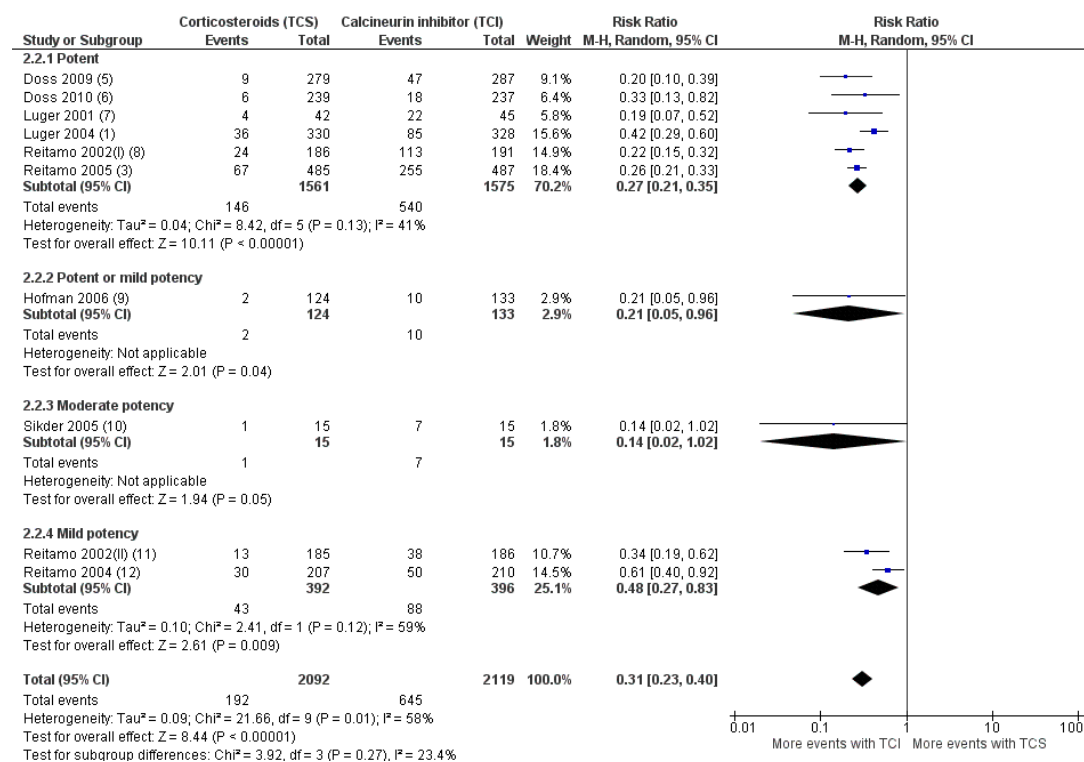
Appendix 9: subgroup analyses of TCS versus TCI – cutaneous adverse events

By different topical corticosteroid potencies

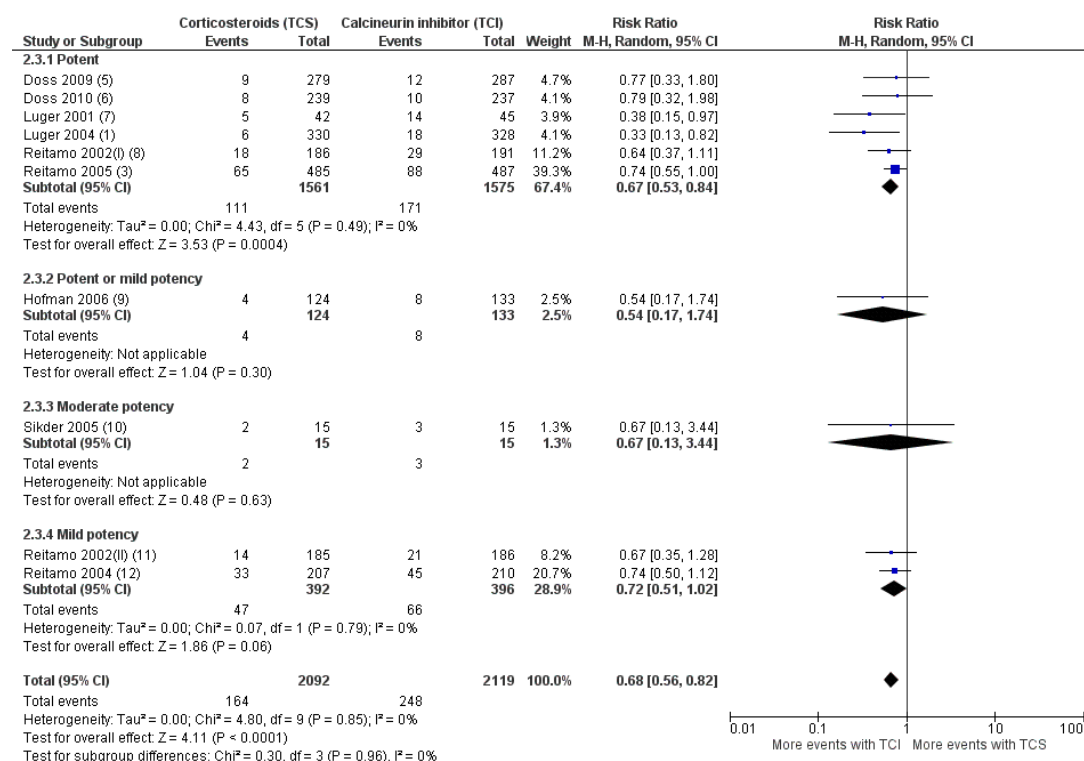
Skin thinning



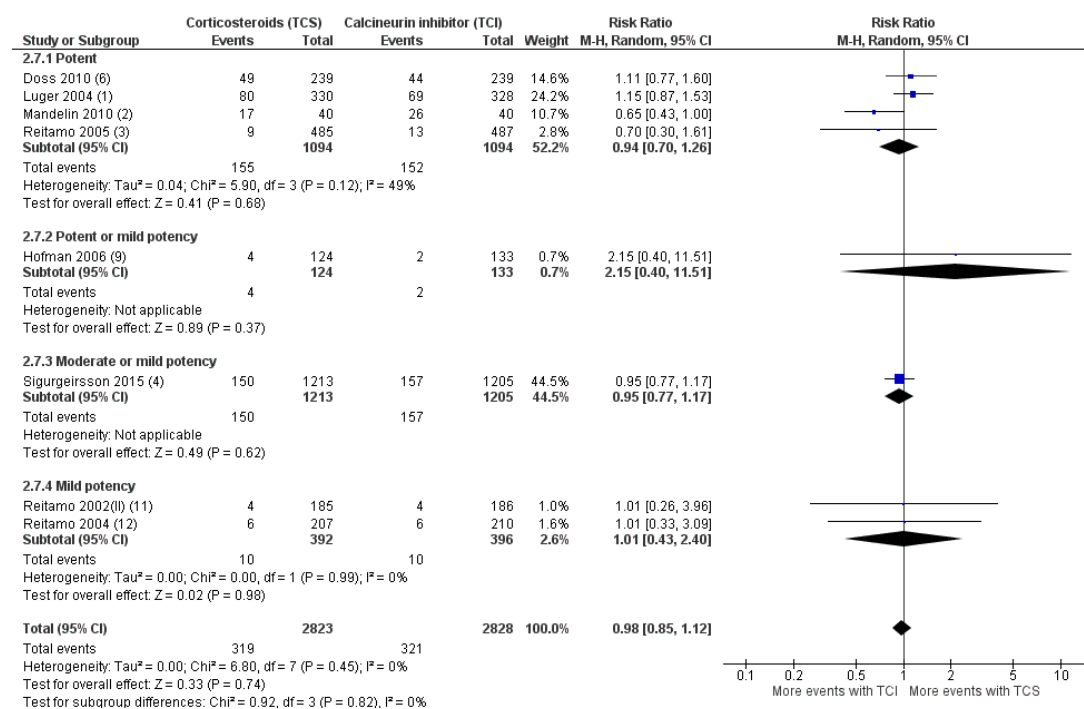
Skin burning



Pruritus

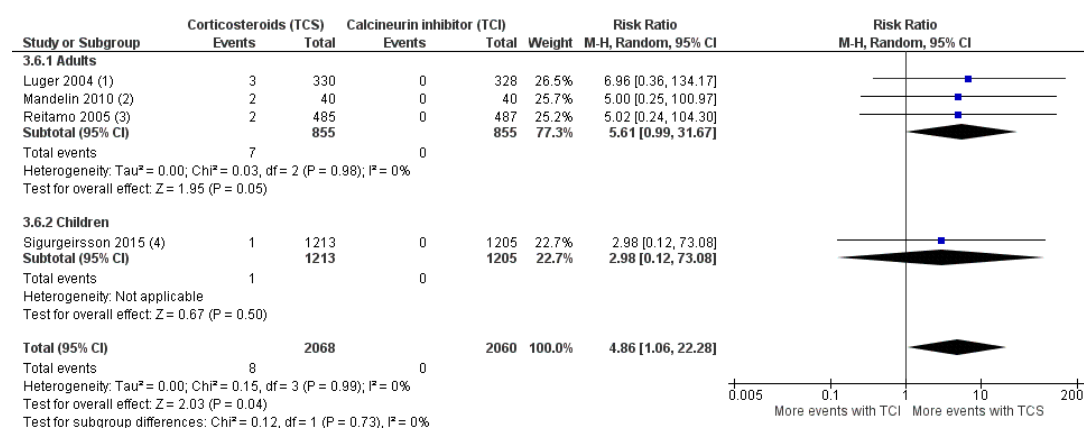


Skin infections

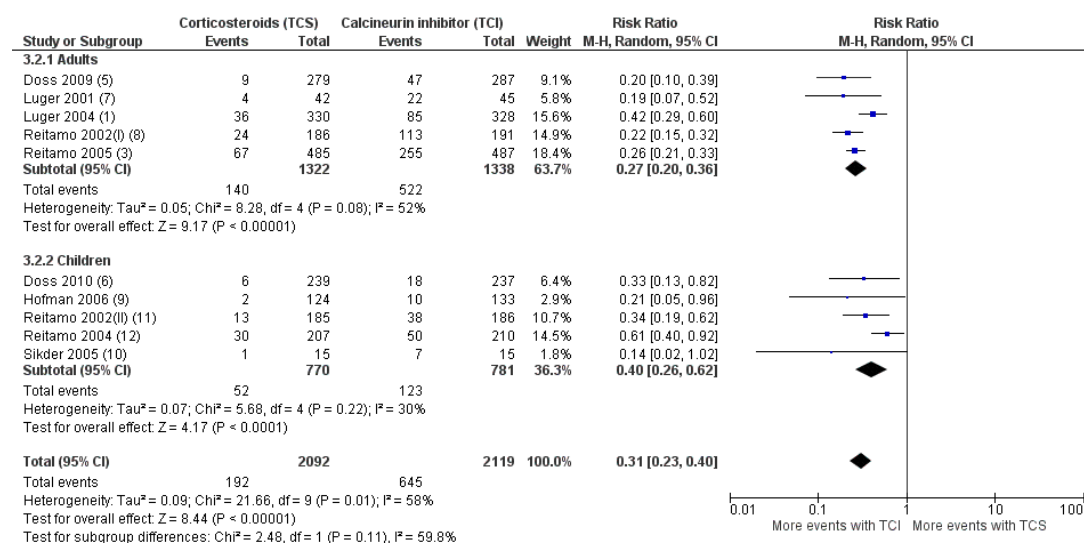


By age of participants (children or adults)

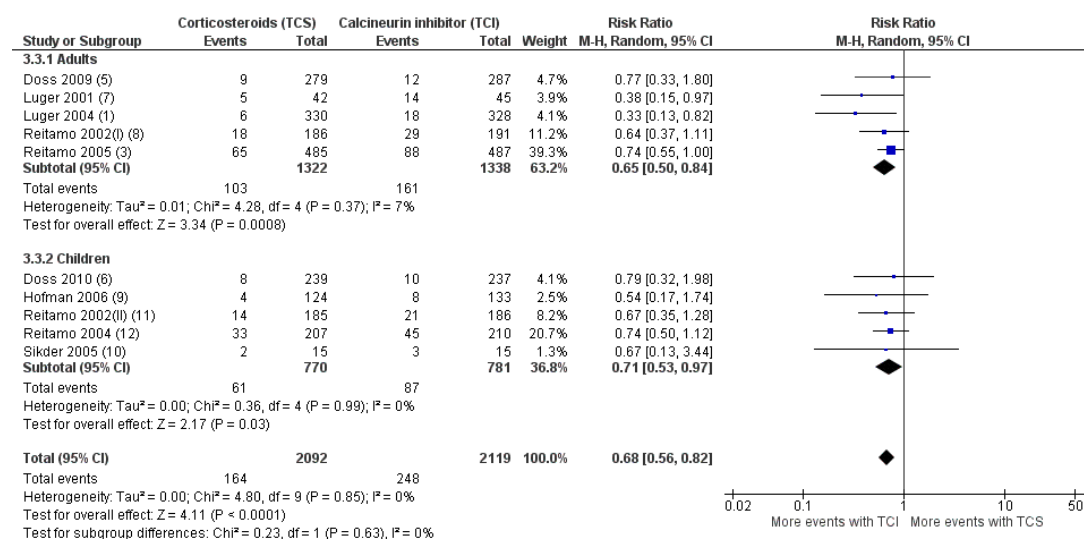
Skin thinning



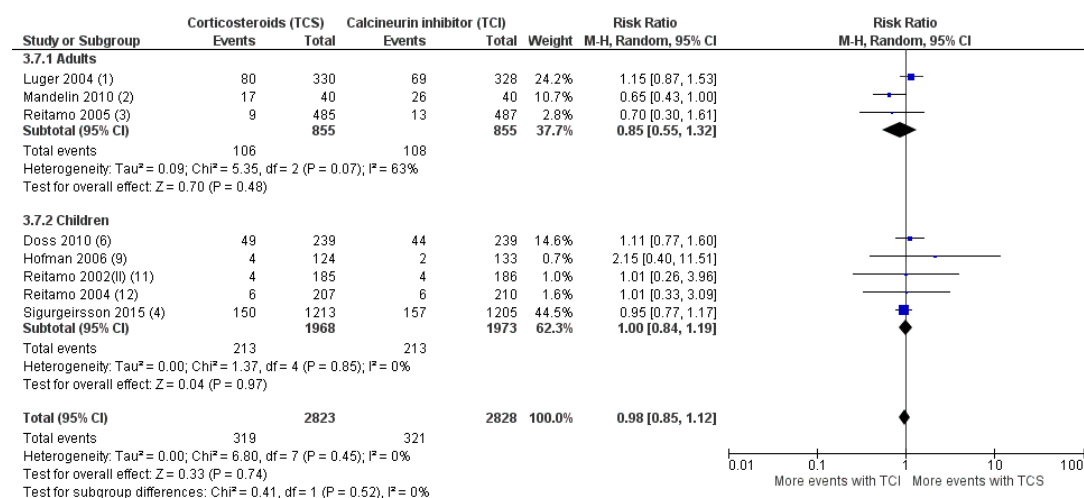
Skin burning



Pruritus

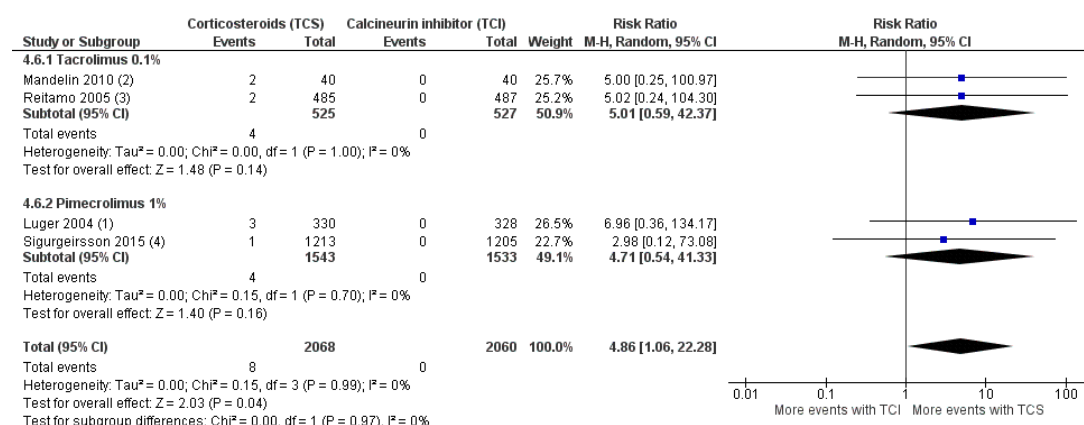


Skin infections

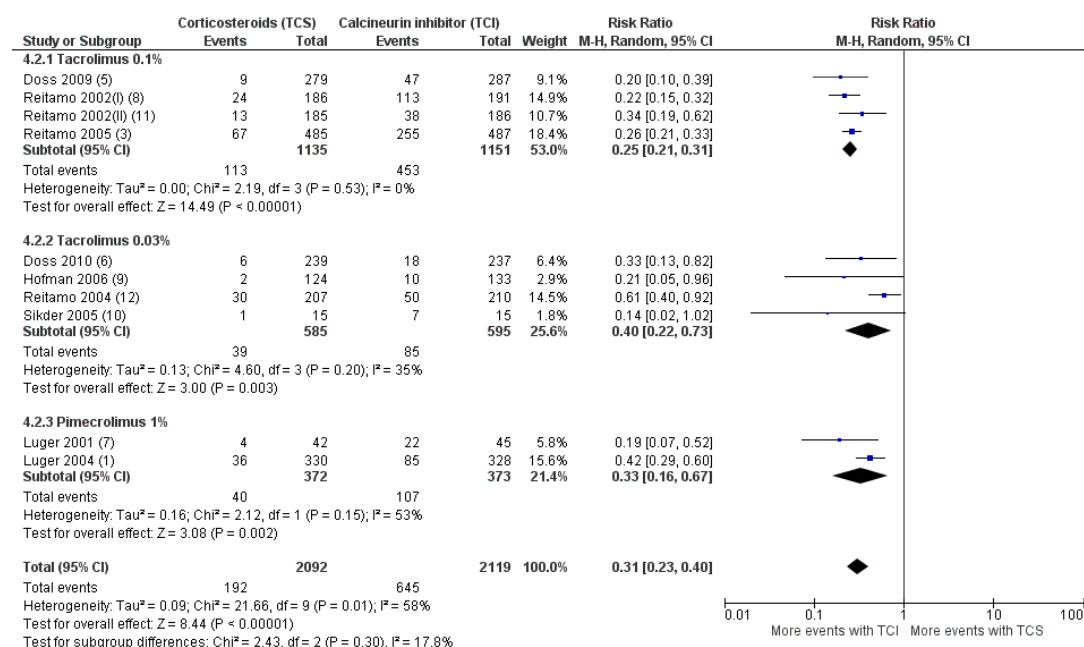


By individual topical calcineurin inhibitor (TCI)

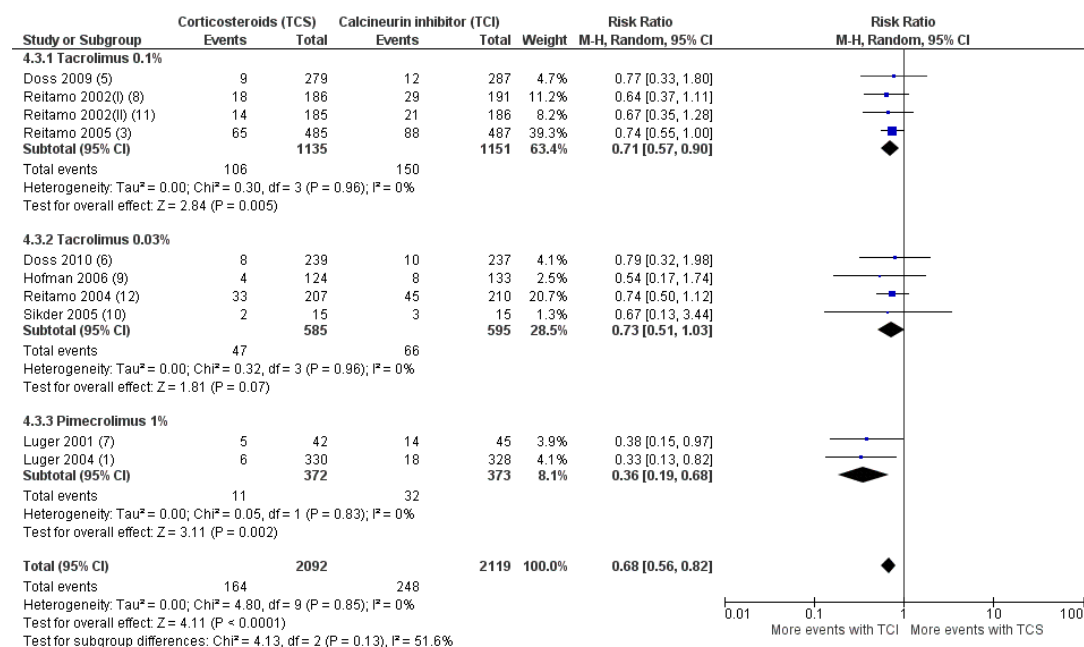
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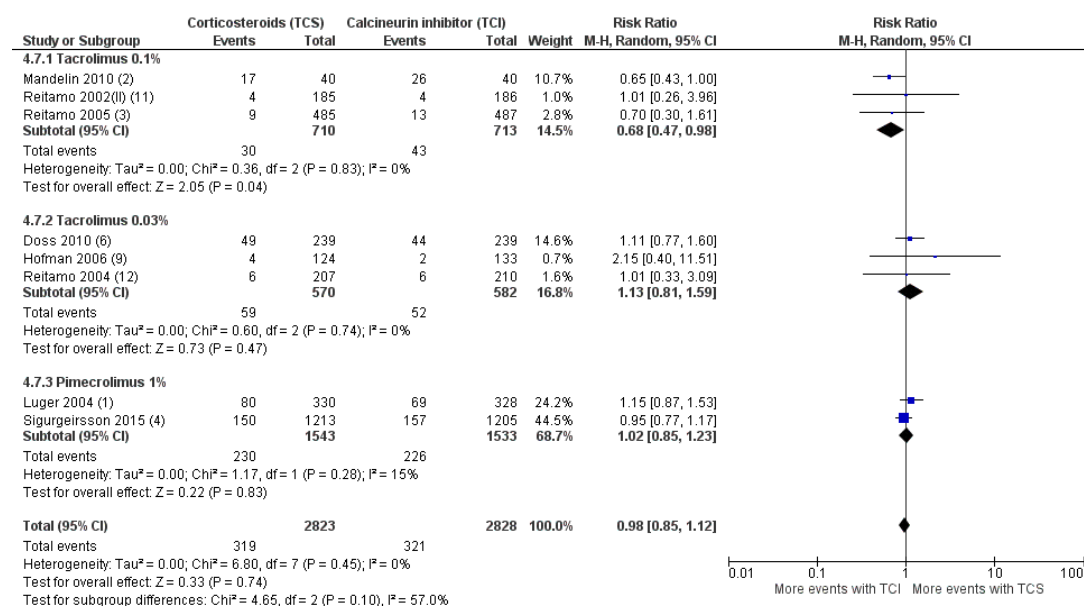
Skin burning



Pruritus



Skin infections



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